

Quincy Pop Artist Making His Voice Heard - Page 7 Cleaner, Greener Quincy Saturday - Page 2 **Author Talk With Holly Nichols - Page 17**



The Quincy

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QUINCY POLICE thank National Grid for donating \$1,500 to the department's DARE program. The money will be used for after school programs and camp for students. From left to right: Officer Gregg Hartnett, president Quincy Police Patrol Officers Association; Joseph Carroll, director of Community and Customer Management for National Grid; Chief Paul Keenan; and Captain Richard McCusker, president Quincy Police Superior Officers As-Photo Courtesy Quincy Police Department

FY'22 Budget To Be **Unveiled Next Week**

By SCOTT JACKSON

Mayor Thomas Koch intends to present his budget for the upcoming fiscal year, a spending plan he said would "hold the line," during the May 3 meeting of the City

"I usually do it the first Monday in May," Koch said in a recent interview. "That's the plan."

Last spring, the mayor had delayed his budget presentation by two weeks amid the pandemic so

he could better determine what impact it would have on the city's finances. That May, Koch presented a \$340.25 million budget for fiscal year 2021, an increase of \$10.47 million over the prior budget, referring to it as a "protection plan" meant to avoid cuts to city personnel and services. Councillors in June approved a \$340.12 million budget after making three cuts to Koch's initial proposal.

In the recent interview, Koch

said he would be looking to hold the line on the budget for fiscal year 2022, which starts July 1. In addition, the mayor said the budget would be made with the assumption that councillors will approve his proposal to take out a \$475 million bond to fund the city's outstanding pension liabilities, which he has said could save the city \$20 million in the new fiscal year.

"I think we're just trying to

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Memorial Day, Flag Day **Events Planned**

By SCOTT JACKSON

The city will commemorate Memorial Day and Flag Day in some fashion this year, but just how they will be observed remains uncertain amid the pandemic.

High school graduations will also take place in June, but city officials are waiting to see if the state

changes its guidelines for such ceremonies.

Quincy has traditionally held a parade on Memorial Day, followed by an observance at Mount Wollaston Ceremony. The city also holds a parade on Flag Day, capped off by fireworks at Pageant

Last year, the city cancelled both parades because of the pandemic. A smaller version of the Memorial Day ceremony took place at Mount Wollaston Cemetery, and residents were invited to drive their own vehicles under a large American flag hoisted above

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Councillors Question Plans For New **College Building**

By SCOTT JACKSON

Plans to construct the downtown to house both Quincy College and municipal offices, a project that could cost more than \$100 million, got a lukewarm reception from city councillors Monday night.

Mayor Thomas Koch has proposed constructing the new build-

ing on the site of Munroe Building at 1227-1259 Hancock St. Under 200,000-square-foot building in his proposal, the city would pay for the building and the municipally owned school would pay rent to the city to pay its share of the debt service for the project.

Koch is seeking council approval to borrow \$23 million as the first step in the project. The

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DAFFODILS potted in a blue "Boston Strong" container on the front steps of a local home are a pretty reminder of two rites of sping: flowers and the Boston Marathon. The marathon has been postponed due to the COVID-19 pandemic to Oct. 11. Photo Courtesy Keith Robinson

Quincy Council On Aging Events In May - Page 7 \$10,000 State Grant For Quincy Tourism - Page 11 Continued Plans For Reopening Announced - Page 19

More Quincy news:

The Quincy Sun.com



Cleaner, Greener Quincy Saturday

nounces the annual Cleaner, ed local parks for cleanups Greener Quincy program in the early-1990s. The prowill return this year on Saturday, May 1st.

The annual city-wide clean-up targets parks, beaches, and open space areas for a good spring cleaning. Volunteers and City workers disperse around the city to help make Quincy both cleaner and greener.

This year's cleanup will account for COVID-19 protocols by encouraging social distancing, mask-wearing and smaller working groups than usual. There will not be a city-wide barbecue celebration at Merrymount Park after the cleanup this noon. year due to COVID protocols.

"We missed last year due to the pandemic and this year we will be returning with the appropriate precautions in place," Koch said. "Cleaner, Greener Quincy is a vital part of communitybuilding and stewardshipdevelopment for our parks and public lands. Our volunteers do a phenomenal job of stepping up, working hard, and continuing this great tradition of keeping tion to secure permits to add our city looking great."

Cleaner, Greener Quincy started more than 30 years ago under the direction of former Mayor James Sheets.

Mayor Thomas Koch an- Dozens of volunteers targetgram has grown to the point that an average year draws almost 1,500 volunteers around the entire city.

> Volunteers will once again be provided a Cleaner, Greener Quincy t-shirt, this year sponsored by the Ouincy Park Conservancy. The City will provide tools, bags, gloves, and trashpickup for those groups that register with the City. To register your group, contact Paul Doherty at (617) 376-1251 or pdoherty@quincyma.gov. The clean-up is scheduled from 9 a.m. to

City workers will target beaches in Wards 1, 2 and 6 for a Spring cleanup in the morning. Once the winter wash-up is removed by the trucks, the Department of Natural Resources will have a beach rake at each municipal beach throughout the summer months. The Department of Natural Resources is also working with the Conservation Commission and State Department of Environmental Protecsand to municipal beaches.

"Through the pandemic we saw considerably more people relying on local beaches and parks for recreation and relaxation," said Natural Resources Commissioner Dave Murphy. "We have some tremendous opportunities right here at home and more and more people are taking advantage of our parks, beaches,

and 27-miles of coastline. Cleaner, Greener helps jump-start our cleanup efforts and we are very grateful to all our volunteers for doing their part to keep Quincy looking great."

Butler's Pond Focus Spot For Cleanup Saturday; **Volunteers Needed**

Butler's Pond will be a focus of the Quincy Cleaner Greener Day Saturday, May

Volunteers are needed from 10 to 11 a.m. to help beautiful the pond. Gloves, trash bags and rakes will be

Participants should meet at the corner of Merrymount Road and Marginal Road. Remember that masks and social distancing are still

Butler's Pond will be dredged and completely restored in the next few months. The City Council has approved \$1.4 million for Butler's Pond rehabilitation. It will soon be a place for fishing and birding.

The City of Quincy is providing tee shirts for those who volunteer at the May 1st cleanup.

Mass Bay Credit Union Shred-It Event! Saturday Behind Quincy High

ments - and forget 'em free - at the Mass Bay Credit Union Shred-It Event! Saturday, May 1 from 9 to 11:30 a.m. at Mass Bay Credit Union, 147 West 4th St. in South Boston, and for the first time, a second location at Russell Park in Quincy, behind Quincy High School.

"We enjoy bringing this free opportunity to the community, and we're very excited to be able to add a second location to this year's event," says Mass Bay CEO Terry Dorilas. "Information Security plays an essential role in banking and we want to provide a safe, secure and convenient process for the community to dispose of their confidential docu-

The Shred-It event is

Shred your old docu- open to all living or working in the community. There is a 5-box limit per person. For everyone's protection, social distancing will be in place and masks are required.

> Like all credit unions, Mass Bay Credit Union is owned by the Members who choose to do business there. eligibility, Membership such as living in Middlesex, Norfolk or Suffolk counties or a dozen other towns, is located on massbaycu.org. Opening a savings account establishes Membership and opens availability to all other products offered by the credit union.

In addition to its South Boston Headquarters, Mass Bay Credit Union has branches in Everett, Quincy and the Seaport. Over 19,000 people choose Mass Bay Credit Union for great rates, low fees and personal service. In addition to offering a full array of deposit and lending products, Mass Bay Credit Union Members have access to over 55,000 surcharge free ATMs and 6,800 credit union branches. In business since 1936, Mass Bay Credit Union has assets in excess of \$275 mil-

SBA Announces Technology Initiative For Restaurant Revitalization Fund

The U.S. Small Business Administration announced today the first round of technology partners participating in a new initiative for the Restaurant Revitalization Fund (RRF) - a program that will allow eligible

restaurants and other food establishments to access the RRF application or data they need to fill out the application through their trusted point-of-sale (POS) service providers. SBA is proud to announce partnerships with

Clover, NCR Corporation, Square, and Toast in this groundbreaking effort to provide a customer-centric approach to the delivery of relief funds.

Cont'd On Page 3

~ Butler's Pond Event ~



butlerspond@gmail.com

Help Make the Pond More Beautiful

Quincy Cleaner Greener Day

Saturday, May 1st 10AM-11AM

Masks, gloves, trash bags and cleaning equipment will be available for pick up at corner of Merrymount Road and Marginal Road.

Reminder: Masks and social distancing are required.

MassDOT Shared Winter Streets, Spaces Funding

Quincy Receives \$114,735 For Pedestrian Facilities

The City of Quincy is among 36 municipalities and two public transit agencies that has been awarded funding from MassDOT's Shared Winter Streets and Spacing Program.

Quincy received \$114,735.56 to reconstruct pedestrian facilities, including ramps, and improve traffic signals adjacent to both low-income and senior housing developments.

The Massachusetts Department of Transportation (MassDOT) announced the award of \$5,318,845.57 in the fifth round of funding from the Baker-Polito Administration's Shared Winter Streets and Spaces program April 22. The program, which was launched on Nov. 10, provides technical and funding assistance to help Massachusetts cities and towns conceive, design, and implement tactical changes to curbs, streets, and parking areas in support of public health, safe mobility, and renewed commerce, with a special focus on the challenges of winter.

The awards will provide funding to 36 municipalities and two public transit authorities for 40 projects. Of the awarded municipalities, 50% are designated Environmental Justice communities and 18% are con-

sidered high-risk for Covid **SBA Technology Initiative For**

Cont'd From Page 2

"The SBA is partnering with point-of-sale providers to leverage technology to better reach the smallest businesses that need our help the most. This collaboration is just one example of the many innovative and creative ways we're connecting with entrepreneurs in the hardest-hit and underserved communities," said SBA Administrator Isabella Casillas Guzman. "The SBA must be as entrepreneurial as the entrepreneurs we serve. These partnerships enable us to meet small businesses where they are, instead of waiting for them to come to us."

Under Administrator Guzman's leadership, the SBA is prioritizing inclusion and equity in its programs as outlined by Congress. As small business entrepreneurs have been asked to pivot and adapt to the new COVID-19 marketplace, the SBA is doing the same and ensuring it provides equitable distribution of funds and easier access to disaster relief programs.

Once the SBA announces when applications will be accepted, qualifying restaurants will be able to work directly with their point-

Restaurant Revitalization Fund of-sale service providers to help them apply for the RRF. Each point-of-sale partner is helping in different ways - from providing a fully integrated application experience, to building pre-packaged point-of-sale documentation, to holding interactive webinars. In all cases, these partnerships allow for thousands of restaurant owners to accelerate their application submission process.

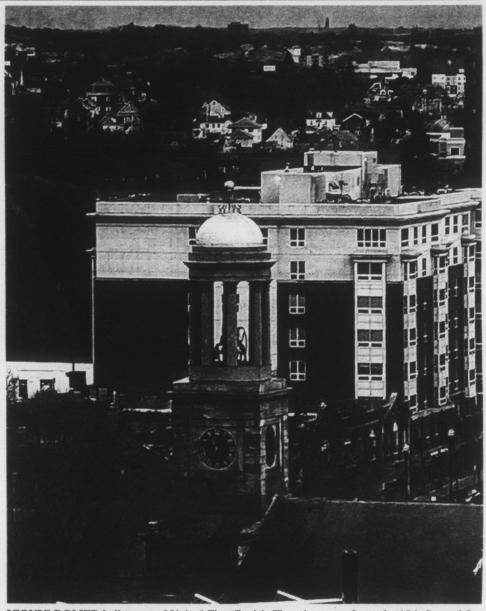
> While SBA encourages applicants to use the POS ecosystem, applicants without access to point-of-sale service providers can submit their applications electronically at https://restaurants.sba.gov/.

> SBA is in ongoing conversations with other interested parties to continue to widely and equitably deliver an experience that is centered around who it is serving - owners of restaurants. bars, breweries, bakeries, etc. Point-of-sale service providers who are interested in participating in this program should email restaurants@sba.gov. A full list of official point-of-sale service providers will be continually updated and can be found at https://restaurants. sba.gov/.

infections. A total of 58% of award recipients have never received a Shared Streets and Spaces award before.

Since the inception of the program in June of 2020, the Commonwealth has invested \$26.4 million in municipal Shared Streets projects.

The Shared Winter Streets and Spaces program provides grants as small as \$5,000 and as large as \$500,000 for municipalities and transit authorities quickly launch changes for safer walking, biking, public transit, recreation, commerce, and civic activities. These improvements can be intentionally temporary or can be pilots of potentially permanent changes. Mass-DOT is particularly focused on projects that respond to the current public health crisis and provide safe mobility for children, for elders, to public transportation, and to open space and parks.



ICONIC DOMED bell tower of United First Parish Church as seen from the 15th floor of One Chestnut Place apartment building in Quincy Center.

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*Licensed by the Quincy Health Dept.

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Moments

THE HISTORY CHANNEL

• On May 10, 1869, the presidents of the Union Pacific and Central Pacific railroads meet in Promontory, Utah, and drive a ceremonial last spike into a rail line that connects their railroads. This made transcontinental railroad travel possible for the first time in U.S. history.

• On May 16, 1929, the first-ever Academy Awards ceremony is held, with some 270 people in attendance. Movies were just making the transition from silent films to "talkies," but all the nominated films were without sound

• On May 11, 1934, a massive dust storm sends millions of tons of topsoil flying across the parched Great Plains to the East Coast and as far away as ships 300 miles offshore. Farmers had pushed their fields to the limit, plowing under more and more grassland.

• On May 15, 1942, Lt. Ronald Reagan, a cavalry officer, applies for reassignment to the Army Air Force. As a public relations officer, the actor and future president produced military training, morale and propaganda films.

• On May 12, 1975, the American freighter Mayaguez is captured by communist government forces gunboats in Cambodia. Two days later President Ford ordered the bombing of the Cambodian port where the gunboats had come from. Forty-one Americans died, many in an accidental explosion during the attack.

• On May 13, 1985, in Philadelphia, police begin evacuating people from their homes in order to prepare for an operation against MOVE, a radical cult group. MOVE had begun assembling a large arsenal and building bunkers in their row house. The government gave \$1.5 million to three survivors of the raid.

• On May 14, 1999, President Bill Clinton apologizes directly to Chinese President Jiang Zemin on the phone for the accidental NATO bombing of the Chinese embassy in Belgrade, Yugoslavia. China refused Clinton's calls for four days and banned American films and music (c) 2021 Hearst Communications, Inc. in protest. All Rights Reserved

Flowering Ground Covers

Garden Landscapers love these plants, as they offer beauty and function, giving a yard color while helping to fight weeds and control erosion. Some favorites for full sun areas are Creeping Phlox (Phlox subulata), Candytuft beris sempervirens), Ice Plant (Delosperma cooperi), Yellow Alyssum (Aurinia saxatilis), Dragon's Blood (Sedum spurium) and Snow-in-Summer (Cerastium tomentosum). Some shade-tolerating varieties are Pachysandra (Pachysandra terminalis), Bugleweed (Ajuga reptans), Yellow Archangel (Lamiastrum galeobdolon), Cotoneaster (Cotoneaster horizontalis) and Sweet Woodruff (Galium odoratum). - Brenda Weaver

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Police Should Be Involved In Reform Effort, Sen. Keenan Says

By SCOTT JACKSON

Sen. John Keenan said law enforcement should have a seat at the table if Massachusetts lawmakers consider additional police reform legislation.

In December, Gov. Charlie Baker signed into law a sweeping police reform bill that lawmakers had approved following the killing of George Floyd, a Black man, at the hands of Minneapolis police officers and nationwide protests that followed. One of the officers, Derek Chauvin, had knelt on Floyd's neck for more than nine minutes while bystanders recorded it.

Last week, a Minnesota jury convicted Chauvin on all three charges he was facing - second-degree unintentional murder, third-degree murder and second-degree manslaughter. Chauvin faces up to 40 years in prison on the second-degree murder conviction.

During the trial, medical experts for the prosecution said Floyd died from a lack of oxygen because his breathing was restricted. The defense had asserted Floyd died because of a heart condition and illegal

Keenan, a Quincy Demo-



Sen. JOHN KEENAN

crat, spoke to The Sun following the guilty verdicts and said he believed the jury made the correct decision.

"I thought it was the appropriate verdict," he said. "I would at night go back and watch the trial from the course of the day. I didn't see every second of the trial, but I made an effort to connect some of the significant portions of the trial. I thought the verdict was correct, entirely appropriate, given the information.

"I know there was a lot of discussion about whether it was fentanyl that killed him, a combination of fentanyl and a heart condition. I thought the prosecution, through the pulmonary specialist Dr. Tobin, really, re-

ally fully addressed that issue. As I watched that, it left no doubt in my mind that he died from having the knee on his neck. I thought it was compelling and conclusive testimony.

"That was one of the questions I had as the trial began, how effectively would they address that. They addressed it, I think, to the point where there couldn't be any reasonable doubt that is just how he

Among other steps, the legislation Bay State lawmakers approved last year following Floyd's murder established a new nine-member Peace Officer Standards and Training Commission, which will be responsible for investigating allegations of misconduct and will have the ability to decertify officers. That commission, whose members are appointed by the governor and attorney general, was sworn in Monday.

Keenan, who voted in favor of last year's bill, said lawmakers should wait until that legislation is fully implemented before considering additional measures.

"We haven't even implemented what was passed. It hasn't gone into place yet

for the most part and I think we have to move forward with what we have already legislated and what has been signed by the governor and put that into place before we start talking about any other changes. It was a pretty comprehensive bill, it touched a lot of different areas, so there wasn't a whole lot that it didn't address," Keenan said.

"There are a lot of commissions and studies in there that will address, for instance, Civil Service, which impacts the hiring of police officers. There is the committee that will overlook and discipline officers. That hasn't really been constituted fully or has not met yet, nor have they put in their regulations and their guidance."

If lawmakers do consider additional legislation, Keenan said police should be given a seat at the table.

"I think for police reform to work, regardless of what the actual substance and content of that reform is, it will work best if law enforcement is at the table and is part of the solution. If I were the person in charge of this, that would be the first priority," he said.

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Quarry Museum Opening Saturday, Sunday

The Quincy Quarry and Granite Workers Museum will open on Saturday, May 1st and Sunday, May 2nd from 11 a.m. to 3 p.m.

Also included will be a self-guided walking tour at the Lyons Turning Mill grounds located on Quarry Hills Drive, West Quincy. Historic pictures of the granite industry and interpretive information can be viewed at each stop around the mill. The Museum will also be open for a selfguided tour to view pictures and artifacts from Quincy's granite industry.

A new museum display on the granite railway will include models of the rail bed construction and the railway car on the tracks at ing directional arrows. All

the crossing of the Boston to Plymouth Highway at East Milton. Both the rail bed and railcar were designed by Gridley Bryant in 1825.

During the walk around the mill and the museum, visitors must adhere to all of the COVID-19 guide lines including full face mask, social distancing and followguidelines will be posted.

Museum members will be on hand to answer questions and Quarry Museum T-shirts will be on sale to help the museum through this period.

If rain on either day both museum opening and walk around mill will be postponed to a later date. Any questions call the museum at 617-472-1322.

Cradles to Crayons' Resilience Fund To Support Local Families In Time Of Need

(C2C) announces the launch of its 2021 Resilience Fund to directly assist families in Massachusetts recovering from the current health cri-

The local nonprofit organization is committed to being a steady and dependable resource for families and children in need, and the fund intends to help heal the trauma felt by those most affected by the pandemic's

During times of crisis, injustice and income insecurity, families rely on C2C to provide resources for their children. Throughout the pandemic, C2C has seen an

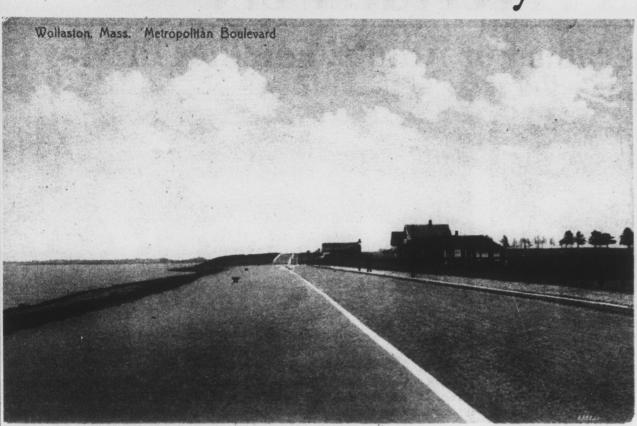
Cradles to Crayons increase in urgent requests for essential items from across the state, as many parents are forced to decide between buying groceries, medicine, and other critical items. In fact, more than one in four children live in households struggling to pay rent, buy food, or pay for other expenses. The creation of the Resilience Fund is intended to directly address these issues while strengthening and empowering struggling families. This will allow C2C to acquire, process and distribute children's essentials such as new diapers, face masks, and hygiene products to the hardest-hit families.

"I have been working with a mother who recently moved into a family shelter while pregnant. Thanks to Cradles to Crayons, we are able to provide her school age child with clothing for school, and also provide mom with clothes and diapers for her healthy newborn daughter, who was just delivered last week," said a service partner, local to Boston. "We try our best to supply our families with any resources we can find, but it is often difficult to find family what they need. This would not have been possible without Cradles to Crayons."

"Spring is finally here,

and with it comes the feeling of hope and renewal," said Aubrey Conquergood, executive director of Cradles to Crayons Boston. "Although spirits are lifting and things are heading in the right direction, it will be a long and difficult road to recovery for the families we serve. We need to keep these children and families at the forefront of our collective philanthropy, and our Resilience Fund will help us provide basic essentials so that families can do more than survive-they can thrive."

Those interested in donating to the Resilience Fund can do so by visiting Cradles to Crayons' web-



THIS OLD POSTCARD is a view of the Metropolitan Boulevard, now known as Quincy Shore Drive, just after it was built 113 years ago in 1908. In the distance was Rye Island where the roadway ended at today's Fenno Street. It wasn't until 1912 that Rye Island was leveled and the Boulevard was continued another two-thirds of a mile over Blacks Creek to Furnace Brook Parkway. The 24-foot wide roadway shown here was built by building a

dike in the salt mashes along Quincy's shore. The fence on the right was along the steep drop to the marsh below, while on the left the fill was sloped towards the water thus creating what we know now as Wollaston Beach. Before the roadway was built, there were only three small beaches along the waterfront. This view is across from the site of the former Beachcomber.

From the Tom Galvin Postcard Collection

Seniors Are The 'Target Of Choice' **For COVID Scammers**

It may sound dismissive and insulting to say that the older you get the more susceptible you become to fraud, but a study published in the journal, Annals of Internal Medicine, found that "even cognitively intact older adults can have 'functional' changes that may render them financially vulnerable," according to Rebecca Weber, CEO of the Association of Mature American Citizens (AMAC).

The report goes on to note that the risk increases "dramatically" for those who feel isolated and, as Weber points out, "loneliness, especially for older Americans, has become the routine during the current COVID pandemic."

The condition is known as Age-Associated Financial Vulnerability, or AAFV, and it is important to note that the study dealt with individuals who were financially competent during their lifetimes. "It doesn't mean you are getting senile in your old age; it means that it is time to slow down a bit and that you might feel more comfortable by getting 'a second opinion' when you are about to make a financial decision," Weber explains.

The authors of the report say that more research needs to be done in order to better understand who is at risk and why. They concluded that "AAFV is a problem with serious effects on patients, their families, and

society. Its roots reside in the curious intersection of several trends, including a rapidly aging society, ageassociated changes in the human brain, shifts in the concentration of wealth to older demographic groups, and industry's adoption of marketing strategies that are increasingly becoming rooted in behavioral economics and cognitive neuroscience."

Here are some of the more current senior scams that have been reported:

 Beware of offers to get you on a COVID vaccine list or to get an early vaccination for a fee. There is no charge for signing up or getting the vaccine.

· Watch out for fraudsters promising to clean your home as a means of avoiding COVID contamination. They don't want to clean your home, they want to clean you out.

 Salespersons may contact you with offers of oils,

brews and all sorts of fake COVID preventative treatments; there are no such

· And then there are the charity scammers. They may ask for a contribution to help out a needy family dealing with the coronavirus or a fake COVID-related charity.

"Three and a half million American men and women turn 65 each and every day and it's not unusual, anymore, to see friends and relatives reaching the ripe old age of 100 and beyond. It's a matter of fact that the older you get the more likely it is that you can become a victim of fraud. So, here's a suggestion: if and when someone, even a relative or a friend, proposes you make a purchase or an investment of any kind invite a trusted third party for an opinion before you agree. It's good advice at any age." says AMAC's Weber.

Quincy's Yesterdays 54 Years Ago

This Week 1967

Budget Cut Blamed On Marsh Opposition

Dr. Joseph McDermott, chairman of the Conservation Commission, said that his budget was cut because the commission opposed the filling of a section of the Montclair marshes for a \$4 million bakery.

Rep. Joseph E. Brett, chairman of the Committee to Save the Montclair Marshes said that two scientists hired by the committee say the marsh is in good condition.

The 68-arce marsh south of the Neponset River and north of Harriet Avenue was the proposed site of Kasanof's Bakery. (Editor's note: The bakery was never built, the parcel in question became the location of the State Street South

COUNCIL APPROVES SHIPYARD PARKING AREA

A rezoning request allowing General Dynamics to convert an unused lot into a parking area was approved by the City Council by a 7 to 1 vote; Councillor Clifford H. Marshall was in opposition.

The council approved the rezoning only after receiving assurances by General Dynamics attorney Jordan Zisk that the company will take several steps to isolate the parking area from adjacent one-family homes.

QUINCY-ISMS

First National Stores was advertising "Chickens, Fryers,

Broilers, Whole, \$.25 a pound"... The Wollaston Federal Savings and Loan Association's, 15 Beach St., Wollaston, current interest rate was 4 1/2% per annum. Savings accounts were insured to \$15,000... Mrs. John Krasinski and Thomas Rice, co-chairmen of the Cranch School PTA, announced that Police Chief Francis X. Finn would be the speaker at the final meeting of the year. His topic: "A Police Officer's Image and Future Planning"... Shea's Formica, 809 Hancock St., was offering "Under Counter Dishwasher for \$144.50"... The crew of the USS Massachusetts were planning to celebrate the battleship's silver jubilee May 12 and 13. Built at the Fore River Shipyard, she was launched Sept. 23, 1941 and commissioned May 12, 1942... South Shore Buick, 50 Adams St., Quincy, suggested to future auto buyers, "Go First Class in a "67" Buick for only \$2,482"... "The Sound of Music," winner of five Academy Awards and starring Julie Andrews and Christopher Plummer, was playing for a third week at the Strand Theater, Chestnut Street, Quincy Center... Miss Suzanne R. Sheppard, 17, a senior at North Quincy High School, received an "Elks Youth Leadership Award" at the annual observance of Elks Youth Day. Making the presentation were Robert W. Densmore, Exalted Ruler and co-chairman of the event, David B. Coletti... Patricia McHugh, Edward Mack, Jr., Kathy O'Donnell and Mary McMann were appearing in the Quincy High School senior class play "It," May 3 and 4 at the high school... Ward 3 City Councillor John F. Koegler was named chairman of the Cancer Fund Drive for 1967 for the South Quincy area, by Area Chairman Frank Anselmo. Assisting Koegler were Lillian Bolea, Walter Troup and Kendall Mills... The North Quincy High School Debating team of Suzanne Sheppard and Wendy Page won the South Shore Debating League playoff tournament by defeating Archbishop Williams High School... Members of the championship basketball team of the North Quincy district of the Koch Club included Steve Bray, Vance Welch, Richard Mahoney, Steve Gilmore and Mike Gilmore... Mr. and Mrs. Paul Zimmerman, 61 Highfield Rd., Merrymount, celebrated their 50th wedding anniversary at the home of their daughter Mrs. Eugene Trainor... Army Pvt. Joseph M. Balfe, husband of Jeannie Balfe, 86 Mears Ave. Houghs Neck, has completed a vehicle mechanic class at Ft. Jackson, SC. Pvt. Balfe is a 1966 graduate of Boston College... William O'Connell, executive vice-president of the Quincy South Shore Chamber of Commerce, has been elected to the National Council of YMCA's. O'Connell resides at 109 Putnam St., Quincy Center... Mrs. Michael DiPietro. 10 Payne St., South Quincy, was installed as president of the Quincy Democratic Women's Club. She succeeded Mrs. J. Richard Christian... Miss Janet R. Caristo, daughter of Mr. and Mrs. John R. Caristo, 99 Center St., West Quincy, spoke to members of the Quincy Rotary Club about her experiences as a Peace Corps volunteer in Nigeria. Dr. William Ridder presided over the luncheon meeting ... Mrs. Margaret King, mathematics teacher at North Quincy High School, was elected president of the Quincy Teachers' Asa sociation. Other officers were Paul Breslin, Broad Meadows Junior High, vice-president; Mrs. Naomi Saltzman of Atherton Hough Elementary School, secretary; and Alton D. Gould, Quincy Vocational-Technical School, treasurer.

Amelia Hoffman Inducted Into Phi Kappa Phi Honor Society

Amelia Hoffman of Quincy was recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society. Hoffman was initiated at Framingham State University.

Hoffman is among approximately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership.

Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify.

SUBSCRIPTION FORM FILL OUT THIS SUBSCRIPTION BLANK AND MAIL TO Historic Quincy's Hometown Weekly Newspaper Since 1968 1372 HANCOCK STREET, QUINCY, MA 02169 NAME STREET CITY STATE ZIP CHECK ONE BOX IN EACH COLUMN [] 1 YEAR IN QUINCY \$40.00 [] 1 YEAR OUTSIDE QUINCY \$42.00 [] CHECK ENCLOSED [] 1 YEAR OUT OF STATE

Arts & Entertainment

MPL Virtual Programs For Adults, Families In May

By JEAN HLADY

In the month of May, the Milton Public Library is hosting some enjoyable virtual programming for adults and families.

On Tuesday, May 4 starting at 6:30 p.m., professional recruiter and career coach Gary Gekow returns with a valuable class on how to make your resume the best it can be. This will be a Zoom employment workshop where we discuss resume writing in general, including – but not limited to – applicant tracking systems, keyword search techniques, content review, formatting choices, and a variety of best practices. We will also discuss both chronological and functional resume styles.

Mr. Gekow has 30 years in the recruiting and employment industry in New England, and advance registration is required at the Milton Public Library website.

Then on Thursday, May 6 at 7 p.m., the Celebrity Book Club with Sally Lawler and Sara Truog resumes to discuss the book Manhattan Beach by Jennifer Egan, recommended by Colin Jost. Please join them for a fun discussion and don't forget to register in advance.

Fashion expert Karen Antonowicz will be back on Tuesday, May 11 to give a talk called "The History of Beauty and Cosmetics." Do you wonder where cosmetics originated and how they evolved through the years? If so, join us as we explore the origins of makeup and the ways in which societal changes influenced the beauty industry's development. As cosmetics became more acceptable in the early 20th century, ladies were able to choose from a variety of beautifying products they hoped would make their romantic dreams come true! Please sign up for this fun event at the Milton Public Library website.

As part of our new "Milton Moves" initative, there will be an "Urban Hike: Cemetery Trees Tour" you can join on Wednesday, May 12 starting at 10 a.m. Join the Milton Cemetery and the Milton Public Library for a walking tour of the Cemetery's trees! We will meet in the Library parking lot and walk together to the Cemetery for the tour, then return to the Library at the tour's conclusion. Needed to participate: a mask, walking shoes, and an adventurous spirit. Registration is required and will open 3 weeks before the program.

The Virtual Library Knitting Group will meet via Zoom again on May 15 at 10 a.m. This is an informal get-together which offers an opportunity for people to see each other, chat, bring a project to work on and have friends on hand to ask questions when they need help. This fun online gathering, which will be ongoing, includes advice with projects and just 'social knitting" for good company too. Knitters and all other fiber artists are invited to attend. If you would like to receive the Zoom link for it, Email jhlady@ocln.org and she will make sure you get on the organizer's list.

"Milton Moves" continues with a program called "Wellness Talk: What Should I Grow in my Medicinal Herb Gar-



FASHION EXPERT Karen Antonowicz will give a talk Tuesday, May 11 on "The History of Beauty and Cosmetics." It is among the virtual programs offered by the Milton Public Library during

ness, and healthy eating.



MILTON PUBLIC LIBRARY Director Will Adamczyk will host a program called "As the Conductor: A Virtual Visit with Steve Lipsitt" on Wednesday, May 26 at 7 p.m. Maestro Lipsitt is the founding director of the Bach, Beethoven & Brahams Society of Boston. He will speak about his position and will answer questions about his role and classical music.

Photos Courtesy Milton Public Library

den" on Tuesday, May 18, at 7 p.m. The mother-daughter team of Ehris Jancz-Urban and Velya Urban from the Grounded Goodwife company in CT will return to give an informative and enjoyable virtual talk about the right herbal "superstars" to nurture in a home herb garden for good health and wellness. These "superstar" herbs can treat common ailments like colds and flu, inflammation, minor cuts, infections, pain, muscle spasms, anxiety, poor digestion, and insomnia. For more details, check the Milton Public Library website where you can also sign up to participate in advance. "Milton Moves" is a year-long initiative of the

The Virtual Cookbook Club with Connie Spiros and Sara Truog will meet again on Wednesday, May 19 at 6:30 p.m., and this is a group of adults who enjoy cooking and sharing food together. All the details about the assigned book - which is Martha Stewart's Appetizers - are shown at the events list at our website, and there you can also read what is required to participate after you register. Bon appetit!

Milton Public Library for all ages focused on fitness, well-

On Tuesday, May 25, at 7 p.m., author and sportswriter Marty Gitlin will be back to discuss "The Greatest Sitcoms of All Time." He calls it: "A funny program about funny programs!" This pop historian will bring his book with the same title to life in an enjoyable online talk. Marty is the only author who has actually ranked the greatest sitcoms ever produced, based on wide-ranging criteria. He will show us hilarious snippets from the most beloved sitcoms in American history in this program, including I Love Lucy, The Andy Griffith Show, The Mary Tyler Moore Show, All in the Family, Cheers, Seinfeld, and the Big Bang Theory.

This will be such a fun event and we hope you won't miss it! Please join us.

And then finally on Wednesday, May 26 at 7 p.m., Library Director Will Adamczyk will host a program called "As the Conductor: A Virtual Visit with Steve Lipsitt." In memory of the Library's former trustee Herb Voigt, please join us via Zoom for a conversation with Steven Lipsitt on-

Maestro Lipsitt is the founding director of the Bach, Beethoven & Brahams Society of Boston. He will speak about his position and will answer questions about his role and classical music. When you attend a concert or other musical event, do you wonder about the instrumentalists on stage or in the pit? Who wrote the music and what were their expectations, why those particular instruments, what did the players do to earn that spot, how do they maintain their skills, and when is it OK to clap? This speaker will explore the rich fabric of classical music performance as he focuses on the topic of "Rhythm and Emotions." Find out more about this talented conductor and musician at www. miltonlibrary.org under "events."

All of these programs are kindly sponsored by the Friends of the Milton Public Library and by the Milton Library Foundation, and are free and open to all. For questions, email jhlady@ocln.org and to register for any event, you can use this link: https://tinyurl.com/yhdra8cn

We hope you will join us during May for an enjoyable

Jean Hlady is the head of Adult Services/Reference, Milton Public Library.

Movie Review: 'Godzilla Vs. Kong'

a follow-up to "Godzilla" (2014), "Kong: Skull Island" (2017), and "Godzilla: King of the Monsters" (2019). Those films are respectively known as the one that kills off Bryan Cranston too early and cuts away from a monster fight that should have been the most exciting sequence in the movie, the one where someone stretched a "Viet Kong" joke out to two hours, and the one with a human villain who ripped off their evil plan from Thanos. Maybe the logic was that since the two Godzilla movies were about a 3 out of 10 and the Kong movie was about a 4 out of 10, combining them all would result in a 10 out of 10. This movie... isn't quite that good.

The movie bounces be-

"A" story and the "B" story. In the A story, billionaire tycoon Walt Simmons (Demian Bichir) recruits geologist Nathan Lind (Alexander Skarsgard) and linguist and Kong-handler Ilene Andrews (Rebecca Hall) to use Kong to go deep into the Earth to find a new source of energy that can presumably protect humanity against the threat of "Titans" like Godzilla. Along for the ride is Simmons' enterprising daughter Maia (Eiza Gonzalez) and Andrews' adopted daughter Jia (Kaylee Hottle), Kong's only human friend who can communicate with the ferocious-yet-sensitive ape through sign language. It is in this storyline where Kong and Godzilla do all their fighting, making the B story about a kooky spy within

Tyree Henry) teaming up with two teenagers (Millie Bobby Brown and Julian Dennison) to uncover a conspiracy mostly extraneous (and momentum-killing). But it is in the B story that two villains are revealed, one of which you'll probably see coming a mile away, the other a blast from either Kong or Godzilla's past.

The humans are boring and get way too much screen time, as usual, with the exception of loveable child Jia. I've been hearing a lot of people say that the Henry character is their favorite among those played by "name" actors, and at first I thought they were crazy for picking someone so annoying, but then I realized that everyone else is so bland that "annoying" is better than nothing. There's

By BOB GARVER tween what I'll call the Simmons' company (Brian still no excuse for how eas ily the obviously-duplicitous character uncovers topsecret information or how long he goes without getting

As for the Titans, Kong is the sweetest human-crusher you'll ever want to meet. Godzilla is only in this movie to fight Kong in a feud built on ancient instinct. The two fight, and I was solidly behind my fellow mammal. A new opponent emerges later in the film, and I was solidly behind my fellow carbon-based lifeforms. There are three main battle sequences (plus Kong taking care of some business under the Earth's surface in between rounds). The first takes place in the water, where motion is limited and Godzilla the swimmer has a distinct advantage. The second takes place in

Hong Kong, where skyscrapers are destroyed and in all likelihood thousands of people are killed, but this is "Godzilla vs. Kong," not "Batman vs Superman," so we're not supposed to think about those consequences. The third is also in Hong Kong, where the combatants take out any structures they missed the first time.

I wasn't particularly captivated by "Godzilla vs. Kong." It was always clear to me that these Titans both need to stick around to keep making the studio money, so some sort of compromise finish was inevitable. But Kong is a worthy protagonist and some of the fighting

he does with the lumbering Godzilla is impressive. And it's hard for me to get mad at a movie that does so much to stimulate the box office -\$48 million domestically in a five-day weekend. Hopefully we have bigger numbers from better movies on the horizon, but this movie is serviceable as a blockbuster for now.

Grade: C

"Godzilla vs. Kong" is rated PG-13 for intense sequences of creature destruction/violence and brief language. Its running time is 113 minutes.

Contact Bob Garver at rrg251@nyu.edu.

Social

Quincy Rotary Club Puts The Fun In Fundraising For Student Scholarships

By BARBARA CLARKE **Quincy Rotary Club**

Are you feeling lucky this April? Are you looking for a great way to give back?

Look no further! The Quincy Rotary has three ways for you to make a difference.

Quincy Rotary Club is hosting our Annual Dollars for Scholars Auction! The Dollars for Scholars fundraising campaign is happening all month long in April.

Whether you want to buy a square on the calendar, participate in our live auction, or sponsor the event, there is an option for you!

Due to COVID19, we had to move our fundraiser to an easy-to-use online platform. Calendar squares are available today until April 30. Thirty prize winners will be surprised and delighted with \$50-\$100 gift cards -prizes include a festive spring flower bouquet, a fun night out in an award-winning South Shore restaurant, or a sports massage - there are two of those on the calendar. Four bonus prizes will go to the extra lucky - prizes include a 3-Month membership at the Weymouth Club a premier fitness center, and a Celebrate the Season basket worth \$300!

Thirty great prizes, 1 for each of April's "30 days".

The Quincy Rotary will pull square prizes on April 30. The event will be livestreamed on the Ouincy Rotary Facebook page at 5:30

To donate and get Raffle tickets, go online to quincyrotary.com, or contact Rotary Fundraising Chair Barbara Clarke, 617-803-5297. You can also get calendar tickets at Caryn's Corner, 133 Beach St., Wollaston.



The pair released a col-

laborative project in 2020

titled Vacant, and truly dis-

played some of the best ar-

tistic chemistry that our area

has seen in quite some time.

Glysshouse is a natural tal-

ent when it comes to sing-

ing and curating wonder-

ful tracks, and the way he

meshes with Donald Grunge

on this project is fascinating.

last year, Glvsshouse has

refused to remove his foot

from off of the gas pedal.

Not only did he unveil an

additional project titled

Thank You, Have a Terrible

Life, Glysshouse released

a plethora of singles that

have truly showcased how

much he's developed his

sound. As his releases get

out to the masses, more and more listeners flock his way,

something which I expect to

increase exponentially as he

Since Vacant's release

Quincy Pop Artist Glysshouse Is Making His Voice Heard

By SHAMUS HILL

Growing up in Quincy Point is something that I truly hold close to my heart. Whenever I think back on the early days of my life in this diverse community -- flashbacks from Point Panthers practices, sledding down the hill at Fore River Field, and even the walk to and from Point Webster Middle School instantly flood my mind.

Never in a million years did I think that I would be doing what I love, right in the heart of the neighborhood in which I grew up, however this has become reality for both myself, and several close friends of mine who share the same story of maturing in Quincy Point.

To introduce myself, my name is Shamus Hill, and I currently serve as the Program Director of Mass Music Radio - an independent radio station and production studio that is based in Quincy.

Located right off of Washington Street, the main vein which connects Quincy Point with its surroundings, Mass Music Radio was envisioned in a dorm room at UMass Amherst by both myself and Shlomo Bowe. Fast forward to 2021, not only have we witnessed the growth of our organization, but we've had the pleasure of working alongside a team of individuals that we've known since attending the Clifford Marshall Elementary School.

While personal growth is something that our team at Mass Music has been blessed with, the growth of the local music community is what we are even more thankful for. Since embarking on the mission to provide coverage for local artists back in 2015, we've witnessed the development of many of the musical acts that are based in Massachu-



RAISED IN QUINCY, Glysshouse is a singer, songwriter, and producer who's love for music derives from early in his life. Courtesy Photo

setts. One of such artists goes by the name Glvss-

Raised in Quincy, Glvsshouse is a singer, songlove for music derives from early in his life. Starting in high school, he took his first steps into music as the frontman for punk rock bands something which eventually led to him touring the East Coast in 2010 as a part of the Warped Tour.

Since then, Glysshouse has relocated to Los Angeles, and has completely rebranded - something which has resulted in the Quincy native becoming one of the most exciting Pop acts in music right now. Don't believe me? Ask Pharrell Williams, the legendary artist/ producer, who handpicked one of Glysshouse's songs as a part of his i am OTHER album for charity. Additionally, he's been featured on mainstream music publications such as XXL, Variety, and EarMilk, and has even had his music selected as a part of SoundCloud's official playlists.

Hailing from West Quinwriter, and producer who's cy, Glvsshouse originally used the moniker "King Kade" when his rebrand to a pop artist started - an ode to the recently remodeled field that is located across from the Lincoln Hancock Elementary School. It was during this period of his artistic career when I first became familiar with his music.

> If you're ever looking for new artists from Massachusetts, then it's safe to say that Glysshouse's discography is a good place to start. Not only has he worked alongside former Massachusetts resident Mike Hector, who has collaborated with Kendrick Lamar in the past, but he's recruited several artists from across the Bay State to be featured on his discography. One of such names is Donald Grunge, who hails from Chelsea.

continues now that he has moved back to Massachusetts and assembled a state of the art recording studio. Fresh off the release of

a new single titled "Hotel", Glysshouse has already distributed four singles to the masses up through this point in the year. Only time will tell what is coming next from the Quincy native, but if his past work is indicative of what's to come, then I would say buckle in for what should become another amazing year for Glvss-

If you would like to stream his music, feel free to search his name on Apple Music, Spotify, YouTube, or Mass Music Radio. To read more about artists from Massachusetts, then head over to Mass Music Radio's official website, and click on the "Blog" tab. Remember to support local artists!



SOUTH SHORE CONSERVATORY (SSC) congratulates voice student Marissa Tolini of Quincy for placing second in the Young Adult Classical division, and third in the Young Adult Musical Theater division of SSC's recent William P. Söderberg Voice Competition. In addition, she was awarded the Lorna Jane Norris Award for most expressive classical performance. Marissa is a student of SSC voice instructor Mer-

Quincy Council On Aging Events - May

By MARIE FERENT **Assistant Director, Quincy Elder Services**

Quincy Council on Aging Shredding Day Friday, May 7th - 10 a.m. - Noon

Seniors are invited to safely dispose of sensitive and personal documents to protect themselves from identity theft and fraud. Visit the Kennedy Center and have tax, financial. legal and other documents shred free of charge.

Staples and paper clips do not need to be removed. Call the Kennedy Center at 617 -376-1506 to register

> **Quincy Council On Aging Presents Spring Wake Up Rally** with Maggie and Joanne Monday, May 10th - 10 a.m. - Noon

On Monday, May 10th from 10 am to noon meet in front of the Kennedy Center to pick up rally instructions. Participants will have until Friday, May 14th at 4 p.m. to turn in your answers, at the same spot you picked them up. This gives you the freedom to plan your days in baby steps. weather permitting to complete the rally. You can partner up, team up, go solo, whatever works safely for you.

We will start you off with a brain exercise answering a few questions about Quincy, then the rally is on. Dust off those sneakers, grab a sweatshirt, your water and go! Walk, drive and park, whatever transportation suits you. Do some, Do all, Have fun! No googling answers...go at your own pace. Get some outdoor exercise at the same time.

Hope to see you there! All participants that complete the rally will be entered into a raffle. Call 617-376-1506 to reg-





12 Old Colony Avenue Quincy: 617-773-9420

24 Central Avenue Milton: 617-696-2326 680 Truman Parkway

Hyde Park: 617-910-9175 Now Open! 102 Franklin Street

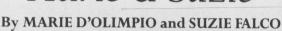
Quincy: 617-481-5257 Now Open! **479 Washington Street** Quincy

SEASONAL FLAVORS



WHAT'S COOKING

Marie & Suzie





Coconut Tarts

By MARIE

Today's recipe is for a coconut tart that can either be made in a 9-inch pie plate or 8 individual muffin tins. My niece, Jean, made this dessert recently and made the individual ones which were very easy to

Preheat oven to 350 degrees, prepare muffin tin or pie plate.

DIRECTIONS AND INGREDIENTS

- 3 beaten eggs
- 1 1/4 cups sugar
- ½ cup butter melted
- 4 teaspoons of lemon juice
- 1 package of tart shells

1 teaspoon vanilla

3 and ½ ounce can of coconut flakes. (or a small bag)

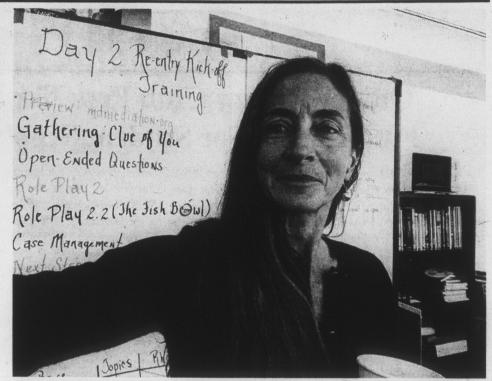
Combine eggs, sugar, butter, lemon juice and vanilla and mix well.

Stir in the coconut and mix until well

Pour batter into unbaked tart shells and bake in a 350-degree oven for 40 minutes. Let them cool.

This recipe makes enough filling for 8 tarts or one 9-inch pie plate.

You can purchase tart shells at grocery stores or on Amazon, but if you can't find tart shells in a grocery store, there are many recipes on-line so you can make them from scratch.



JANE HOFFMANN, a Quincy resident and a mediator for nonprofit Community Dispute Settlement Center (CDSC) since 2015, works to resolve conflict through mediation methods which promote positive conflict engagement and help all sides reach mutual resolutions.

Sweet Potato White Bean 'Chowdah'

By SUZIE

Here is a delicious dairy free luscious chowder that is simple, different, and out of this world delicious.

You have the protein, fiber, and a variety of antioxidants from the beans, the healthy fats from the coconut milk, Beta carotene, vitamin C, B6, potassium, fiber, and phosphorus in the potato, zinc, iron, niacin, and other important nutrients in the spinach, and the fresh herbs not only add flavor and zing but they also contain important antioxidants as well.

This chowder is easy to digest as well. Enjoy!

SWEET POTATO WHITE BEAN 'CHOWDAH' 3 sweet potatoes peeled and chopped

4 cups chicken or veggie broth

3 cups baby spinach or baby kale

1 leek, chopped

2 cloves minced garlic

2 cans white beans drained and rinsed 1 can full fat coconut milk

fresh sage and fresh scallions, chopped olive oil or coconut oil sea salt and pepper

tatoes and garlic.

Toss in seasonings and mix well. Let flavors mingle while stirring a bit, then add the

Bring to boil, then simmer until potatoes are soft. About 20 or so minutes.

with spinach. Test for seasonings.

chopped scallions on the top.

Saute' leeks in oil until sizzling. Add po-

broth and beans.

Next add coconut milk and chopped sage

Cook until spinach wilts and serve with

Apple-Coconut Cake

By MARIE

This recipe is from my niece, Ann. It is an apple-coconut recipe that was a little different and a big hit with family and friends.

Preheat oven to 350 degrees; thoroughly grease a bundt pan

INGREDIENTS:

- 3 cups all-purpose flour
- 1 teaspoon baking soda
- ½ teaspoon salt
- 1 cups vegetable oil
- 2 cups sugar
- 3 large eggs
- 2 cups chopped apples (about 2 medium apples washed, peeled)
 - 2 teaspoons of vanilla extract

2 teaspoons ground cinnamon 1/4 teaspoon nutmeg (optional) ½ cup coconut

1 cup chopped walnuts (optional)

Mix the oil and sugar until blended.

Add the 3 eggs one at a time mix until well blended then add vanilla.

Add the flour, baking soda and salt mix

Add apples, cinnamon and nutmeg mix well.

Add coconut (add nuts if you are using them) mix until everything looks well

Pour into bunt pan and bake for about 1 hour and 15 minutes at 350 or until toothpick comes out clean.

Bethany Congregational Church

Sunday, May 2, is the Fifth Sunday of Easter, and it is a communion Sunday at Bethany Congregational

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Church.

The service will begin at 9:30 a.m. Rev. Patrick McCorkle will preach, music will be provided by Paul Frazer as soloist. Church School will not be in ses-

The regular church services are also available online. Check the church website for instructions on how to watch.

Mark your calendar for the Annual Bethany Church Yard Sale to take place on Saturday, May 15th. As

for all events, COVID precautions will be maintained.

Bethany Congregational Church is located at 18 Spear St., Quincy. The church website is: bethanycongchurch.org. Telephone number is: 617-479-7300.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/ or fill out an application, go to the website at Broadhorizonsbethany.com or call 617-471-0022.

Quincy Resident Aims To Take Stress, Expense Out Of Conflict Resolution

Conflict resolution of any kind can be expensive, and practical approach to stressful and time consuming but Quincy resident Jane C. Hoffmann's professional mission is to ease that burden.

Hoffmann, a mediator for nonprofit Community Dispute Settlement Center (CDSC) since 2015, works to resolve conflict through mediation methods which promote positive conflict engagement and help all sides reach mutual resolutions. Her current focus involves district court cases on behalf of tenant/landlord disputes, many of which are a result of the global pandemic. She also has been involved with solving conflicts related to families in transition including parenting plans for divorcing couples, and has participated in prisoner reentry programs to bridge communication prior to release.

Hoffmann has a realistic conflict resolution.

"I don't believe all conflict can be resolved and parties are not always able to find an acceptable middle ground," she said. "When we try, anything is possible. People need to be heard, understand each other's point of view, gain clarity about their situation and at that point, acceptance is easier. What we don't process in

life holds us back." Founded in 1979, CDSC assists in mediating conflicts including divorce, separation and marital mediation, eldercare, issues related to the LGBTQ community, housing and consumer disputes, neighbors and workplace conflicts. The nonprofit provides a menu of options: mediation services for resolving disputes, facilitation services for assisting groups to prepare for and

conduct constructive and productive meetings, conflict coaching for assisting individuals manage conflict in an effective and constructive manner, and trainings and workshops customized for organizations and groups including agencies, professional associations, schools, colleges, youth groups and

"My work is so incredibly rewarding but I feel the people I assist exert far more effort toward conflict resolution," said Hoffmann. "Finding conflict isn't hard and neither is finding a resolution when there is informed guidance and the process is within reach."

All CDSC programs are currently virtual as a result of the global pandemic for the safety of clients and staff. Call 617-876-5376 or visit www.communitydispute.org for more informa-

Quincy Access Television www.qatv.org 88 Washington Street 617-376-1440 Quincy, MA 02169 617-376-1441 Find us on Facebook **Government Access Channel 9** Public Access Channel 8 Thursday, April 29 1:30pm: Falls Prevention/Stress Management Thursday, April 29 5:00pm: Bethany Congregational Church 8:00pm: NQHS vs. Silver Lake Football 4/23 Friday, April 30 6:00pm: Update DPW: Spring Season 7:30pm: In the Know: Norfolk County Sheriff's Office 11:30am: Currently in Quincy 7:00pm: AM Quincy: State Rep. Tackey Chan 8:00pm: TCPL Presents: Bollywood Funk Dance Saturday/Sunday, May 1/2 11:00am: Falls Prevention and Stress Management 12:00pm: City Council Finance Committee 4/26 4:30pm: Zoning Board of Appeals 4/27 6:00pm: In the Know: Norfolk County Sheriff's Office 7:00pm: City Council Finance Committee 4/26 Saturday, May 1 12:00pm: AM Quincy: Quincycles 12:30pm: CIQ Interview: DOVE Sunday, May 2 10:00am: Bethany Congregational Church 11:30am: Good News Monday, May 3 9:00am: National Institute on Aging: Go4Life Workout 1:00pm: Glass Studio on Cape Cod: Gondola 6:30pm: LIVE: City Council Public Hearings 6:40pm: LIVE: City Council Monday, May 3 11:30am: Currently in Quincy 7:00pm: AM Quincy: American Red Cross Tuesday, May 4 7-9am: LIVE: AM Quincy with Joe Catalano Tuesday, May 4 1:30pm: Fur, Fins and Feathers 7:00pm: AM Quincy: Mayor Thomas Koch 4:00pm: LIVE: Board of License Commissioners Wednesday, May 5 5:00pm: Good News 7:00pm: The Call Wednesday, May 5 7:00pm: City Council Incl. Public Hearings 5/3 Programming is subject to change. For a complete list of programs, please visit our website at gatv.org

State Awards \$720,000 For Support Services For Young Adults In Recovery

Award Will Help People 18-25 Recover From Substance Use Disorder Through Life Skills Training And Peer Support

The Executive Office of Health and Human Services (EOHHS) and the Department of Public Health (DPH) has announced a \$720,000 grant award to the national organization Young People in Recovery for the development of statewide support programs for young adults recovering from substance addiction.

funding, With this Young People in Recovery will develop, build, and maintain seven recovery support networks strategically positioned in areas of critical need throughout the Commonwealth, providing young people ages 18-25 the life skills and peer supports they need to recover from opioid use, stimulant use, or other substance use disorders and co-occurring substance use and mental illness. The program launches in April 2021 with the capacity to serve approximately 1,400 people annually.

"As we cross the oneyear mark of fighting the COVID-19 pandemic we

remain aware of its serious impacts on those struggling with addiction, especially young people who may be experiencing social isolation as they social distance to stay safe," said Gov. Charlie Baker. "This award builds on the Commonwealth's ongoing efforts to provide support to those who are seeking a way out of addiction and from the grip of the opioid epidemic."

"Young people on the path to recovery from substance use disorder must be able to access a support network to help them stay focused on their long-term life goals," said Lieutenant Gov. Karyn Polito. "This grant will help make these services accessible throughout the Commonwealth to support recovering young adults."

The COVID-19 pandemic has created an extraordinary public health challenge in Massachusetts, particularly for many young adults, whose social, emotional, and mental well-being has been adversely

affected. For those affected by substance use, this grant initiative seeks to forestall the kinds of trauma that can have long-term consequences when faced at such an important developmental stage.

"Studies have indicated that people between the ages of 18 and 25 are among the most impacted by substance use disorders," said Health and Human Services Secretary Marylou Sudders. "This program will provide young people the support, engagement, and skills they need to maintain recovery as they transition into adulthood, making important resources accessible during a time when we are combatting social and emotional isolation caused by the COVID-19 pandemic's impact on our

"Life can feel overwhelming for young adults negotiating critical life decisions for the first time, but even more so for young adults in recovery from substance abuse," said Pub-

lic Health Deputy Commissioner Margret Cooke. "Funding these crucial public health services will provide a stable community for young adults in recovery and guide them toward long-term success."

"DPH and the Bureau of Substance Addiction Services are working to ensure that young people have the resources they need to begin and maintain their recovery from substance use disorder," said Deirdre Calvert, director of DPH's Bureau of Substance Addiction Services. "Establishing support networks in Massachusetts communities that are most in need will provide the camaraderie, respect, and perseverance that young people need to overcome substance

The grant award will be distributed over the course of FY21-22. The program is funded through the Substance Abuse and Mental Health Services Administration (SAMHSA) State Opioid Response (SOR) grant.

Social Security Matters

Ask Rusty: Can I Claim My SS Now And Switch To Spouse Benefits Later?

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I am 62 and have been a homemaker for much of my adult life. I have a small Social Security account from working years ago. My husband is older, has been the major wage earner and will have a good amount in Social Security when he claims.

I have been told that I should claim my social security now. It's a small amount - about \$475 per month if I claim it now, and \$550 after I'm age 66 - so it's not a life changing difference. But if I claim mine now, when my husband reaches his full retirement age can I switch to claiming spousal benefits on his account? I understand I would no longer get mine, but I'm pretty sure my benefit from him will be a much larger amount. Signed: Inquiring Homemaker

Dear Inquiring Homemaker: The simple answer to your question is: yes, if you claim your own small benefit now you can later switch to a higher spouse benefit from your husband when he claims his SS. But there are always consequences for claiming SS benefits early. The maximum spousal benefit you can get from your husband is 50% of the benefit amount he is entitled to at his own full retirement age (FRA). But you only get that full 50% if you delay claiming your own Social Security until you reach your own FRA. That doesn't mean you can't claim your own reduced benefit early, but it means that when you later get your spousal benefit it will be less than 50% of your husband's FRA benefit amount. And here's why:

Your spouse benefit, when you receive it, will consist of your own earned benefit plus a spousal boost to bring you to your spousal entitlement. Your spousal boost will be the difference between your FRA benefit amount (regardless of when you claim) and half of your husband's FRA benefit amount, and it will be reduced if you haven't yet reached your FRA when your husband claims. That reduced spousal boost will be added to your own actual benefit (reduced if you claim at 62), which will yield a spouse benefit less than 50% of your husband's FRA benefit. Said another way, when your husband claims at his FRA, you'll get a reduced spousal boost added to your own already reduced age 62 SS retirement benefit. I can't put this into dollar terms for you without knowing your husband's FRA benefit amount.

FYI, if your age 62 benefit amount is \$475 then your personal benefit amount at your FRA should be about \$670. Essentially, the longer you wait to claim your own SS, the more your spousal benefit will be because the spousal boost will be added to the benefit you're already receiving. Your spousal benefit reaches maximum (which is 50% of your husband's FRA amount) at your FRA but remember that your husband must be collecting his SS for you to claim a spouse benefit.

So, here's the bottom line: you can claim your own SS at age 62 but the benefit amount you get will be reduced by 29%. If your husband claims at his FRA, you will get a spousal boost at that time, but the amount of the spousal boost will be reduced because you will not have reached your FRA at that time. The only way you will get the full 50% of your husband's FRA benefit amount is by waiting until your own FRA to claim Social Security. However, since your spousal benefit will be the highest amount available to you, waiting and claiming yours at the same time your husband claims his, would also be a prudent strategy to lessen the "penalty" for claiming your benefits early.

One final caution: Any time SS benefits are claimed early (before FRA) there is an "earnings test" which limits how much can be earned from working before SS takes back some benefits. Please keep this in mind if you should decide to go back to work at any time before you reach your full retirement age.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

South Shore Chamber Awarded State Pilot Grant To Support Regional Recovery Efforts

The South Shore Chamber of Commerce announces that it has been awarded a Pilot Grant from the State of Massachusetts to assist in regional recovery from the economic impact of CO-VID-19.

The grant will launch a program to encourage residents to think of "local" more broadly than their own neighborhood or own town. The program will promote exploration of the South Shore by residents of the South Shore through an exciting and robust marketing campaign spotlighting many discovery excursions across the 25 cities and towns in the region. The project will help local businesses increase their volume of business this summer and expand their long-term market.

"The South Shore region has a lot of really interesting, fun, vibrant local businesses, trails, history across all 25 communities," said Peter

Forman, president and CEO of the South Shore Chamber of Commerce. "Our residents, the whole world frankly, knows about Plymouth Rock, the Adams family and our beaches nearby. While we will be highlighting these attractions – there is so much more to see and do in our region. We want our residents to experience what is in their own town or just two towns.

We're excited to unlock wonder in our residents all while supporting local businesses as they recover," Foreman added.

The goal of the project is to drive foot traffic into our region's cities and towns, ultimately in businesses in our communities to help bolster economic recovery post-COVID.

"We believe a program such as the one being proposed by the Chamber will not only encourage people from all over the Commonwealth to visit the South Shore, but will also remind those of us that live and work here of the myriad of opportunities for recreation, dining, housing and the arts that are right here close to home," said Scituate Town Administrator James Boudreau.

"In addition, we hope to lay the foundation and deepen our existing efforts around placemaking, which is so important to the economic development of a region."

"The Pilot Program will renew interest in and highlight the town's and region's assets through its showcases and activities. This will not only assist these economies during the pandemic but also provide long-term

marketing of these assets for future economic development opportunities" said Weymouth Mayor Robert Hedlund.

Keep an eye out for "Hello! South Shore" to learn more about places to explore right here in your own backyard. The South Shore Chamber will be partnering with local organizations, businesses and towns to present up to 15 half-day to full day travel excursions.

The South Shore Chamber of Commerce also extends congratulations to "our friends and partners" in Cohasset, Hull, Marshfield, Milton, Quincy, Scituate who were also awarded funding to support economic recovery in our region.

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On Saturday, April 17, at approximately 10:35 p.m., Officer Flynn was dispatched to the Speedway Gas Station at 238 Hancock St. for a report of a robbery. Numerous other units responded. The suspect had fled on foot prior to officers' arrival. The suspect was described as a white male, medium build, wearing a light brown Carhartt jacket, gray pants, sunglasses, a black winter style hat and a blue disposable mask.

Officer Flynn proceeded to the Speedway Gas Station to speak with the clerk. The clerk stated at approximately 10:30 p.m., he was approached at the window of the cashier's booth. The male suspect told the clerk he had a weapon and instructed the clerk to give him all the money. The clerk complied and handed the suspect the contents of the cash register.

The suspect exited the store and ran up Hunt Street heading eastbound. That was the last the clerk saw of the suspect. Officer Jackson deployed his K9 partner, Luna, in an attempt to track the suspect. Canine Luna was able to track a scent from Hunt Street to East Squantum Street turning towards North Quincy High School.

While on scene, Officer Flynn received information from dispatch regarding a similar incident which occurred

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS

Public Information Officer Quincy Police Department

in Weymouth. Weymouth Police reported at approximately 10:15 p.m., a white male, approximately 5'10, 215 pounds, wearing a black hat, sunglasses, a mask and a tan Carhartt jacket attempted an armed robbery of a liquor store in Weymouth. The suspect stated he had a firearm in this incident. The suspect reportedly fled on foot, got into a vehicle and took off. There was no vehicle description provided, however, it was said to have two occupants.

While writing his report, Officer Flynn spoke to Officer Mackin of the Weymouth Police Department. Officer Mackin had responded to and was investigating the attempted armed robbery in Weymouth. After comparing suspect information, Officer Mackin and Officer Flynn believed the same suspect or possibly suspects (other occupant of the vehicle) were involved in each incident.

Through information received during their conversation,

and information obtained during the initial investigation, detectives determined that a 22-year-old from Weymouth was the suspect in both robberies.

On April 18, at approximately 3 p.m., the 22-year-old suspect was located and arrested in Boston. A vehicle registered to him was parked nearby. Inside the vehicle, officers observed a brown Carhartt jacket in plain view (on the back seat). The 22-year-old was arrested and charged with the attempted armed robbery in Weymouth and the armed robbery at the Speedway Gas Station in Quincy. He was arraigned in Quincy District Court and held on \$5,000 cash bail for the Quincy armed robbery.

Detectives would learn that this individual is a suspect in several other robberies / attempted robberies on the South Shore. In fact, it was learned that on April 18, at approximately 7 a.m., this same suspect attempted to rob the Prime Gas Station located at 571 Hancock St. in Quincy, however, this incident was not immediately reported to the Quincy Police. Video obtained shows an individual who appears to be the same suspect walk up to the counter and demand money from the clerk. He is eventually chased out of the store by the clerk. Detectives will be filing charges for attempted robbery for this incident as well.

Great work!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, APRIL 16

LARCENY (medications), 4:21 p.m., Carle Road. See caller in police lobby.

BREAKING AND ENTERING/PROGRESS, 7:55 p.m., Liberty Street. Across the street next to South Side Tavern breaking into the building. Report filed.

VANDALISM/PROPERTY (rear windshield), 9:15 p.m., Victory Road. North G-2 garage.

SATURDAY, APRIL 17

VANDALISM/PROPERTY (fence), 11:16 a.m., Lawn Avenue. Fence out front was damaged, possibly hit by a car. Happened this morning. No suspect information. No structural damage just fence. Neighbor will be giving reporting party info but wants to remain anonymous. Advised to call back when info given.

LARCENY (package), 1:46 p.m., Southern Artery FL north. Possible fraud paying phone bill. While there reporting party stated she had a package stolen yesterday. Report to be filed.

ARMED ROBBERY (robbed cash register), 10:35 p.m., Speedway, 238 Hancock St. Unknown weapons. White male, brown jacket, gray pants, black shoes. Reporting party is alarm company emergency button was pushed at the store. Suspect also wearing black hat, sunglasses, mask. Report filed. 777 will stay with clerk until someone comes in to relieve clerk.

SUNDAY, APRIL 18

Brook Parkway. Last seen in driveway around 1:30. Signed form turned in.

VANDALISM/PROPERTY (blue Toyota Corolla), 9:22 a.m., Canton Road. Spray paint sedan all over car graffiti. Owner of car/male is also now out in the lot with reporting party. Report filed.

VANDALISM/PROPERTY (threw rock at window), 4:52 p.m., Yocha, 406 Hancock St. Two white males, one wearing a dark backpack and hat and the other an orange shirt; they went towards Wollaston train station possibly teens. Checked area. Gone on arrival. Caller was given a case number.

MONDAY, APRIL 19

VANDALISM/PROPERTY (motor vehicle), 3:50 p.m., Washington Street. Party unsure who did it but suspects parties that are known to her. Caller wanted a case number in order to create a paper trail in case something happens again. Caller was going to install cameras at her property. Incident closed.

LARCENY (package), 7:04 p.m., Sea Street. Caller is in the police lobby. Report filed.

TUESDAY, APRIL 20

LARCENY (past/package), 10 p.m., East Howard Street. Caller will be in lobby of building requested officer. Caller only wanted case number to give to building management. Case number provided, caller advised.

VANDALISM/PROPERTY (car), 10:48 p.m., East-LARCENY/MOTOR VEHICLE, 9:06 a.m., Furnace ern Nazarene College, 23 East Elm Ave. Looks like some-

one jumped on the caller's roof. Possibly on camera. Report filed.

WEDNESDAY, APRIL 21

VANDALISM/PROPERTY (graffiti), 11:24 a.m., Fruit Basket, 148 Granite St. Building tagged. Report

LARCENY (past), 6:49 p.m., West Squantum Street. Larceny - a package taken from front steps, then found package ripped up in recycle bin. Caller just wanted case number for Amazon. Advised, no dispatched. Incident closed.

THURSDAY, APRIL 22

VANDALISM/PROPERTY (in lot by chance), 10:17 a.m., Captains Cove Condos, 100 Coveway. Reporting party states tree limb came down damaging vehicle. Caller requests to speak with an officer. Property manager will call

BREAKING AND ENTERING/PAST, 11:40 a.m., Billings Street. Flagged down for past B&E. Report to be filed.

Calls For Service: 997

Breaking & Entering in Progress: Liberty Street Breaking & Entering in the Past: Billings Street Breaking & Entering MV: Prospect Street, Hamilton

Larceny Motor Vehicle: Homestead Avenue, 600 block Furnace Brook Parkway

There's No Such Thing As The Poop Fairy!



Graphic Courtesy of Neponset River Watershed Association (NepRWA)

of droppings from ... about 100 dogs would contribute enough bacteria to temporarily close a bay and all watershed areas within 20 miles of it, to swimming and shell fishing. Fecal waste-contaminated water can cause people to have serious kidney disorders, intestinal illness, cramps and diarrhea." That statistic is staggering!

positive results. A few simple steps go a long way. Remember to always carry a bag to pick up pet waste - and dispose of waste in a trash can. NEVER put anything down a storm drain because it does not go to a waste treatment plant; it goes to the nearest body of water!

Because pet waste has the potential to create problems, dogs are not allowed on DCR coastal beaches and designated swimming areas of inland beaches from May 1 through September 15, unless otherwise posted. This rule has been implemented primarily for public safety, public health, or

habitat concerns.

At all times during the year, dog owners are required to clean up after their dogs. Signs are displayed on DCR properties (and elsewhere) admonishing dog owners "Please don't leave your poop behind."

The signs also advise dog owners that "Tossing or leav-It doesn't require a major lifestyle change to bring about ing dog waste in a state park is punishable by a fine of up to \$200." So, for the sake of the environment and your budget, please remember to pick up after your dog because as the sign also says, "Sorry, There Ain't No Poop Fairy!"

Maureen Mazrimas is president of Friends of Wollaston



By MAUREEN MAZRIMAS

Pet waste is hardly a topic that most of us want to discuss in "polite" conversation. However, as residents of a coastal community, it's critical that we are aware of the consequences of careless disposal of – or worse yet – the failure to dispose of pet waste.

Dog waste left on the ground mixes with rain and melted snow and washes into storm drains. The storm drains then empty into the ocean, rivers and streams and carry bacteria and parasites from the pet waste.

In our community, the resulting water pollution has a deleterious effect on shell fishing and other wildlife, as well as limiting recreational opportunities. Swimming in contaminated water can cause serious health problems.

The Neponset River Watershed Association (NepRWA) reports that the "EPA estimates that two or three days" worth

Auto Shop To Open On Washington Street

By SCOTT JACKSON

An automotive repair shop is set to open on Washington Street in Quincy Point.

The Board of License Commissioners on April 20 granted a garage repair license to Triple 5 Motors for the premises at 166 Washington St., most recently home to a Safelite AutoGlass store. The new garage will be open from 8 a.m. to 6 p.m. on weekdays and 9 a.m. to 4 p.m. on Saturdays.

The location on Washington Street will be owner Thosaphol Vivatyukan's second repair shop in the city; the other Triple 5 Motors is located at 555 Southern Artery.

Christopher Harrington,

Vivatyukan's attorney, said the Zoning Board of Appeals had previously granted a special permit for the new location last month. As condition to granting the permit, the ZBA is requiring the new owner to install a fence on the left-hand side of the property line, which abuts a church, he said.

Harrington also noted

that the building has no windows or doors in the rear and the entire interior of the building will be renovated. Vivatyukan will take other steps to minimize the noise that comes from the new garage, his attorney stated. He will install new electric lifts that make less noise than older models, as

Cont'd On Page 11

Quincy Receiving \$10,000 State Grant For Tourism

By SCOTT JACKSON

State officials recently awarded the city of Quincy a \$10,000 grant to promote tourism initiatives.

Gov. Charlie Baker on April 20 announced 59 tourism organizations, chambers of commerce and municipalities would receive a total of \$1.6 million in funding from the Travel and Tourism Recovery Grant Pilot Program. Funds from the program are dedicated to marketing projects that support the My Local MA campaign, enhance tourism recovery, and have the potential to increase non-resident visitation.

"The tourism and hospitality industry is vital to the economic well-being of Massachusetts, Baker said in a statement. "Our administration recognizes the challenges this industry has faced during the pandemic, and these grants will support the commonwealth's recovery by allowing grant recipients to market to their local strengths."

The \$10,000 grant the city of Quincy received is for Discover Quincy's diversity marketing campaign, Baker's office said, "a multi-channel media campaign targeting a diverse audience, embracing African American and Latino communities, and includes radio commercials, video,

website banner advertising, and social media."

Sen. John Keenan, a Quincy Democrat, said the goal of the grant program is to promote local tourism efforts.

"The purpose of the grants is to promote tourism and Quincy's I think is to particularly kind of look at tourism in a post-pandemic way and to help businesses and so forth with digital technology and social media and things like that," he said in a recent interview.

Keenan said the city cannot use the funds to support a potential ferry service that would connect Squantum Point Park to Boston.

"It is pretty narrowly defined as to what it can be used for," he said of the

Quincy in recent years has partnered with the town of Winthrop to provide ferry service between Squantum Point Park and Boston as well as Winthrop. Quincy officials have said that could serve as a precursor to a state-run ferry out at Squantum Point Park, similar to the MBTA's Hingham ferry.

Keenan said he continues to press for the permanent ferry service but noted the pandemic has slowed those discussions down.

"We continue to push for a ferry out of Squantum Point Park. The pandemic set it back. The ferry in Hingham was one of the first transportation services that was cut. Ridership dropped very quickly, and it was one of the first ones that was reduced," Keenan said.

"All discussion of ferry service and the future just kind of came to a halt."

With ridership on all forms of mass transit down, Keenan said he has told the state's transportation secretary and the general manager of the MBTA that now is the time to figure out how to better serve commuters.

"With public transportation utilization so low, now is the time to figure out the best modes of transportation and as people come back, steer them to what we think is most cost effective for the taxpayers, most efficient for the riders, most reliable for the riders. When you apply that analysis, ferries do pretty well," Keenan said.

"I had conversations with each of them and made that suggestion and asked whether they would be looking at, for instance, traffic data and volume to predict when people would be going back to Boston for work."

As more and more people begin commuting to work again, Keenan said some might decide it is no longer worth it to sit in traf-

fic and opt for public transportation instead. The state, he said, should "determine what mode of transportation we want to see them use that they may have been unaware of before the pandemic and move them toward that mode."

"I think ferries fit into that," Keenan said.

President Joe Biden has

proposed a \$2 trillion infrastructure plan, which still has to make its way through Congress. Keenan was hopeful the final legislation would provide funding to make the Squantum ferry a reality.

"There is a possibility that ferry service from Squantum Point Park could be something that is funded with federal dollars," he

"That is a possibility and we are hopeful that when all that money comes from the federal government for infrastructure, that perhaps it can be used for initiating ferry service out of Squantum Point Park, but we don't know exactly what form that is going to take."

Bank Of Canton To Host 'Savvy Social Security' Planning Zoom Sessions

B.O.C. Financial Services, located at Bank of Canton, is offering two complimentary online Zoom sessions in May, designed to help attendees with Social Security and retirement income decision-making.

The "Savvy Social Security Planning" presentations will take place on Thursday, May 20, from noon to 1 p.m. and again from 6:30 to 7:30

"Social Security is a complex system," said Peter J. Fredericksen, investment executive with B.O.C. Financial Services and Infinex Financial Group. "How we (and our spouses) approach Social Security can have a significant impact on our benefits and our household income in retirement."

Titled Savvy Social Security Planning, the presentation will provide attendees with tips and strategies



PETER FREDERICKSEN

for maximizing their Social Security benefits and retirement income. Calculation formulas, amounts, and spousal and survivor benefits will be covered, along with any questions from at-

"My goal with these sessions is to demystify the Social Security filing process, explain the different acronyms and benefits formulas and illustrate what the different choices and outcomes are for people in various

financial situations," Fredericksen said.

The online sessions are free and open to the public. Login details will be provided to those who RSVP.

To RSVP and for additional information, call 781-830-6152

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Auto Shop To Open On Washington Street

Cont'd From Page 10

well as a quiet air compressor, and he will mostly use electric tools rather than airpowered ones.

"There will not be any kind of disturbance or nuisance to the people who live near the shop," Harrington said.

City Clerk Nicole Crispo, the chairperson of the licensing board, thanked Vivatyukan for taking steps to mitigate noise and following the ZBA's conditions.

"We appreciate the busiess owner for following the guidelines here," she said.

Vivatyukan did not seek

permission from the board to sell used cars at the Washington Street location. Harrington said he does not currently plan to do so.

In other business on April 20, the Board of License Commissioners granted The Fowler House, 1049 Hancock St., a license for outdoor entertainment for its 40th anniversary celebra-

The event is slated for May 1 with a rain date of May 2. A band will perform on site from 1 to 7 p.m. that day, and the restaurant will follow all applicable state guidelines in place as of that

William Rizzotti, The Fowler House's owner, said the event would also serve as a fundraiser for Wreaths Across America.

The board also granted Rizzotti permission to offer outdoor entertainment on the restaurant's patio on three dates in May - May 5, May 12 and May 16 - as test dates to determine if The Fowler House should get permanent license for outdoor entertainment.

In other action, the board granted Quincy Shore Gulf, 665 Quincy Shore Dr., a license to sell pre-packaged food on site.

Affordable Housing Lottery The Finn Building 1431 Hancock Street, Quincy, MA

Four Studios @ \$1,334*, Eighteen 1BRs @ \$1,409*

*Rents subject to change. Tenants will be responsible for electricity (cooking, heating, general). Sewer, water, and hot water are included in the rent. This community is smoke free. Pets not permitted. Street parking available.

The Finn Building consists of 22 affordable housing units that will be rented at affordable prices to households with incomes at or below 80% of the area median income. Each unit will be newly built consisting of brand new appliances, LVT floors, quartz or granite counter tops, and tiled bathrooms with full shower and tub units. In addition, there will be central heating and air systems for each individual apartment. The building is elevated and fully sprinklered, with each floor having a washer and dryer laundry room and all lock systems will be on faub keys with full intercom in each apartment. The property is located in downtown Quincy one block from Redline Train station with on-street parking and a covered parking garage across the street.

MAXIMUM Household Income Limits: \$70,750 (1 person), \$80,850 (2 people), \$90,950 (3 people)

A Public Info Session will be held on May 24th, 2021 at 6:00 pm via YouTube livestream and Conference Call. The YouTube link is https://youtu.be/FHjsdZs4e60 (or just search for SEB Housing). The Conference Call number is (425) 436-6200. Code: 862627

Completed Applications and Required Income Documentation must be delivered, or postmarked, by 2 pm on June 25th, 2021. Applications postmarked by the deadline must be received no later than 5 business days from the deadline.

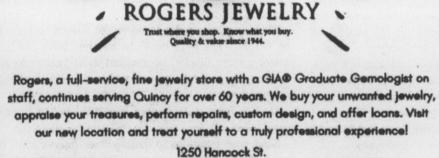
The Lottery for eligible households will be held on July 7th, 2021 at 6 pm

For Lottery Information and Applications, or for reasonable accommodations for persons with disabilities, go to www.sebhousing.com or call (617) 782-6900x1 and leave a message or postal mail SEB Housing, 257 Hillside Ave, Needham MA 02494. For TTY Services dial 711. Free translation available. Traducción gratuita disponible. 提供免费翻译









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Real Estate

Quincy Real Estate Transactions April 20 - April 23

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

150 Hancock Street Realty LLC Samir & Reshma Randive Oak Grove Terrace LLC Dona M. Blunt Michael Parsons Bruce & Thuy H. Ngo 150 Hancock Street Realty LLC Rivers End Realty Group LLC Oak Grove Terrace LLC Roberto O. Toscanini & Theresa A. Cyr 133-135 Hancock Street LLC Flyhomes Investments MA LLC Travis M. White Lauren Loschiavo DiNardo Realty Trust, Pizzi Family Irrevocable Trust &

BUYER	AMOUNT
Gary Coholan	\$630,000.0
Deepak Kumar	\$268,000.0
Minjian Liu	\$720,000.0
Kelly S. Luo & Hui P. Lin	\$293,000.0
Catherine Allard	\$410,000.0
Siu Lung Chan	\$330,500.0
Song Liu & Joy X. Na	\$625,000.0
Muoi Dang	\$340,000.0
Ben P. Wong & Kit S. Lam	\$790,000.0
Ken V. Tran	\$650,000.0
Arnold Luk & Thuzar Thein	\$605,000.0
Wenxiang Zhang	\$475,000.0
William F. & Kristen O'Meara	\$370,000.00
Michael Shalosky	\$722,250.00

\$395,000.00

150 Hancock Street, Unit 200 1025 Hancock Street, Unit 6D 11 Oak Grove Terrace, Unit 201 195 Independence Avenue, Unit 120 934 Southern Artery, Unit 215 1 Cityview Lane, Unit 115 150 Hancock Street, Unit 301 230 Willard Street, Unit 408 11 Oak Grove Terrace, Unit 302 132 East Elm Avenue 133-135 Hancock Street, Unit 9 51 Rogers Street 186 Babcock Street 22 Rogers Street

86R Phipps Street

O'Donnell Warns Homeowners About Deed Scam

Joseph Scribi

Register of Deeds William P. O'Donnell reminds Norfolk County residents to disregard a direct mail solicitation offering them a certified copy of their property deed for a fee of anywhere from \$59.50 to \$95.

Ronald DiNardo Revocable Trust

"For the past several years, a California company has been preying on unsuspecting homeowners by sending a direct mail solicitation asking them to send a check for \$95 in order to receive a copy of their deed," O'Donnell said. "If a consumer knew that they could print a non-certified copy of their deed for free from our website www.norfolkdeeds.org or obtain a certified copy of their deed for a charge of only \$1 per page plus an additional \$1 for postage, they would never residents, many of whom

agree to pay such an outrageous fee for service. The average price for a mailed homeowner's certified deed copy by the Registry (usually two pages) is \$3."

"These solicitations," noted O'Donnell, "are labeled Recorded Deed Notice and request that the homeowner forward a check in the amount of \$95 for a copy of their deed. The Registry has been contacted by multiple individuals who have received this solicitation. Please do not fall for this scam."

O'Donnell added:

"While the deed direct mail solicitation may be legal, it is by no means ethical. Clearly, this is a scam being perpetrated against hard working Norfolk County are first-time homeowners or elderly. Consumers are interpreting these notices as a bill, since they are affixed with a due date. I once again urge in the strongest terms that Norfolk County citizens not let themselves fall victim to these types of misleading deed scam advertisements."

If you receive such a deed solicitation notice, contact the Registry's Customer Service Center immediately at (781) 461-6101 or by email at registerodonnell@ norfolkdeeds.org. Additionally, if you desire a certified copy of your own deed, also contact the Customer Service Center and they will be glad to provide you with one for a nominal fee of usually \$2 to \$3.

To learn more about

these and other Registry of Deeds events and initiatives, like us at facebook/com/ NorfolkDeeds or follow us on twitter.com/Norfolk-Deeds and Instagram.com/ NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www. norfolkdeeds.org.

Residents in need of assistance can call (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

Let Your Wardrobe Inspire Your Décor

Ask Barbara Graceffa: 'Secretary Of The Interior'

I would like to update my living room. I've been saving magazine clippings, watching home shows, perusing online showrooms ... but can't decide on a direction or style. Any other ideas? Molly

Open your closet doors for inspiration!

I recently saw a webinar on just this topic. The decorator suggested you pull together a few of your favorite outfits – including clothing, shoes, jewelry and any other accessories like scarves, belts, and hats. Lay them out on your bed and look for commonalities.

What cues do your wardrobe present about your overall style? Is it formal or casual? Classic and traditional? Relaxed and sporty? Is there a strong feminine flair to your clothes? Trendy? Vintage, boho and artsy? Or even grunge, punk, or urban cool?

Do you see any colors or color values like a preference for light, darks, or brights appear? Have you chosen garments with a recurring pattern like florals, stripes, plaids, herringbone, paisley, etc.? Do the fabrics or accessories have any texture to them like a fringe bottom on your wool sweater or a lacy camisole peeking out under your blouse? Are you seeing any similarities in the structure of your pieces – are they loose or form-fitting?

Is your closet full of comfortable cotton sweatshirts and jeans or glamourous silk dresses? Did you choose a leather jacket as one of your favs? Is your jewelry made of shiny or understated materials? Are your wardrobe staples monochromatic but you add pops of color with an orange shawl or red boots?

Say you see a pattern of casual clothes, predominantly neutral but with pops of color in a blue leather pocketbook and headband, a bit of glam in your oversized silver necklace, and a preponderance to layer fabrics. Of course, you don't need to be literal in translating your wardrobe style to your decor but it should provide you with ample guidance. So, consider this plan. Buy a beige leather sofa with rounded arms and back, a comfortable faux fur throw, and a three soft, blue pillows to adorn it. Lay down a blue area rug and a hammered, silver, round coffee table on it. I think you get the picture.

There is great overlap between the fashion and decorating worlds. They have the same building blocks of color, pattern, texture, fabrics, comfort and style. That's why fashion designers Ralph Lauren also create bedding, wallpaper,

Do you have a decorating problem needing a professional solution?

Send your questions to barbara@sec-interior.com. Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy, offering creative solutions at reasonable rates.

Learn more at www.sec-interior.com and follow her on Facebook and Instagram @secretaryinteriordecorating. You can reach her at 617-921-6033.

SBA Launches Supplemental Targeted Advance For Small Businesses Hardest Hit By COVID-19

jury Disaster Loan (EIDL) assistance - called Supplemental Targeted Advances - on April 22, 2021 that will provide \$5 billion in additional assistance to 1 million small businesses and nonprofit organizations that have been most severely af-

The U.S. Small Business fected by the economic ef- COVID-19 pandemic, and all disaster loans, including new round of Economic In- demic. The Supplemental Targeted Advance program is the latest SBA relief program to launch as part of the American Rescue Plan Act on March 11, 2021.

> "Many of our nation's small businesses are still struggling to recover from the economic impact of the

Administration launched a fects of the COVID-19 pan- we've found that the small- COVID-19 EIDLs, until ity of which are minorityowned -- are hurting the most. The SBA's Supplemental Targeted Advance program aims to reach those businesses with 10 employees or less who need our help today," said SBA Administrator Isabella Casillas

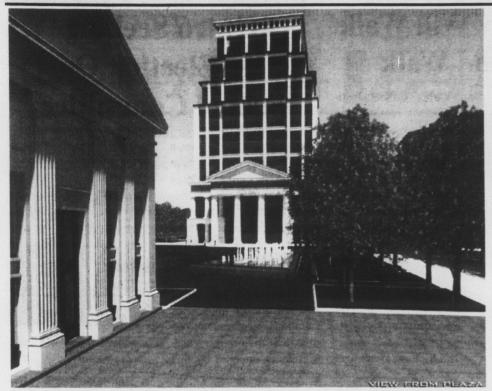
> This additional relief to the smallest and hardest hit businesses builds on Administrator Guzman's April 6 action to significantly increase the maximum loan amounts for CO-VID-19 EIDL assistance from 6 months of working capital with a maximum of \$150,000 up to 24 months of working capital and a maximum of \$500,000. SBA also announced on March 12 that the agency would extend deferment periods for

est businesses -- the major- 2022 to provide more time for businesses to build back. Effective April 22, the

SBA modified the Targeted EIDL Advance application process to determine if businesses also qualify for the additional \$5,000 Supplemental Targeted Advance. SBA will contact eligible business entities to apply and applications will be processed on a first-come, firstserved basis. To qualify for the Supplemental Targeted Advance, an eligible business entity must be in a lowincome community, suffered greater than 50 percent economic loss, and have 10 or fewer employees.

For details about the Targeted EIDL Advance and Supplemental Targeted Advance program, visit SBA. gov/eidl.

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NEW MUNICIPAL BUILDING would be located across the Hancock-Adams Common from the McIntyre Government Center also known as Old City Hall (foreground). The entrance to the new building pictured here would serve the municipal offices in the building - Quincy College would be served by two separate entrances. This entrance's design was inspired by the Renderings Courtesy City of Quincy nearby United First Parish Church.

Councillors Question Plans For New College Building

Cont'd From Page 1

funds would include \$15 million to acquire the Munroe Building and the parking lot at 1177 Hancock St., \$6 million to relocate the tenants of the Munroe Building, and \$2 million for consultant services, including an owner's project manager and architect.

The cost to construct the building itself is expected to top \$100 million, a consultant for the city said Monday.

The council's finance committee, a committee of the whole, began its review of the initial \$23 million ask Monday night. The committee deliberated the bond for three and a half hours but did not vote on the matter. Ward 1 Councillor David McCarthy, the chairman of the committee, said he could hold at least two more meetings on the proposal in the coming weeks.

Quincy College currently operates primarily out of leased space at Presidents Place, an office building located across Hancock Street from the Munroe Building. Koch has said finding a new home for the school, one where it would no longer needs to rent space from a private landlord, is key to its long-term future.

"A permanent home for Ouincy College will end decades of nomadic status, wondering where the institution will be next," college president Richard DeCristofaro said at Monday's meeting, before listing all the buildings the college has used in the past.

"Through all of these transitions, our municipal college, Quincy College, has endured."

The college's enrollment has decreased in recent years, according to infor-

mation that DeCristofaro provided to councillors. The school served more than 8,000 students in both fiscal years 2017 and 2018, which dropped to 6,169 in fiscal year 2019 and 5,807 in fiscal year 2020.

The share of students the college serves at its Quincy campus has also fallen. The school served more than two-thirds of its students at the Quincy campus in fiscal years 2017 and 2018, compared to 55 percent in FY20. At the same time, the share of students it has served online grew from 11 percent in FY17 to 30 percent in FY20.

DeCristofaro, the longtime former superintendent of the Quincy Public Schools, said the college is working to bolster its ties to the school system so more Quincy students enroll in the college. The college is also looking to do the same in other South Shore communities, including Plymouth, where the school operates a second campus.

The college has taken steps in recent years to balance its budget, DeCristofaro said. The college nearly broke even in FY20, he said, after facing an initial deficit of \$1.8 million. The school projects to end the current fiscal year, FY21, with a surplus of \$800,000.

DeCristofaro said the school consolidated space at Presidents Place to help save money on rent. Going forward, he said rent would "continue to escalate and take away from important student and faculty servic-

Paul Hines, the city's commissioner of public buildings, said the glass city hall annex building opened in the late 1970s. In the decades since, Hines said minimal accessibility upgrades have been made to the building along with some replacement of interior finishes and partitioning of larger spaces into individual offices.

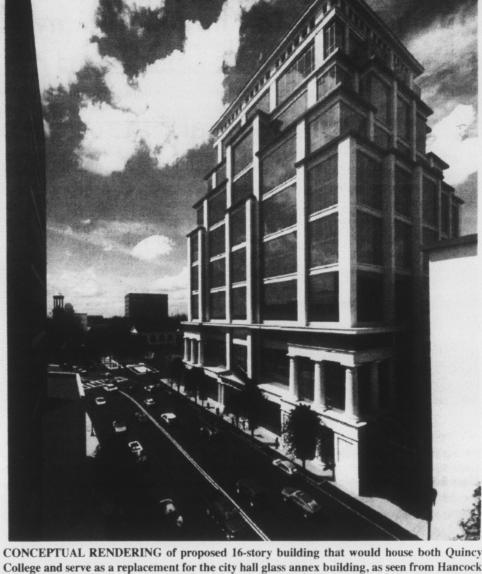
"With the exception of that, there has been literally no maintenance to this building," he said.

The building does not meet the requirements of the Americans with Disabilities Act, Hines stated, and lacks a fire suppression system. The HVAC system is failing and provides no ventilation, the electrical system is maxed out and cannot support additional capacity, and the glass façade is in need of repair, among other issues.

To correct those issues, Hines said the city would have to spend somewhere between \$17.5 and \$18.2 million, not including the cost to abate hazardous materials, install a temporary HVAC system while the existing system is upgraded and temporarily relocate employees.

The proposed new building would stand 16 stories tall and include 205,000 gross square feet of space. Of that total, 145,000 gross square feet would be for the college and 60,000 gross square feet for municipal offices, including those currently in the annex building as well as the Planning Department, which now operates out of the Coddington Building. The Health and Veterans' Services Department could possibly move there as well

The building would have three entrances. The entrances for Quincy College would be on Hancock Street and in the rear of the building, facing the MBTA station. The entrance to the municipal offices would be on the side of the building



Street. The building would be located on the site of the Munroe Building. Its design was inspired by the Granite Trust Building, said Joseph Shea, a consultant for the city.

facing the Hancock-Adams Common.

While the designs for the new building are not yet complete, it is expected to cost \$100 million to construct, according to Joseph Shea, an engineer with Granite City Partners.

"A building of the magnitude that you see, a 200,000-square-foot tower in the downtown, is a \$100 million building," he said. "It is definitely a nine-digitplus type of building."

If the council approves purchasing the Munroe Building and the nearby parking lot, Shea said the city would take title to those properties within 30 days. The current tenants of the Munroe Building would have 12 months to relocate from when the city takes title to the building.

If the council were to approve the \$23 million bond began even before the pan-students. We don't know if before the end of June, Shea said schematic design for the new building could be finalized by the fall of 2022, at which time it would be presented to councillors for approval. Construction of the new building could commence in early 2023 and it would be ready to open in time for the 2026-27 academic year.

During Monday's meeting, several councillors questioned the concept of building a new home for the college.

Councillor Anne Mahoney said the college's budget has been "artificially deflated" during this fiscal year and the previous one because the school is no longer reimbursing the city for its share of health insurance costs, about a \$2 million annual expense. She suggested it might be time to have the college operate independent

"This may be more appropriately solved if the Quincy College board was to go to the state maybe and ask to be part of the community college plan," Mahoney said. "The taxpayers are being asked to fund a college...we are the only municipal college and that is a concern of mine."

Ward 3 Councillor Ian Cain asked why the administration would seek to take the Munroe Building for such a purpose, because doing so would remove it from the city's tax roll and would stop it from being redeveloped by a private entity. He also noted that more and more students are taking classes online, a trend that demic forced many schools to move away from in-person classes at least temporarily.

"If we say no to this building, it is not Quincy College's demise," Cain said. "[The question] is how do we reposition Quincy College for its success and that to me would include finding resources that are not necessarily bonded numbers to buy valuable real estate in the downtown on speculation."

Ward 5 Councillor Charles Phelan Jr. said he saw the benefit the college can provide to its students but said he and his colleagues need to consider its impact on taxpayers.

"Everyone has utilized it and it is a unique thing

for the city, but I think we also have to weigh what the cost-benefits are and what it is going to be on the taxpayers," Phelan said. "That is something we have to work

Phelan also said councillors should be getting regular updates on the school, rather than having to learn what is happening there from the press. DeCristofaro said he would be willing to provide such updates.

Councillor Noel DiBona said much could change between now and 2026, when the building could open.

"We don't know if other pandemics are going to come down the line. We don't know if we're going to have a recession in the middle of this build out. We don't know if other colleges will be more competitive and take Quincy College

Cont'd On Page 19



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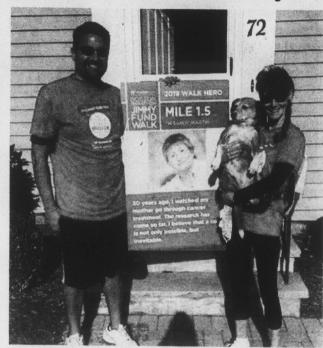
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Motivated By Family, Brian Willinsky Will Walk Their Way In The 2021 Jimmy Fund Walk

Quincy resident, Brian Willinsky, joined the Boston Marathon® Jimmy Fund Walk presented by Hyundai to honor his mother, who passed away from ovarian cancer in 2013 after a courageous, 9-year battle. Brian was motivated to join the walk after realizing that ovarian cancer does not discriminate; it can strike any woman of any age and is often identified in the late stages when little can be done. This year will be Brian's 17th walk.

Since 2004, Brian has pledged to fundraise for and participate in the event for as long as he is able. In 2005, Brian teamed up with his current co-captain, Ellen Caliendo, to form the Ovarian Cancer Brigade. Ellen has been walking in honor of her best friend, who she lost to the same disease. This year, Brian and Ellen will walk 30 miles to commemorate Ellen's 30th year of participating in the Walk.

The Ovarian Cancer Brigade typically has 30-50 walkers on their team per year and recently reached



QUINCY RESIDENT Brian Willinsky will take part in this year's Boston Marathon Jimmy Fund Walk. He is shown here at a past walk with team co captain, Ellen Caliendo of Natick.

the \$500,000 fundraising mark, but refuse to stop there and are well on their way to raising \$1 million for the Dr. Ursula Matulonis Ovarian Cancer Research Fund at Dana-Farber.

This year, participants will be encouraged to "Walk Your Way" from where ever they are most comfort-

tain, Ellen Caliendo of Natick.

Courtesy Photo

able—whether that be from their neighborhood, favorite trail, or from a treadmill in their own home. The Walk will continue to unite the community to raise funds for the Jimmy Fund to support all forms of adult and pediatric patient care and

cancer research at the na-

tion's premier cancer center,

Dana-Farber Cancer Institute. Whether participating for themselves, loved ones, neighbors, or co-workers, each walker shares a common purpose: to support breakthroughs that will benefit cancer patients around the world.

Anyone interested in additional information can reference the Jimmy Fund Walk: Your Way frequently asked questions or can send an email to JimmyFund-Walk@DFCI.Harvard.edu. The Jimmy Fund Walk has raised more than \$150 million for Dana-Farber Cancer Institute in its 30+ year history.

To register for the Walk (#JimmyFundWalk) or to support a walker, visit www. JimmyFundWalk.org or call (866) 531-9255. This year's event will have a lower fundraising requirement, \$100 for adults and \$25 for those under 18, with a \$5 registration fee. All registered walkers will receive a bib and medal and the first 5,000 to register will receive a commemorative Jimmy Fund Walk T-shirt.

Gutro Seeking Re-Election On School Committee

Pledging a focus on a safe return to in-person learning, social emotional health, and student achievement, School Committeeman Doug Gutro announces his candidacy for re-election to the Quincy School Committee.

"The social emotional and educational impacts of isolation, increased screen time, and the on-line learning model imposed by this pandemic has posed unprecedented challenges for both students, parents, and teachers not just here in Quincy, but across the globe," said Gutro. "As a father of two boys in the Quincy Public School System, I have witnessed first-hand the difficulties and small victories that have been part of remote learning. The resiliency of QPS students, teachers and staff inspire me every day. The School Committee must support a bridge back to normalcy, assess the impacts of the past year, provide support systems, and identify 'Covid Keepers' - educational models that didn't exist prior to COVID 19 that may have value in our school system moving forward."

Gutro cited several School Committee accomplishments during the past four years:

- Creation of a digital literacy curriculum
- Solicited community input on Special Education Center design plans
- Invested in school safety features
- Established an Equity, Diversity, and Inclusion subcommittee
- Bolstered Career and Tech issues
- Doubled the number of dual enrollment programs
- Navigated the first superintendent search in 20
- Launched a new QPS website

COVID related:

- Solicited significant community input on COV-ID 19 re-opening plans
- Made significant technology infrastructure upgrades investments
- Delivered Chrome Books for every student who needed one
- Continued a grab and go meal program during COVID so that QPS families could continue to put food on the table
- Worked with the mayor and superintendent to ensure no QPS staff member was furloughed or laid off during COVID.
- Supported substantial summer program offerings



DOUG GUTRO

for students of all ages

"I'm honored to serve on a School Committee that puts the interests of students, teachers, and families first," said Gutro, "We've managed to increase our investment in public education while neighboring communities struggle to keep up. That is why Quincy remains such a coveted place to raise a family."

Gutro served five terms as Ward 5 city councillor, representing the neighborhoods of Wollaston and Quincy Center. He served two terms as a councillor-atlarge. He was voted by his peers to serve as City Council President in 2006-2007. He chaired many council committees during his tenure including committees on Education, Downtown & Economic Development, and Veterans Affairs.

Gutro has a long history of civic involvement in Quincy. He served as president of the Ward 5 Community Association and Wollaston Beach Task Force. He served as a member of the Board of Directors for DOVE (Domestic Violence Ended) and Quincy Beaches and Coastal Commission. He is the founder of the Friends of Wollaston Beach, who advocate for events and amenities.

Gutro is the director of Public Affairs for the U.S. Environmental Protection Agency's New England office, where he manages programs on environmental education and children's health, media and government relations, and community involvement.

Since 1999, Doug has served as an Adjunct Faculty member for Suffolk University teaching graduate and undergraduate courses in local government, environmental policy and administration, and public service communication.

This spring, Doug's son Brian will graduate from Quincy High School. His son Scott is currently a Junior at North Quincy High School. Both boys attended Central Middle School and Beechwood Knoll School.



Downtown Construction Activities Proposed work activities for the week of April 25th, 2021





- The contractor at the Generals Bridge project will continue installing new rebar cages along the existing concrete wall at the MBTA tracks along Thomas Burgin Parkway.
- The contractor at the General Dunford Drive project will finish installing new street signage, installing new trash receptacles, and finish waterproofing sidewalks.
- At the McConville Way project the contractor will continue construction of the north and south streetscape aside the new roadway. The streetscape work includes the continued installation of trees within the planter curbs, install wooden benches, radius granite blocks, brick pavers, irrigation and waterproofing at sidewalks. At the future pocket parks, the contractor will continue installing park granite curbing, park pavers, park trees, granite blocks at future water feature and new sod. The contractor will install new fencing within the median of Granite St. Lastly, the contractor will be removing and replacing the existing concrete sidewalk at the corner of the Hancock St and Cliveden St. There will be a temporary pedestrian detour adjacent to the work area between temporary fencing and jersey barriers. Pedestrians should use caution when using the temporary ramp from the sidewalk to the walkway area. This detour will be in place for the next few weeks.
- The demolition of the 100 Parking Way building will continue this week. Temporary fencing remains in place around the building during construction. There remains no parking along McConville Way and Parkingway.

Contact Patrick McCarthy for construction question's at: 781-264-4646 or email at: pmccarthy@woodardcurran.com

FY'22 Budget **Unveiled Next Week**

Cont'd From Page 1

hold the line," Koch said of the FY22 budget.

"We can always go back and adjust, but I have got to make some assumptions going in. For example, that the City Council will look favorably on the pension obligation bonds, because that is going to have a big implication on the revenue and expenditure of the new fiscal year. That is obviously going to be a help to the city budget going forward.

"As I've said before, the health insurance, retirement costs, you get those first and then, 'OK, what other fixed costs are going up,' whether it is energy or that type of stuff. Then you start figuring from there."

Koch also noted all of the city's contracts with the unions who represent municipal workers have expired in the past year.

"All the contracts are up. We are getting more serious in negotiations, but the pandemic kind of just pushed a lot of things off," he said.

Despite the financial uncertainty the pandemic has caused for many cities and towns, Koch said there

Samuel Hwang Golden Key **Honor Society** At Emerson

Samuel Hwang of Quincy, a student at Emerson College, is among the 2021 Gold Key Honor Society Inductees for the academic year 2020-2021.

The Gold Key Honor Society is an interdisciplinary organization founded at Emerson College in 1962 in order to recognize and encourage outstanding academic achievement.

Hwang is pursuing a major in creative writing BFA and is a member of the Emerson College Class of 2023.

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would be no layoffs in the new fiscal year.

"I can say that with certainty," he said.

The mayor said new positions are also unlikely.

"I don't think there will be a whole lot of change, you know, depending on some of the federal money coming in and how that is geared," Koch said.

"For example, we are looking at a robust summer school program in the schools this year, which is going to cost some money. I think I can spend some federal money on that. I think that will be mostly existing personnel working extra. I don't know if that would include any new bodies or not - I'm not sure off the top of my head.

"There might be a little tweaking here or there, but generally speaking it should be pretty stable."



THE ARTWORK of artist Nathalie Fitzgerald will be on virtual display May 1 through June 30 at the Milton Public Library. Fitzgerald, a Milton native, attended Providence College and studied visual arts with a concentration in painting. She received her master's degree in education from Fitchburg State University, and currently works as a high school art teacher on the South Shore. Now living in Dorchester, Fitzgerald said she hopes that she inspires in her students a passion for art through creative experiences. In her free time she works with clients to take on small and large painting commissions, and her preferred medium is oils. This online display at the Milton Public Library website (www.miltonlibrary.org) will show Nathalie's lovely work, which includes scenes of flowers and gardens, landscapes, city streets, architecture, and much more. For more information about displaying your art at the Milton Public Library, email jhlady@ocln.org or call (617) 898-4964. The library also invites the public to view all of its virtual exhibits - both current and past - by going to this link: https://miltonlibrary.libguides.com/art.

Maria Droste Counseling Services Fundraiser Thursday

Maria Droste Counseling Services is dedicating its annual fundraising event in memory of Stephen P. Des-Roche, a longtime Board Member and supporter.

On Jan. 24, Steve's life was cut short due to comsurrounding plications COVID-19. The agency mourns his loss along with his family, the entire City of Quincy, where his business, Neponset Valley Survey Associates is located, and the town of Milton where Steve resided with his beloved family.

Steve was a truly compassionate human who had love for all people. He was a quiet soul, often referred to at MDCS as "our gentle giant" who had a smile



STEPHEN P. DESROCHE

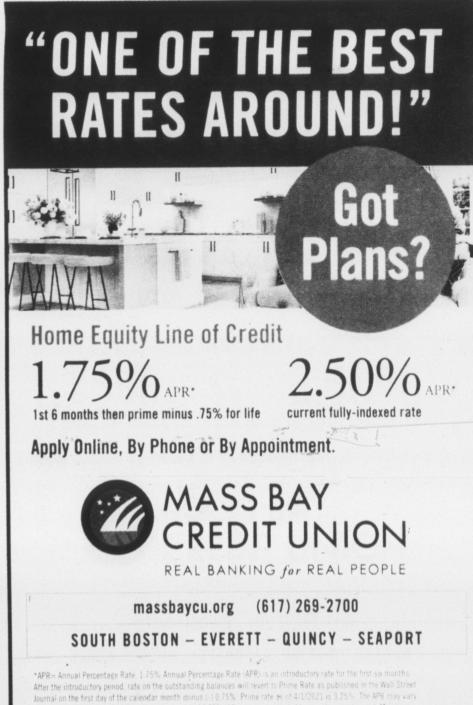
that made anyone feel they were of value. His daughter, Laura Anderson will speak to Steve's longtime commitment and dedication to their work. His compassion and zeal for MDCS's mission was clearly evident as he loved to strut his stuff down the runway every year for their annual fashion show held at The Lantana.

together.

If you would like to honor Steve's legacy, join the celebration on April 29 at the virtual livestream event,

which brought many people MASKerade for Mental Health hosted by Quincy Access Television. Tickets can be purchased through the virtual platform: https:// bidpal.net/mdcs2021

For more information. email Stacey Campbell at stacev@mariadrostecounseling.com or visit the agency website at mariadroste counseling.com.



monthly. Minimum rate 2,50% and maximum rate 18,00%, 10 year draw period. 15 year repayment period. Minimum

\$10,000 draw at closing and \$1,000 advances thereafter 80% combined LTV to \$200,000 (</=70% LTV \$300,000

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Hundreds Volunteer For Neponset River Spring Cleanup

Despite cold and wet kiddie pool, 1 car battery, 4 weather conditions April 17, more than 400 volunteers spread out across 16 different locations in Canton, Dedham, Dorchester, Hyde Park, Mattapan, Milton, Norwood, and Quincy to help clean up trash and debris along the Neponset River, parks, and trails.

Managed by dedicated site captains and community leaders, the volunteers collected more than 28 tons of trash in just a 3-hour period. A great deal of thanks goes to the many volunteers who gave up their Saturday morning to lend a hand and help improve their commu-

Some of the debris collected included 548 trash bags of litter (bottles, cans, food packaging, plastics, etc.), 300+ nip bottles, 29 tires, 38 hypodermic needles, 4 carpets/area rugs, parts, 2 plastic shopping ing up trash and caring for baskets, the base of a light their environment and their post, 1 tent, 28 large pieces community even though it of Styrofoam, 2 docks, 3 was 40 degrees out and rainbuoys, 5 bags of invasive ing; it was awesome!" plants, 2 bags of sand, 1 couch frame, 1 small en- partners, the MA Departgine block, 1 gas-powered ment of Conservation and leaf blower engine, 1 mo- Recreation (DCR), Clean bile basketball backboard/ Up Boston, Dorchester pole/stand, 12 feet of barbed Running Club, East River wire, I backyard inflatable Neighborhood Association,

shovels, 4 pairs of sneakers, 1 baseball diamond home plate, 2 shopping carts, 28ft of steel pipe, 5 trash bags of driftwood, 1 baseball bat, 1 plastic lawn chair, 1 folding chair, 1 pool cover, 1 tripod, 1 blanket, 1 basketball, 1 soccer ball, 2 trash barrels, 1 broom handle, 1 broom with no handle, 4 car mats, 2 milk crates, 1 stuffed animal, 2 empty paint cans, 1 suitcase, 4 plastic gallon bottles, 1 winter coat, multiple cinder blocks, 1 metal bed frame, 1 pair rubber boots, multiple shoes, 1 vacuum cleaner, 1 metal train rail, many ropes, 1 TV cathode tube.

The Neponset River Watershed Association's Environmental Science Fellow and event coordinator, Declan Devine, was pleased with the results. "The enthusiasm and motivation of our volunteers never ceases to 1 refrigerator door, 6 car amaze me. They were pick-

Special thanks to cleanup



Edgewater Neighborhood Association, Friends of the Boston Harbor Walk, Keep Hyde Park Beautiful, Milton DPW, Milton High School Earth Club, Norwood DPW, Norwood Trails Committee, Quincy DPW, Quincycles, and Quincy Asian Resources INC. (QARI) Youth Ser-

Thanks to the photographers who captured the event, Alec Aman, Sarah Brooks, Hannah Carlson, Ellen Curran, Joe Greeley, Carole Mooney, Tom Palmer, and Lara Saavedra.

And finally, a big thank you to the cleanup sponsors, ENE Systems, Budget Dumpster, Roche Brothers, GZA, Fruit Center Marketplace, Rockland Trust, Fuss & O'Neill, and South Shore

munity Health Center

Photos of the Nepon-

found at www.neponset.org/ springcleanup2021.

Two of the photos appear with this story.



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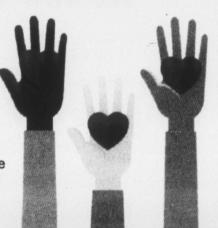
Make your appointment today or learn more at www.manetchc.org.



Volunteer with us!

We are seeking volunteers to assist at our Community Vaccine Clinic at 180 Old Colony Ave. in Quincy. A variety of hours available.

Clinical and non-clinical volunteers welcome. For more information, please email aobrien@manetchc.org.



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Memorial Day, Flag Day **Events Planned**

Cont'd From Page 17

Merrymount Parkway in observance of Flag Day, with no fireworks in the evening.

Mayor Thomas Koch, in a recent interview, said planning for both events this year remains underway.

"We're still trying to figure it out. I think we will do something for each of them," he said when asked about the two upcoming holidays.

"At this point, Memorial Day will probably be leaned down like it was last year. Flag Day is getting further into the better weather. We will probably do some kind of a parade but maybe not have anything at the field where people are all bunched together. We're trying to figure it out right

The mayor said a parade

on Memorial Day is unlikely but has not been ruled out.

"It hasn't been finalized," Koch said. "It is definitely going to be scaled down, so it is probably not going to be parade – probably a simple program at the cemetery similar to last year."

Fireworks remain a possibility for Flag Day, he

"Maybe the fireworks are in the bay or something," the mayor said. "We're trying to figure it out - trying to spread people out. That is the concern, right, everyone being so close together in the environment. Hopefully by the summertime this will be in a better place."

Last year's high school graduations were moved to July from June, and two ceremonies were held for Quincy High School because of

the size of its graduating

Koch said this year's graduations should take place in June as originally scheduled - Quincy High's ceremony is presently slated for June 7 followed by North Quincy High's the following evening.

The mayor said, however, that both schools might need to split their senior classes in two and hold a pair of graduations, because current state guidelines for graduation require six feet of spacing. Koch said he has asked Lt. Gov. Karyn Polito whether the minimum spacing could be changed to three feet, the minimum distance the state requires inside classrooms, and he is waiting to see if the state will do so.

"In the classroom in the

school we can go three-foot minimum and if you can get more, you can get more. In the guidelines from the department of education, it says minimum six feet at graduation, which makes no sense to me - you're outdoors spread out at the stadium," Koch said. "If we had to do six feet, we might have to do more than one graduation for each high school. To me it is kind of crazy, so we are pushing on that, trying to get a better clarification from the state on it."

"I don't see why we can't do the three-foot rather than six-foot," he added. "People have masks. You are outdoors. It shouldn't be a big deal in my opinion. We will try and keep the program lean as well. We did skinny that down last year."

The mayor said school administrators are also putting together plans for outdoor proms in the coming months.

"As I understand it, they are trying to put together an outdoor venue for both schools," Koch said, adding that he is not involved in that planning.



HOLLY NICHOLS, Instagram, @hnicholsillustration

Author Talk With Holly Nichols Online May 6

Join illustrator and author Holly Nichols on Thursday, May 6 at 7 p.m. as she discusses her debut book, "Modern Fashion Il-

Nichols has created fashionable illustrations and artful campaigns for TRE-Semme, Saks Fifth Avenue, Barney's New York, Neiman Marcus, Disney, Living Proof, and many more. She studio, and straight from the seats of the fashion week and more. She uses her fashengage her audience of Instagram followers in both the fashion and art communities and has turned her artwork into a new how-to book

"Modern Fashion Illustration is a how-to book that offers step-by-step of the art of fashion illustration, and how to promote it in today's world of social media. It also includes a collection of whimsical fashion illustrations by the author, featuring illustrations waiting to be colored in by novices and practiced illustrators alike.

Join on Zoom (meeting creates her work both in her ID 881 6882 9417). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same ion-inspired illustrations to meeting ID to listen to the audio. You may also view the program live on the Thomas Crane Public Library's YouTube channel and on its Facebook page.

170 Students On Second Term **Broad Meadows Honor Roll**

One hundred seventy students are listed on the second term honor roll at Broad Meadows Middle School.

HIGH HONORS

Grade 8: Callathea Alessandro, Marcello A. Barros, Layla A. Belfaid, Charles A. Burnie, Ellarose M. Cary, Edison Chau, Samantha Chen, Aidan Dao, Jack W. Dias, Gianna T. DiBona, Alessandra N. Diruzza, Ciara E. Folan, Dylan J. Gorman, Cemre Gumus, Alyssa J. Hopps, Leaha S. Johns, Emily E. Jones

Joshua P. Kerfien, Oliver J. Levine, Lucia M. McManus, Kelly J. Mei, David M. Mellyn, Sterling D. Moraldo, Brenda Paulina Moran Garcia, Caitlin M. Murphy, Shea N. Nolan, Jillian M. O'Brien, Jack F. Reilly, Luke R. Rheault, Devin

Abigail Saintvil, Gana J. Serena A. Swan, Josalyn G. Vando, Khoi B. Vo, Joshua I. Wakhweya, Matis Xhelepi, Edison Ye, Kevin Zheng, Yinlin Zhu, Zuhra Zuhra.

Grade 7: Isaiah T. Allen, Nathan T. Allen, Richard Cao, Angelica R. Chandler, Ryan J. Cross, Tracy L. Deng, Isabel S. Egan, Vitoria Rosa Ferreira, Emily M. Guerin, Sophia M. Johnston, Maeve B. Kerins, Angel Le.

Joseph M. MacNeil, Nicholas J. Mangino, Caroline A. Mann, Taylor M. Mann, Austin J. McDonnell, Malcolm F. McMorrow, Kethy J. Mei, Destiny F. Monteiro, Lauren K. Murphy, Kendyl L. Nolan, Rachael M. Pavidis, Steven M. Prendushi, Julianna M. Prioli, Dante I. Quintos, Fabrinny S. Santos, Nicole Teng, Paige E. Zaske, Vincent X. Zhao, Tiffany Zheng.

Grade 6: Abbas H. Alzubaidy, Mackenzie E. Anderson, Yaraa R. Barbosa, Bradyn G. Baylis, Carter H. Bishop, Jane L. Capone, Evalyn F. Catrambone, Eric A. Dannerhoj, Filiviano A. Depina, Francesca R. Diaz, P. Costa, Isabella M. Diaz, Erla Floqi.

Patrick T. Hogan, Winnie Huang, Rory F. Kennedy, Max N. Lamonica, Sara E. Leader-Berte, Sophia Liang, Thanh G. Lieu, Bella Lin, Maryanna Lin, Sophie M. Lynch, Evan M. Mondon, Niamh F. O'Neill, Daniel J. Reynolds, Nancy N. Tran, Catherine H. Vlastos, Lila R. Waldron, Melanie M. Zaborowski.

HONORS

Grade 8: Vivian D. Shareef, Patrick R. Stanton, Bentley, Shane R. Brun- Daley, Owen S. Francisdige, Megan M. Caldwell, Silva, Matthew J. Fratolillo, Bishan Chen, Bridget M. Tasi J. Glynn, Jack R. Her-Colleton, Ashley C. Duran, lihy, Shitang Huang, Marvin Ashlinn M. Folan, Madilyn Ian A. Ibardaloza, Vincent P. Glynn, Nathan P. Goff, Nguyen. Jaiden H. Harris.

lina Lin, Regina M. Lorus- E. Perkins, Dolores A. Catherine B. Mulyanga, B. Vo, Karen Y. Zhao.

Salma Oubtrou, Coleman J. Quigley, Aiden M. Santos, Adriana R. Taglieri, Daniel P. Tracey, Antoine N. Trowers, Timothy Z. Wong, Peyton C. Zacharias.

Grade 7: Josephine C. Altavesta, Nicholas G. Baker, Angelina R. Bennett, Benjamin X. Brown, Konrad C. Brown, Bushra Bushra, Sean T. Conroy, Olivia Wyatt D. Drinkwater, Aaron M. Earnest.

Derek C. Haviland, Quincy W. Johnson, Jake W. McKenzie, Anna M. Murphy, Sophia Nguyen, Mary-Katherine O'Connor, Shawn M. Perry, Martin Wang, Emma R. Wood, Youhong Zheng.

Grade 6: Zeinab M. Alkinani, Hadi H. Alzubaidy, Angel P. Brown, Tyler M. Carson, Karson J. Cavin, Yingyin Chen, Gavin J.

Shea P. Pacheco, Sa-Isabel H. Keane, Ange- mantha J. Patten, Andrew so, Kevin Luu, Matthew J. Quintos, Joshua X. Reyes, Manzi, Sandro A. Merone, Chrystelle Saint Cyr, Khang

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Albert Ewing, 18 Years - Marketing

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Sen. Keenan: Police Should Be Involved In Reform Effort

Cont'd From Page 4

"There would be moments, I'm sure, where there would be disagreements between the legislature and government, municipal whoever is pushing for that reform, and law enforcement, but I think both have to be at the table working on it, and I think that was the biggest mistake that was made. They have to be included, but there also has to be acknowledgement that it is time for change as well in law enforcement. I think they are ready to do that, but change is difficult. I have seen it my whole career in every of level government I have been involved in. Change is difficult. Private sector change is difficult.

"Police officers right now are in a very, very difficult situation trying to sort out everything that is going on and trying to sort what their role is on a day-to-day basis, how to best protect and serve people given this very difficult environment.

think the sooner everybody gets to the table and provides clear direction - no matter what that direction might be - I think it would be better for the public and law enforcement.'

Keenan, whose brother, Paul, is the chief of the Quincy Police Department, said the city has an outstanding police department because of its leadership, its officers, and the training they undergo.

"You look at the city of Quincy, and I know my brother is the chief, but I think the city of Quincy has an outstanding police department. Thankfully, we haven't had any incidents like they have in other parts of the country," Keenan

"I credit that to leadership, to training, to the quality of officers that are hired, but what's happened around the country, you realize it is a difficult job and they make split-second decisions. It reinforces that training is ab-

to make sure police departments like Quincy get the best training possible. That they have qualified officers that they hire.

"It's also important - and I don't think it is a real big issue here in Quincy, but we have seen it in other departments – that officers feel comfortable in policing themselves. We've seen it in other departments where that is not the case and there has been some troubling cases of that in the commonwealth. We don't have to go out to Minneapolis to see that. There are real troubling cases here in the comignore them."

Keenan pointed to overtime scandals involving the Massachusetts State Police and Boston Police Department, for example; federal charges have been brought against several officers in both departments. In addition, the chief of police in Methuen, a city of less than 50,000 residents, was put on

solutely critical and we have administrative leave late last year amid a dispute over the \$326,000 in pay he collected in 2019, making him one of the highest paid officers in the country.

"We can't ignore that we have problems in many (police) departments across the Commonwealth," Keenan said. "It is incumbent upon good officers to make sure that those who create those problems are dealt with and that good officers feel comfortable reporting the bad behavior of other officers. That is very, very impor-

"That is not just in cases of excessive force," he monwealth, and we can't added. "That is if someone knows somebody is not working when they should be during the course of their regular shift. That they are not doing what they should be doing during the course of their regular shift and it is a regular pattern. That there, is somebody involved in detail and overtime fraud. It's not just excessive force."

The bill lawmakers ap-

"We can't ignore that we have problems in many (police) departments across the Commonwealth," Sen. John Keenan said. "It is incumbent upon good officers to make sure that those who create those problems are dealt with and that good officers feel comfortable reporting the bad behavior of other officers. That is very, very important."

proved last year should make it easier for law enforcement to police themselves, Keenan said.

"Police have got to police themselves and this I think puts a structure in place that helps that occur and if that happens, there will be less of a need for oversight by the board," he said.

Keenan said some lawmakers on Beacon Hill have brought up the idea of making body cameras mandatory for police statewide. He said he would support such a measure, provided law enforcement had a say in drafting regulations on the use of body cameras.

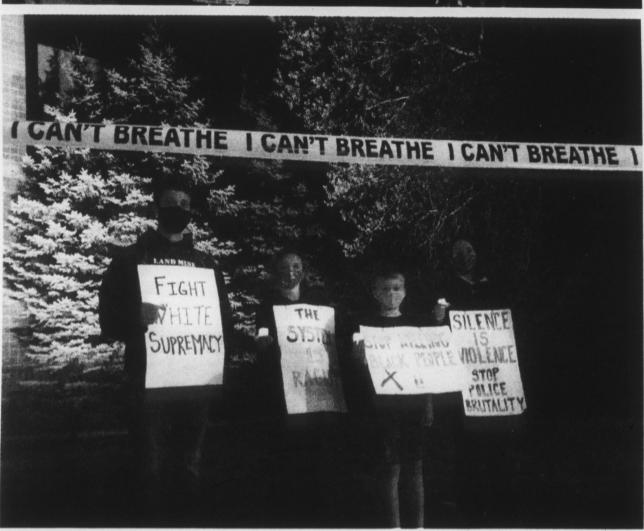
"There has to be precautions in place to respect the difficult role police officers have, particularly when it comes to issues, for instance, of domestic violence and also to protect identity of those involved in those types of situation. Privacy concerns are very important and those have to be protected in the context of the use of bodycams," Keenan said.

"We have to respect that there are some instances as well where an officer may have to use discretion and not have a bodycam on because of that. That would be subject to obviously law enforcement being involved, coming up with the criteria and the guidelines and the rules relative to the use of body cameras.

"But yes, I would support a statewide requirement for the use of body cameras subject to police involvement and expert involvement in determining the parameters of the use of those cameras."

A GROUP OF residents from Quincy and other neighboring communities gathered outside the Quincy Police Department for a candlelight vigil April 24 to honor the memories of victims of police violence. "Despite (April 20th's) historic guilty verdict for George Floyd's murderer, the extrajudicial killings have continued," said Vicki Schow of Quincy for Transformative Change. The vigil was hosted by Quincy for Transformative Change. Photos Courtesy Sue Doherty







Baker-Polito Announce Plans For Continued Reopening

Face Coverings Order To Be Relaxed For Some Outdoor Settings April 30th

The Baker-Polito Administration announced Tuesday that Massachusetts will reopen some outdoor Phase 4, Step 2 industries effective May 10th and put plans in place for further reopening on May 29th and Aug. 1st.

The administration continues to take steps to reopen the Commonwealth's economy with public health metrics continuing to trend in a positive direction. This includes drops in average daily COVID cases and hospitalizations. Massachusetts remains first in the nation for first vaccine doses and total doses administered per capita, among states with more than 5 million people. The administration will also relax the Face Coverings Order for some outdoor settings, effective April 30th.

Phase IV, Step 2 Industries and Gathering Changes:

On March 22, Massachusetts loosened capacity restrictions and advanced to Step 1 of Phase IV of the reopening plan. Since then, case rates dropped by

20%. The positivity rate has dropped to the lowest levels recorded since last summer.

Effective May 10th: Large venues such as indoor and outdoor stadiums, arenas and ballparks currently open as part of Phase 4, Step 1 at 12% will be permitted to increase capacity

The Commonwealth will reopen some outdoor Phase 4, Step 2 industries including amusement parks, theme parks and outdoor water parks that will be permitted to operate at a 50% capacity after submitting safety plans to the Department of Public

Road races and other large, outdoor organized amateur or professional group athletic events will be permitted to take place with staggered starts after submitting safety plans to a local board of health or the

Youth and adult amateur sports tournaments will be allowed for moderate and high risk sports.

Singing will also be per-

mitted indoors with strict distancing requirements at performance venues, restaurants, event venues and other businesses.

Effective May 29th:

Subject to public health and vaccination data, gathering limits will increase to 200 people indoors and 250 people outdoors for event venues, public settings and private settings.

Subject to public health and vaccination data, additional Phase 4, Step 2 industries will be permitted to open including:

 Street festivals, parades and agricultural festivals, at 50% of their previous capacity and after submitting safety plans to the local board of health.

· Bars, beer gardens, breweries, wineries and distilleries, will be subject to restaurant rules with seated service only, a 90-minute limit and no dance floors.

Subject to public health and vaccination data, the restaurant guidance will be updated to eliminate the requirement that food be

served with alcohol and to to continue following best increase the maximum table size to 10.

Effective Aug. 1st:

Subject to public health and vaccination data, remaining industries will be permitted to open including: · Dance clubs, and night-

· Saunas, hot-tubs, steam rooms at fitness centers, health clubs and other facili- require masks indoors.

Indoor water parks

Ball pits

All industry restrictions. will be lifted at that time, and capacity will increase to 100% for all industries, with businesses encouraged practices. The gathering limit will be rescinded.

Depending on vaccine distribution and public health data, the Administration may consider re-evaluating the August 1st date.

The Department of Public Health will also continue to issue guidance as needed, including guidance to still

Face Coverings Order:

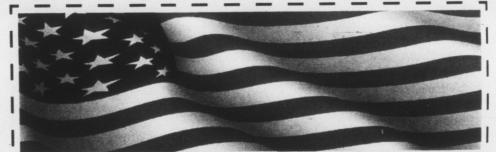
Effective April 30th, the Face Coverings Order will be relaxed for some outdoor settings.

Face coverings will only be required outside in public when it is not possible to socially distance, and at other times required by sectorspecific guidance.

Face coverings will still be required at all times in indoor public places. Face coverings will also continue to be required at all times at events, whether held indoors or outdoors and whether held in a public space or private home, except for when eating or drinking.

At smaller gatherings in private homes, face coverings are recommended but not required. The \$300 fine as an enforcement mechanism will be eliminated.

For more information, visit mass.gov/reopening.



FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program





PHASE 2 Still Available

The Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy is still selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island's main flag pole is sold out but bricks for PHASE 2 are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island I in Fort Square.

Bricks are available for \$50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. I A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

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Line 1: Veteran Name/Rank:_

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Cont'd From Page 13

there are going to be more online classes as technology changes and is more cost-effective for students," DiBona said.

"These are all unforeseen things that we don't know over the timeframe."

DiBona asked if the city would be able to lease out Quincy College's portion of the building to a third-party should the college be unable to occupy the space when the building opens in five

Chris Walker, Koch's chief of staff, said that is topic of discussion for a later date.

"It is an incredibly valid point, councillor. We understand that perspective in its entirety and it makes a lot of sense," Walker said. "I would say that it is a discussion more likely to happen between now and the time we are back before you for the actual buildout budget."

Koch is confident in the school's long-time viability, Walker added.

"We wouldn't be before you...if he didn't believe with everything in his heart that Quincy College is going to be here for a long, long time," Walker said.

"That doesn't mean that doesn't need to be addressed and your concerns be allayed, but he has full faith that this is not about saving the college. This is about preserving the college and expanding the college, giving it the permanence and the security it has never

Remembering WWII Veteran Dean Schaeffer



PROUD WORLD WAR II Marine Corps veteran and longtime Quincy resident Dean Schaeffer shakes hands with Mayor Thomas Koch Nov. 11, 2020 on his 100th birthday during a neighborhood birthday celebration the morning of Veterans Day. More than 100 city leaders, friends and residents of Circuit Road turned out for the memorable birthday celebration. The mayor presented Mr. Schaeffer with a citation proclaiming Nov. 11, 2020 as "Dean Schaeffer Day" in Quincy. Mr. Schaeffer died April 18. His obituary appears on Page 22.

Quincy Sun File Photo/Robert Bosworth

Students On Atlantic Middle School Honor Roll

nine students are listed on the second term honor roll at Atlantic Middle School.

HIGH HONORS

Grade 8: Hussain K. Al-Zubaidy, Mia G. Bozinovski, Lillian E. Carey, Megan C. Carey, Averie E. Carson, Rachel Y. Chan, Thomas K. Chan, Anna X. Chen, Ethan Chen, Henry Chen, Kathley Chen, Maggie Chen, Zeng Shi Hao Chen, Nancy Chieu, Molly M. Colanto-

Erin G. Della Barba, Gabriel S. DeOliveira, Aakanksha S. Deshmukh, Taylor O. Dos Santos, Athena Duong, Liam S. Faherty, Cyro N. Forbeck Da Silva, Esmerelda A. Giordano, Marshall D. Gowell, Zoe K. Grossfeld, Fabiana Y. Guan Wei, Zoey J. Hill, Jason J. Huang, Jonathan Huang, Caitlyn C. Huynh, Keilyn M. Irwin, Sophie Jiang, Riley J. Jolly.

Trisha H. La, Andy Li, Mignon Li, Spencer K. Li, Yu Zheng Li, Allan C. Lin, Alvin Lin, Hayler Lin, Laura Lin, Ren Qiang Lin, Ryan Lin, Triston Lin, Vincent Q. Lin, Austin G. Lio, Charlotte W. Liu, Joey Man, ElMcGovern, Sarah E. McKenna, Isabella D. McKenzie, Joanne Mei, Lucas I. Mota, Liam G. Murphy, Vy V. Nghiem, Kimy E. Ong.

Ruby J. Pan, Anish N. Pandey, Dominic A. Perry, Ruixin Qiu, Maya Rosenthal, Leila Schaareman, Irena Shi, Joyce Wong, Avery F. Wood, Amy Wu, Wen Qian Wu, Ruobin Xiao, Ruiqiong Yan, Jackie C. Ye, Jonwah Yi, Yi N. Yu, Alanah H. Yun, Jenna A. Zarges, Vic H. Zeng, Mikael Zerva, Johnny K. Zhen, Avril Zheng, Joyce Zheng, Xin Zheng, Fiona Zou, Tina Zou, Vicky Y. Zou.

Grade 7: Ana Carolina Arrue Riofrio, Thea C. Bandzak, Nour A. Benajma, Brooke C. Blahut, Regina Caraballo, Johanna M. Castonguay, Michael R. Cavicchi, Benson Chen, Ethan Chen, Fiona Dong Yi N. Chen, Jiaqi Chen, Michelle Chen, Wing Kiu Cheng, Rose M. Crean, Gia N. Dinh:

Jacquelyn G. Ferrara, Nicholas M. Francis, Bertrand Guan, Elizabeth Hoang, Terry Hua, Xi Shi Jalynne M. Isaacs, Haaris A. Khan, Anna Kuang, Nicholas K. Lam, Benjamin Q. Le, Grace Li, Iris J. Li, Cyrus Lin, Nickie Lu, Bai Ying Ma, Hadley R. Mac-Dermott, Sarah Malushi, Kyle M. McDonald, Grace O. McMenamin, Anna M.

Livia A. Ng, Kevin Noti, Markel Noti, Jame M. O'Connell, Jolie Quynh Pham, Henry Puka, Brian Quach, Anna G. Ruggiero, Luniva Shrestha, Giuseppe V. Talarico, Owen T. Tran, Vivian C. Walker, Nicole G. Wong, Katherine Wu, Ruoqi Xu, Jennifer Yang, Alex X. Zhao, Jasmine Zhao, Monica Y. Zhou.

Grade 6: Joseph Addoum, Nicholas A. Ambroult, Mia Y. Blydenburgh, Mason A. Bush, Maggie X. Chen, Sarah S. Chen, Bonnie Ching, Arpon Chowdhury, Delana Dang, Camila N. De Jesus-Suazo, Emily Do, Elana V. Dossantos, Livia Fantin, Nora R. Ganno, Ava B. Geary, Anna K. Greene, Chloe E. Guia.

Xi Yu Huang, Said Jabrayilzade, Tejasvi S. Kal-

len L. Manning, Emma M. Huang, Ami M. Husky, luri, Jaden T. Li, Kelly Lin, son Mei, Rachael M. Merri-Jiayu Mei, Lucy E. Morkan, Valentina G. Pomalaza, Yash Prakash, Isabella K. Roach, Emily Rosenthal, Oliver Tavares, Jada N. Tran, Kayley C. Tsang, Grace C. Warren, Jaiden J. Williams, Chaojun Xu, Elly Yang, Janet J. Zhao. **HONORS**

> Grade 8: Julia D. Bauman, Brian P. Buckley, Ezekiel G. Burke-Lewis; Stephen M. Byrnes III,

Riley M. Calvert, Emily Chen, Jessica J. Chen, Jingyi Chen, Wei Chen, Wing Chai Cheng, Seamus O. Conneely, Eliot M. Coulter, Charlotte M. Donovan, Antoni Duong.

Kameron J. Enos, Zoey J. Ferolito, Michael F. Geary, Kevin F. Gillespie, Alexandra R. Guia, Safaa Hadrach, Salma A. Hassan, Han Huang, Kevin Huang, Cole M. Hussey, Dominick M. Jones, Johnny Li, Elinee Lin, Jessica K. Lin, Kevin Liu, Ky A. Ly, Anthony A. Magnarelli, Ian M. Manning-Harvey.

Erin E. McCole, Grace E. McGillicuddy, Colby E. McIntosh, Randy Mei, Wil-

on this possession, but not

gan, Christopher T. Morgan, Emily J. Ou, Pitchada Phet-An, Michael G. Silverman, Stephanie Y. Sun, Brady Trinh, Jonathan Tsang, Henry Y. Wong, Youssouf D. Youssouf, Annie J. Zheng, Tiffany Z. Zheng.

Grade 7: Hamza B. Alghazawneh, Emmet V. Allen, Kareem Amer, Jackson Baldini, Katelyn T. Chan, Miles Chasse, Kathy Chen, Sharon Chen, Yifeng Chen, Adynn W. Cheung, John M. Della Barba, Camrin J. Dent, Jayla P. Dodson, Alyson H. Doyle, Mustapha Faye, Grant T. Fuller, Emily A. Graham, Christina Guan.

Elizabeth R. Hames, John J. Harper IV, Salman A. Hassan, Grace J. Hottelman, Emily A. Infantino, Joseph G. Kilduff, Brandon C. La, Jordan L. Lee, Cameron J. Leiman, Athena S. Li, Kyle Li, Crystal Lin, Hao Yu Lin.

Cameron P. Morgan, Eily A. Morris, Timothy J. Myers, Aaron Nguyen, Brady K. Nguyen, Justin Nguyen, Nicolas K. Nguyen, Margaret R. O'Brien, Justin D. Outar, Heidi M. Pham, Huy Q. Phan, Torin G. Pitta, Lariya S. Powell, Charos Rakhmatova, Malaki I. Rodrigues, Camila N. Rosado.

Alexander Schaareman, Z. Zou, Sophia S. Zou.

mine N. Tran, Khang Trieu, Yi Xin Wang, Melinda Wu, Julian X. Young, Stephen Yu, Kayli E. Yuen, Jason Zhao, Brian Y. Zheng, Ella Y. Zheng, Jiajun Zheng, Mike Y. Zheng, Vicky Xheng, Vicky Z. Zou.

Grade 6: Muhamad K. Al-Zubaidy, Keven Alexis, Jose Antonio Arrue Riofrio, Anthony T. Ater, Angel M. Augustin, Bryce A. Bonner, Matthew B. Cerone, Adam Z. Chen, Ella Chen, Junan Chen, Qian Chen, Samantha Chen, Wilson Chen, Kimara O. Collins, Anya M. Coulter, Benny Dai, Emily Y. Dai, Kayla H. Dailey, Delilah R. Giordano.

Thomas J. Hart, Kyle Huang, Gavin J. Hitchings, Kathleen T. Joseph, Ethan Li, Jianhao Li, Andy K. Lowe, Zhi X. Lu, Breven C. Lyons, Elizabeth Grace L. MacDonald, Josephina R. Magnarelli, Alyssa K. Mc-Donagh, Jowens E. Merone, Kimberly S. Messias.

Edward D. Nguyen, Lucas M. Ortiz, Nathaniel A. Perez, Gabriel I. Phillips, William M. Powers, Warrick T. Quon, Leann Ruan, Jakub Rizal C. Wilson, Raylee A. Wiseman-Gunter, Nicole Xu, Joey Zhang, Jaron Zheng, Derek Zhu, Lillian

North Football Prevails Against SL

By TOM JOYCE

The Silver Lake High School football team took a risk. It didn't pay off.

Silver Lake went for two after their final touchdown of the game but failed to convert on their two-point conversion. It turned out to be the difference-maker and delivered a win to the North Quincy Raiders. Ultimately, the Raiders won the game played last Friday night at home 14-13 to finish their season at 4-2.

Although Silver Lake started the game with the ball, North Quincy got on the scoreboard first. Silver Lake had trouble catching the ball on the opening kickoff, so they started off on their own three-yard line. They got a first down, but a tackle for a loss by Harry Gaudiano stunted their drive – and they punted on that set of downs. North Quincy got the ball at the Silver Lake

North moved the ball downfield with carries from Liam Hines (18 carries, 120 yards), Thomas Murray (7 carries, 40 yards), and Hunter MacIsaac (3 carries, 21 yards). They got to fourth and one at the 15, but a false start pushed them back five yards. Then, the team went to the air. Quarterback Cooper Hansen connected with Brendan Hines on a 20-yard touchdown pass with 1:52 left in the quarter. Murray hit the extra point, giving the team a 7-0 lead.

The two teams then trad-

ed possessions with Silver Lake forced to punt after Brendan Hines popped a Silver Lake receiver on third down resulting in an incomplete pass and North Quincy losing a fumble on Silver Lake's 25-yard line.

Silver Lake capitalized on this drive, scoring on a seven-yard touchdown run with 3:19 left in the quarter. They tied the game at seven apiece with a successful extra point kick.

The first play of the drive was a 20-yard quarterback run. They picked up two first downs on quarterback runs of more than 10 yards. They also had a running back sweep for one and a pass play. The touchdown came on third down when

they reached the red zone. North Quincy quickly responded. MacIsaac returned the ball to the Silver Lake 44-yard line. On the first play of the drive, Liam Hines took the ball up the middle for a 42-yard gain. The next play, he went up the middle again, this time for a two-yard touchdown run. Murray hit the extra point, giving the team a 14-7 lead.

Silver Lake punted on their next drive, in part thanks to a sack from Brandon Baker resulting in a seven-yard loss. Silver Lake sacked North Quincy on the final play of the first half--a one-play possession.

North Quincy started the second half with the ball. Dylan Clifford recovered

an onside kick around midfield, giving the team strong field position. They picked up a pair of first downs but threw an interception once they reached the 23-yard line. Silver Lake took over at the 29.

Silver Lake's drive resulted in a three-and-out. A 10-yard holding penalty – as well as a tackle for a loss on their running back by Baker and defensive end Grant Murphy -stunted their drive.

Following the punt, North Quincy started off at their own 26-yard line and began a drive that ended with a missed 39-yard field goal attempt.

their first set of downs, but it worked. Michael Gorman (4 carries, 19 yards) gained 11 yards up the middle to keep the drive going. Three plays later, MacIsaac had an 18-yard run up the middle to get them to the 26-yard line. Following a delay of game penalty and eventually, a roughing the passer penalty, North Quincy had a first and 10 at the 16-yard line situation. They gained four yards on the first two downs, but a 10-yard holding penalty set them back--and their attempted halfback pass trick play on third down resulted in an incomplete pass. On fourth and long, they unsuccessfully attempted the field

Silver Lake would score end the game.

goal. Which Silver Lake re-

turned to their own 22.

enough points to win the game. A 20-yard pass on third down got them to the 42 and a 25-yard pass on second-and-five crossed them well over the midfield mark. Then, a 10-yard offtackle run and a quarterback run with a fumble that they recovered put them at the seven-yard line. On fourthand-one following a failed QB sneak attempt, Silver Lake got into the end zone with their right wingback sweeping left. The twopoint try failed, however, as defensive back Jamal Maximilien put pressure on the Silver Lake receiver around North Quincy took a the line of scrimmage, disrisk on fourth-and-short on runting his route. The result. Silver Lake's quarterback overthrew the ball for an incompletion. Silver Lake trailed 14-13 with 1:09 left to play.

Silver Lake went with a pooch kick on the ensuing kickoff and Connor Plant recovered for North Quincy around the 30-yard line. A 15-yard unsportsmanlike penalty against North Quincy on the play pushed them back to the 15-yard line. Silver Lake - which had two timeouts remaining--played tough defense, forcing North Quincy to punt with eight seconds left. However, a host of North Quincy players--including Murphy and Brian Nguyen -tackled Silver Lake's return man around the 30-yard line to

RELIGION

Quincy Point Congregational Church

May 2 is Communion Sunday and for the 10 a.m. service you have a choice of in-person outdoor worship at 444 Washington St. or online on the Quincy Point Congregational Church YouTube channel.

If you are attending online worship, don't forget your juice and bread. This week is also the 183rd Annual Meeting of Quincy Point Congregational Church following outdoor worship. Masks and social distancing are required.

Stay tuned to our Facebook and Twitter pages for the tentative "Weather permitting" updates and schedule. As of now, the projected dates are May 16 and May 23 for the next outdoor in person worship services. You can also add yourself to our mailing list to receive updates by visiting www. quincypointcong.org filling out the form on right hand bottom of page.

Church School for all airs at 9:15 a.m. on the Quincy Point Congregational Church YouTube channel every Sunday. This week hear about the seven that were chosen to serve.

First Baptist Church Of Wollaston

The First Baptist Church of Wollaston located at 81 Prospect Ave., Quincy has online remote Worship Ser- ' vice and is open for the congregation for limited seats only.

Pastor David Choi will preach his sermon: "Mission of the Church" (I John 3: 1-3). Reader will be Joyce Kania.

The online dial-in/Zoom meeting weekly schedule is as follows:

· Sunday 10:30 a.m. worship service

· Wednesday 6:30 p.m. Leadership Workshop

· Thursday 6:30 p.m. Bible Class - Book of Revelation

• Friday 11 a.m. Prayer **Group Meeting**

For reservation to attend worship inside the church building, call 617-472-0824 and ask for Lewann Mina, the church administrator.

Communications Service Provider Donates \$50,000 To Support Asian-American Communities

tions, LLC, a provider of communications services to multilocation businesses and government agencies based in Quincy, announces it is donating \$50,000 to Asian-American support groups and, through the company's CANDID organization for racial equality, providing resources to Granite teammates on how to foster tolerance in the community.

"Granite has always strived to promote a culture of equality and inclusion. The success that we've enjoyed isn't just with a diverse group of teammates; it is because of the diversity of our teammates," said Granite CEO Rob Hale. "Hostility toward Asian Americans runs contrary to everything we stand for. We take particular offense to it given the large Asian community

Quincy Marriott Hotel is

offering a Jazz Brunch in its

open and airy Hull & Mason

Restaurant in celebration of

Mother's Day Sunday, May

rant is not only offering a

la carte brunch offerings

on Mother's Day, but add-

ing jazz to the menu. Tom

LaMark jazz duo will be

playing from noon to 3 p.m.

to make mom feel extra spe-

Hull & Mason Restau-

in our hometown of Quincy, Massachusetts - a community that has not only led to the hiring and promotion of many members of this community but supported our growth and success in many other ways."

Granite is investing in two Asian American support groups in its local com-

 Quincy Asian Resources, Inc. (QARI), the go-to resource center for Asian and immigrant residents in Granite's hometown of Quincy, that is actively working to stop violence against Asian Americans.

 Boston Chinatown Neighborhood Center (BCNC), a group with offices in Boston and Quincy that empowers Asians and new immigrants to build healthy families, achieve greater economic success and contribute to thriving

year as a landmark here in

the City of Presidents and

has just gotten a fantastic

Brunch will also feature

specialty cocktails as well as

brunch items. Kids are wel-

come and a kids' menu will

be available. Brunch will

be served from 10 a.m. to 3

p.m., and jazz starts at noon.

and the hotel is completely

Free parking is available

The Mother's Day Jazz

renovation.

communities

encouraging its 2,300 teammates to get involved with the company's CANDID diversity group. CANDID is engaging in discussions about violence and discrimination against Asian-Americans and providing resources to Granite teammates on ways to create change.

Granite formed CAN-DID (Community Awareness Networking Diversity Inclusion Development) in June 2020 following the murder of George Floyd. CANDID promotes diversity and racial equality for all, including people of Asian descent, currently in the national spotlight as targets of hate crimes.

"We must rally together to Stop Asian Hate," said Kyle Swist, chairperson of CANDID and Vice President of Talent Management

Quincy Marriott Mother's Day Brunch Reservations are strongly

recommended. Call 617-774-2080 and leave your reservation message. Boston Marriott Quincy is located at 1000 Marriott Dr. in the Crown Colony Office

For more information about the Hull & Mason Restaurant or the Mother's Day Jazz Brunch email anna.thoyas@quincymarriott.com or meg.maher@ marriott.com.

In addition, Granite is crimes being perpetrated across the country against Asians have hit the communities that Granite calls home. It's imperative that we use our voices-to support our teammates and the com-

> munities in which we work and live."

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO21P0249EA Commonwealth of **Massachusetts**

LEGAL NOTICE

at Granite. "These heinous

The Trial Court Probate and Family Court Norfolk Division Estate of:

Ruth Blumfeld Kundsin Also Known As: **Ruth Kundsin** Date of Death: 11/26/2020

To all persons interested in the above captioned estate, by Petition of:

of Cambridge, MA. a Will has been admitted to informal probate.

Petitioner Andrea Dupree

Andrea Dupree of Cambridge, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal that: Debra A. Martucci of procedure by the Personal Somerset, CA and Gary Representative under the M. Bacon of Quincy, MA Massachusetts Uniform Probe appointed as Personal bate Code without supervi-Representative(s) of said ession by the Court. Inventate to serve Without Surety tory and accounts are not on the bond in unsupervised required to be filed with the Court, but interested parties administration are entitled to notice regarding the administration from the Personal Representative tain a copy of the Petition and can petition the Court from the Petitioner or at the in any matter relating to the Court. You have a right to estate, including distribution object to this proceeding. of assets and expenses of To do so, you or your atadministration. Interested torney must file a written parties are entitled to petition appearance and objection the Court to institute formal at this Court before: 10:00 proceedings and to obtain A.M. on the return day of orders terminating or restrict-05/26/2021. This is NOT a ing the powers of Personal hearing date, but a dead-Representatives appointed line by which you must

under informal procedure. A

copy of the Petition and Will,

if any, can be obtained from

the Petitioner.

cial. Boston Marriott Quinaccessible as well. cy is celebrating its 20th **AAA: MA Gas Prices Up Three Cents**

Massachusetts's average gas price is up three cents from last week (\$2.74), averaging \$2.77 per gallon. Monday's price is 1 cent higher than a month ago (\$2.76), and 83 cents higher than April 26, 2020 (\$1.94). Massachusetts's average gas price is 11 cents lower than the national average.

"Both demand and sup-

ply have steadily increased over the last several weeks," said Mary Maguire, AAA Northeast Director of Public and Government Affairs. "The jump in demand combined with a small increase in supply pushed the national gas price average two cents more expensive on the week to \$2.88. This is the largest one-week national jump we've seen in five weeks."

AAA Northeast's April 26 survey of fuel prices found the current national average to be 1 cent higher than last week (\$2.87), averaging \$2.88 a gallon. Monday's national average price is 2 cents higher than a month ago (\$2.86), and \$1.11 higher than this day last year (\$1.77).

In addition to joining CANDID discussions, Granite is encouraging Granite teammates to actively observe their surroundings and pledge not to be passive bystanders in

LEGAL NOTICE

CITATION ON

PETITION FOR

FORMAL ADJUDICATION

Docket No. NO21P0959EA

Commonwealth of

Massachusetts

The Trial Court

Probate and Family Court

Norfolk Probate

and Family Court

35 Shawmut Road

Canton, MA 02021

(781) 830-1200

Estate of:

Alcide Bacon

Date of Death:

03/15/2021

To all interested persons:

A Petition for Formal Pro-

bate of Will with Appoint-

ment of Personal Repre-

sentative has been filed

by Debra A. Martucci of

Somerset, CA and Gary M.

Bacon of Quincy, MA re-

questing that the Court enter

a formal Decree and Order

and for such other relief as

The Petitioner requests

IMPORTANT NOTICE

file a written appearance

and objection if you object

to this proceeding. If you

fail to file a timely written

appearance and objection

followed by an affidavit of

objections within thirty (30)

days of the return day, ac-

tion may be taken without

UNSUPERVISED

ADMINISTRATION UNDER

THE MASSACHUSETTS

UNIFORM PROBATE

CODE (MUPC)

tive appointed under the

MUPC in an unsupervised

administration is not re-

quired to file an inven-

tory or annual accounts

with the Court. Persons

interested in the estate are

entitled to notice regarding

the administration directly

from the Personal Repre-

sentative and may petition

the Court in any matter

relating to the estate, in-

cluding the distribution of

assets and expenses of

Gorman, First Justice of

Date: April 21, 2021

WITNESS, Hon. Patricia

COLLEEN M. BRIERLEY

Register of Probate

administration.

this Court.

4/29/21

A Personal Representa-

further notice to you.

You have the right to ob-

requested in the Petition.

the face of racial violence either verbal or physical and educate themselves about discrimination against Asian-Americans by visithttps://stopaapihate.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO21P0928EA Commonwealth of Massachusetts **The Trial Court**

Probate and Family Court Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 (781) 830-1200

Estate of: Mary Elizabeth McLaughlin Also known as: Mary E. McLaughlin Date of Death:

12/15/2020 To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Kathryn A. Lind of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Kathryn A. Lind of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administra-

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 05/19/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED INISTRATION UNDER THE MASSACHUSETTS **UNIFORM PROBATE**

CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 14, 2021 **COLLEEN M. BRIERLEY** Register of Probate

REQUEST FOR QUALIFICATIONS

REQUEST FOR QUALIFICATIONS

REQUEST FOR QUALIFICATIONS

CITY OF QUINCY, MASSACHUSETTS PURCHASING DEPARTMENT 1305 HANCOCK ST., QUINCY, MA 02169

Invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

MUNICIPAL FINANCE

ECONOMIC, FINANCIAL AND ECONOMETRIC ANALYSIS SERVICES MAY 13, 2021 @ 12:00 P.M.

Issued in accordance with Massachusetts General Law chapter 30B this Request for Qualifications (RFQ) sets forth the procedures and requirements to be employed by the City of Quincy in the selection of a firm, or firms, on an on-call basis for the performance of economic, financial, or econometric analysis.

All questions regarding this Request for Qualifications should be directed in writing to Kathryn Logan Chief Procurement Officer via email to purchasing@quincyma.gov All Inquiries must be received by May 7th, 2021 @ 12:00 p.m.

Minority-owned, Women-owned, and Emerging Small Business Enterprises will be afforded full opportunity to submit their proposal in response to this solicitation and will not be discriminated against on the grounds of race, color, sex or national origin in consideration for an award of any contract entered into.

Bids/Proposals will be received at the Purchasing Office until the time and date stated above, at which time and date they will be opened and registered. No emailed submittals will be accepted. Late Bids/Proposals delivered by mail or in person

Detailed specifications are available on-line, April 26, 2021 at the City of Quincy's website https://www.guincyma.gov/ govt/depts/purchasing/current bids.htm and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

The City of Quincy reserves the right to withdraw the Request for Qualifications, to reject any and all proposals and to accept any proposal deemed to be in the best interest of the City of Quincy.

Thomas P. Koch, MAYOR Kathryn R. Logan, Chief Procurement Officer Mrs. Gosselin died peacefully April 13 at home.

She was born on Oct. 28, 1938 in Quincy, to the late Michael J. and Mary P. (Hermann) Gaudiano. Raised and educated there, she was a graduate of Quincy High School, Class of 1957.

She had lived in Chico, Calif. for the past two years, previously in Weymouth for sixty years.

Mrs. Gosselin was employed as a secretary for the former Thompson and Thompson, a title and trademark firm in Quincy, for twenty years. She was primarily a homemaker who was devoted to her family.

Beloved wife for fiftyseven years of the late Paul F. Gosselin. Devoted mother of Paul H. Gosselin and his wife Jana of Chico, Calif., Andrea Kreitman of Plymouth, Gary Gosselin and his wife Danielle of Troy, N.Y., and Marie Coady and her husband Mark of Halifax.



MARY F. GOSSELIN

Loving grandmother of Samantha Kreitman, James Kreitman, Savannah Gosselin, Sarah Coady, Noah Gosselin, Bobby Kreitman, David Coady, Anthony Gosselin, John Coady, Spencer Gosselin, and Marisa Gos-

One of six siblings, she was the dear sister of Genevieve Constas of Quincy, and was predeceased by Phillip M. Gaudiano, Michael P. Gaudiano, James S. Gaudiano, and Gerard H. Gaudiano. Mrs. Gosselin is also survived by many nieces, nephews, and their families.

Interment at Fairmount Cemetery, Weymouth.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

Morris Saidel

A graveside service for 2021 Morris "Moe" Saidel of Quincy was held Sunday in Sharon Memorial Park.

Mr. Saidel died April 21, just two weeks before his 98th birthday.

He is predeceased by his wife, Mildred (Keezing), after 67 years of marriage. Born in Boston to a family of eight siblings he leaves only his sister Helen Warshauer of Quincy.

After Mr. Saidel was honorably discharged from the Navy in 1946, he developed expertise as a tool and die maker leading to the founding of B&S Engineering in Braintree from which he ultimately retired. He was a member of the Zerrubabell Lodge of Masons and was a multi-decade blood donor.

He is survived by his son William and daughter-in-law Joan of Cherry Hill, NJ, son Michael and daughter-in-law Margaret of Barnegat, NJ, and daughter Andrea and son-in-law Jonathan of Plymouth. Son



MORRIS SAIDEL

Donald predeceased him. In addition, he leaves eight grandchildren and their spouses, six great-grandchildren, and many well-loved nieces and nephews.

Family will smile remembering stories about his Junior Birdman trophy at age 16, his jar of 'poker quarters' and the story he loved to tell every Passover.

Because of Covid there will be no home visitation.

Memorial donations may be made to The Smile Train at smiletrain.org.

Funeral arrangements were made by Schlossberg Chapel on the Hill, Canton.



cliffords.com 1.800.441.8884

Francis J. Shaughnessy

Visiting hours for Francis J. "Frank" Shaughnessy of Marshfield were held Monday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Shaughnessy died suddenly on April 19.

He is survived by Katherine (Kane) and their four children and spouses, Kerri and Peter Duggan of Quincy, Brian and Jordan Shaughnessy of Brookline, Stephanie and Keith Swenson of Milton and Meaghan and Sean McNamee of Greencastle, Co. Tyrone, Ireland. He is brother to Ellen Giachetti of Hanover and the late Joan McVey of Tewksbury.

Mr. Shaughnessy spent his youth in the Fidelis Way Projects in Brighton. He attended Don Bosco Technical High School in Boston before he began his career with the New England Telephone Company, where he worked loyally for 39 years.

'Grampa' was certainly Mr. Shaughnessy's most prized title; he was loved so dearly by his 10 grandchildren, Sabine, Maya, Lily, Fiona, Brigid, Kate, Annette, Tim, Frankie, and Mary-Jane. He showed them such love, made everyone feel special, and never hesitated to boast at how proud he was of each one of them. 'Grampa's house' in Marshfield/Humarock has been a highlight of every one of the grandkids' summer, filled with all sorts of fun; family parties, boat trips, card games, and the MYC Riverdances hosted by himself.

Mr. Shaughnessy loved a good book, a Bud Light,

Dean E. Schaeffer, 100

Dean E. Schaeffer, age 100, a longtime resident of Quincy, died peacefully April 18 at Queen Anne Nursing Home in Hingham.

Born in Elkhart, Indiana, to the late Jesse Daniel and Beulah G. (Grady) Schaeffer, he was raised and educated there, and was a graduate of Scott High School. He had lived in Quincy for over 70 years.

Dean enlisted in the United States Marine Corps on Jan. 7, 1942. Assigned to the 1st Marine Division, 5th Regiment, Headquarters Company, he served in the Asiatic-Pacific theatre during World War II, participating in the Battle of Guadalcanal. His tour of duty also took him to Wellington, New Zealand; Brisbane and Melbourne, Australia; Milne Bay, New Guinea; Suva, Fiji; Cape Gloucester, New Britain; and Pavuvu, Russell Islands. For his service, he was awarded the American Theater Ribbon, World War II Victory Medal, Good Conduct Medal, Asiatic-Pacific Ribbon w/3 stars, and Presidential Unit Ribbon w/1 star. He was honorably discharged on Jan. 6, 1946 at the rank of Staff Sergeant.

Following the war, Dean met his wife, Evelyn, at the Ammunition Depot in Hingham, and the two married in 1947. He began his career at the Granite Trust Company in Quincy during this period.

Dean was recalled to active duty on October 16, 1951, and assisted in organizing Marine operations and units in the U.S. in preparation for the Korean conflict. He was honorably dis-

Quincy and his late wife

Nora C. (Heffernan) He-

aney, Alexander H. Camp-

bell of Hingham and his late

wife Carol A. (Nash) Camp-

Loving Godson of John

P. Heaney, Jr. and Margaret

C. Pascarelli, both of Quin-

bell.



DEAN E. SCHAEFFER

charged on Sept. 10, 1952 at Marine Corps Air Station Cherry Point at the rank of Technical Sergeant.

Following his service during the Korean conflict, Dean returned to his job at the Granite Trust Company, eventually becoming Vice President of Accounting at South Shore Bank in Quincy. He had been retired for many years.

He was a member of the L/CPL John J. Van Gyzen IV Marine Corps League Detachment #1285.

In November of 2020, Dean was honored to serve as the guest speaker during the City of Quincy's Veterans Day ceremonies. Though he was unable to attend in person, remarks were delivered on his behalf. To mark his 100th birthday celebration on Nov. 11, 2020 -Veterans Day - city leaders and his Circuit Road neighbors organized a small parade of color guards, scouts, first responders, and emergency vehicles.

Mayor Thomas P. Koch presented a proclamation proclaiming November 11, 2020 "Dean Schaeffer Day" in the City of Quincy. Dean was humbled and overwhelmed by these many kind gestures.

Beloved husband for 74 years of E. Evelyn (Smith) Schaeffer.

Dean is also survived by two daughters, six grandchildren, and fifteen greatgrandchildren.

He was predeceased by his siblings, Millicent Dunkel and Darryl Schaeffer.

At the request of the family, funeral services were private.

Memorial donations may be made to the L/CPL John J. Van Gyzen IV Marine Corps League Detachment #1285, 265 High Street, Somerset, MA 02726 or Marine Toys for Tots – Greater Boston, 1st Battalion 25th Marines,53 Quebec Street, Fort Devens, MA 01432.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy. You are invited to visit www. thesweeneybrothers.com or call 617-472-6344

Patrick G. Sullivan, 23

FRANCIS J.

SHAUGHNESSY

and a cigar. He also had a

passion for sports, an avid

Patriots fan through thick

and thin over many de-

cades. Mr. Shaughnessy

was an active sportsman

himself who played football

and coached ice hockey in

his earlier years, and at 78

years old was still active in

playing racquetball, horse-

shoes, boating and fishing,

golf, and softball. He was

a dedicated and proud mem-

ber of senior softball teams

at home and in Florida. Mr.

Shaughnessy's second most

prized title was the just re-

cent accolade of first draft

pick for the Senior Citizen

Softball League in Palm

most certainly an MVP in

all aspects of his life, a man

with a huge heart that loved

and was loved by so many.

He was fun, positive, grate-

To honor Mr. Shaugh-

nessy's charitable nature,

memorial donations may be

made to the Pine Street Inn,

444 Harrison Ave, Boston,

ful and truly loved life.

Mr. Shaughnessy was

A funeral Mass for Patrick G. Sullivan, age 23, of Quincy, was celebrated April 24 at Divine Mercy Parish in Saint Ann's Church, Quincy.

Mr. Sullivan died April 19 after a long, courageous struggle against addiction.

He was born in Boston, raised and educated in Quincy. Mr. Sullivan was a graduate of North Quincy High School, Class of 2016. Currently, he was attending Quincy College, studying biotechnology.

Mr. Sullivan was devoted to his family and friends. He treasured time spent with his grandfather, John Heaney, and all the special times with his brother, Mikey. He also enjoyed fishing.

Beloved son of Theresa M. (Heaney) Sullivan-Campbell and her husband Thomas M. Campbell of Squantum, and the late



PATRICK G. SULLIVAN

John-Paul Sullivan.

Devoted brother of Michael T. Campbell of Squantum.

Mr. Sullivan is survived by the love of his life, Alyssa Connaughton of Dorchester.

Cherished grandson of John P. Heaney of North

cy. Mr. Sullivan was Godfather of Nicholas O'Brien of Quincy.

Mr. Sullivan is also survived by many aunts, uncles, cousins, and friends.

Interment at Cedar Grove Cemetery, Dorchester Memorial donations may be made to the charity of

your choice.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

More Obituaries online at www.TheQuincySun.com

OBITUARIES

Mary Jane Gendreau, 62

A funeral Mass for Mary Jane "MJ" Gendreau, age 62, will be celebrated Thursday at 10 a.m. at Divine Mercy Parish in Sacred Heart Church, Quincy.

Gendreau died peacefully April 20 after a courageous battle with cancer surrounded by her loving family at their home in Quincy.

She was outgoing and full of life. Mrs. Gendreau dedicated herself to her children, family, and friends, all while building a successful career as an HR director. She had many passions including cooking, gardening, and traveling. In her spare time, Mrs. Gendreau could be found by the beach with



MARY JANE GENDREAU

her family and her beloved

She was born in Whitinsville, MA to the late Rachel and Henry Blair. She is survived by her devoted husband of 34 years, David Gendreau of Quincy. Loving mother to Rachel Gendreau, Lauren Medeiros and her husband Alan, and Michael Gendreau. Sister of Darlene Colelli and her husband Vincent of PA, Daniel Blair of Whitinsville, and Linda Blair and her wife Maura Albert of Arlington. Caring aunt of Stephen and Kristen Colelli, Michelle Walsh and Alyssa Reynolds. Mrs. Gendreau is also survived by her many cousins who were dear to her. She will be missed deeply by all who knew her.

Memorial donations may be made to further the research of glioblastoma through: giving.massgeneral.org/donate/neurosurgical-

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Robert Golden

Robert Golden of Plymouth, formerly of North Quincy, died peacefully in his home in the early hours of April 20.

He was the beloved husband of Georgia L. Stanley.

Born in Quincy on April 22, 1953, he was son of the late Leo and Jean (Harries) Golden. Mr. Golden graduated from North Quincy High School in 1971. He was co-captain of the North Quincy High men's hockey team and later was inducted into the North Quincy High School Hockey Hall of Fame. Mr. Golden also attended St. Michael's Col-

He went on to serve his country in the U.S. Army serving in Belgium as an MP during the Vietnam War. After returning from the service he went on to become a land surveyor where

he worked many years in Arizona doing work in the Grand Canyon.

Mr. Golden returned to the Plymouth area where he established Golden Land Surveying before becoming head land surveyor for the town of Barnstable.

Mr. Golden was an avid history buff, a sports enthusiast (especially hockey) and a lover of the great out-

Besides his loving wife Georgia, he is survived by his sons Casey Hall and his wife Elena and Nick Hall and his wife Kassandra all of Plymouth. He also is survived by his brothers Richard Golden and his wife Candace of North Quincy, Martin Golden and his wife Jo-Anne of Hanover and Phillip Golden and his husband Joseph Curl of Ipswich. He was the grandfather of Travis Hall, Lorelai Hall and Hailey Hall. Additionally, Mr. Golden is survived by several nieces and nephews including Laura and Michael Curtis of Yorba Linda, CA, Alex Golden of Costa Mesa, CA, Ian and Kayla Golden of Whitman and Elizabeth and Matthew Gerrish of Plymouth. He also was predeceased by his nephew Brendan Golden of Redlands, CA.

Visitation will be held Saturday from 11 a.m. to noon at the Davis Life Celebration Funeral Home, North Plymouth (Near Cordage Park).

Cremation will take place at the Vine Hills Crematory.

Memorial donations may be made to the DAV, PO Box 14301, Cincinnati, OH

Baker-Polito Legislation Aims At Improving Road Safety

The Baker-Polito Administration Monday filed legislation to improve road safety, entitled, "An Act Relative to Improving Safety on the Roads of the Commonwealth."

The legislation includes provisions previously filed by the administration in 2019 and several new proposals, including increasing penalties for individuals who cause personal injury while driving on a nonadministratively suspended license.

"These proposals will make Massachusetts roadways and streets safer for all travelers and will help reduce roadway fatalities across the state," said Gov. Charlie Baker. "This legislative package builds upon laws enacted in 2019 to prevent and enforce distracted driving, and we look forward to working with our partners in the Legislature to take additional steps to improve road safety."

"This legislation will make a difference for all travelers in the Commonwealth including pedestrians, biçyclists, and drivers," said Lt. Governor Karyn Polito. "We are grateful for the input from municipal leaders, advocacy groups

and non-profit organizations, which allow us to take steps that will save lives and prevent injuries in communities throughout the Commonwealth."

"The new laws are first and foremost in keeping with our goal to reduce the number of deaths on our roads," said Acting Secof Transportation Jamey Tesler. "Crashes due to distracted driving, speeding, and other unsafe driving behaviors, continue to occur on Massachusetts roadways despite reduced driving levels during the pandemic, and these proposals will help refocus and change current driving habits and behaviors to ensure that individuals remain safe."

"Preventing roadway injuries and fatalities is a priority for all of us at EOPSS," said Public Safety Secretary Thomas Turco. "These common-sense proposals are important to make sure that drivers, passengers, and vulnerable road users like pedestrians and bicyclists can all get home safely"

An Act Relative to Improving Safety on the Roads of the Commonwealth, includes proposals on the following new and previously filed topics:

· Primary Seatbelt: allows law enforcement to stop motorists for not wearing a seatbelt.

· Haley's Law: increases penalties for individuals who cause personal injury while driving on a nonadministratively suspended license. New provisions would create three levels of new "aggravating factors" to driving while suspended: 1) Driving negligently/recklessly: fine up to \$1,000 and up to 5 years in prison; 2) Causing "serious bodily injury:" fine up \$3,000 and house of correction up to 2.5 years; and 3) Causing death: fine up to \$5,000 and mandatory 2 years to a maximum of 10 years in prison. Current statute simply penalizes for driving while suspended.

· Traffic Camera Enforcement Local Option: allows localities to place red light cameras at intersections (and the Department of Conservation and Recreation (DCR)/MassDOTowned roads that serve as local roads with DCR/Mass-DOT permission). Cameras would be restricted to collecting photographs only upon a violation and only of the vehicle license plates. Violations would include running a red light and making an illegal turn on a red

• Bicycle Safe Passing: requires a driver to maintain a 3 foot "safe passing distance" and to travel at a speed that is reasonable and proper when passing a bicyclist or pedestrian when there isn't any physical separation (such as a protected bike lane or curb). Thirtysix other states have "safe distance" requirements.

· Commercial Driver's License (CDL) Changes: a refile of previously filed changes to the state's CDL laws, which include updates to conform to federal law.

· Crash Data Reporting: proposes adding to reporting requirements crash information involving "a vulnerable user," a term which would include pedestrians, bicyclists, public works or public safety personnel working in the right of way, individuals on farm tractors, and users of other mobility devices such as scooters and in-line skates. Current statute requires drivers to report any crashes resulting in serious bodily injury, death, or property damage in excess of \$1000. This reporting on crashes involving vulnerable users will assist municipalities and state transportation entities to identify problem areas or emerging trends.

· Side Guards and Additional Mirrors: requires all Commonwealth-owned and operated vehicles over 10,000 pounds to have side

guards, convex mirrors and cross-over mirrors. Additionally, all Commonwealth and municipal contractors would be required to have these devices by Jan. 1, 2024. Side guards protect bicyclists and pedestrians from being swept under large vehicles, which can happen, for example, when vehicles are making tight turns at intersections. The convex mirrors complement the side guards.

· Low-Speed Mobility **Device Advisory Working** Group: given the growth in use and acceptance of micro-mobility solutions like electric scooters and bicycles, and their unclear status in state law and local regulation, this bill calls for MassDOT to convene an advisory group to recommend a new statutory framework to ensure safe use while encouraging these low-carbon transportation alternatives.

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The Quinc

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COVID-19 Funeral Assistance Help Line (844)684-6333

Monday-Friday 9am-9pm

FEMA will provide financial assistance for COVID-19 related funeral expenses incurred after January 20, 2020.

For all other funeral service needs, please call:



(617)472-5888

DIRECTORS

Christopher P. Goulet, Sr. & Michelle A. Lydon

650 Hancock Street, Quincy, MA 02170 • HamelLydon.com

April Recognized As Sexual Assault Awareness, Prevention Month

Services Secretary Marylou Sudders, state officials

Lt. Governor Karyn and community advocates Month and to raise aware-Polito, Health and Human convened April 21 in rec-ness of the supports availognition of Sexual Assault Awareness and Prevention

able to survivors of sexual assault.

Representatives

vivors over the past year in pounded by isolation and from the Commonwealth's 16 regional Rape Crisis Centers, the Sexual Assault Nurse Examiner program and the Sexual Assault able resources. Response Unit within the Disabled Persons Protec-

tion Commission, who have

served sexual assault sur-

LEGAL NOTICE

CITATION ON

PETITION FOR

FORMAL ADJUDICATION

Docket No. NO21P0931EA

Commonwealth of

Massachusetts

The Trial Court

Probate and Family Court

Norfolk Probate

and Family Court

35 Shawmut Road

Canton, MA 02021

(781) 830-1200

Estate of:

Nancy Astrid Marie Widman

Date of Death:

02/28/2006

To all interested persons:

A Petition for Formal

Appointment of Personal

Representative has been

filed by Roy O. Widman of

Weymouth, MA requesting

that the Court enter a formal

Decree and Order and for

such other relief as requested

that: Roy O. Widman of Wey-

mouth, MA be appointed as

Personal Representative(s)

of said estate to serve With-

out Surety on the bond in

unsupervised administra-

IMPORTANT NOTICE

tain a copy of the Petition

from the Petitioner or at the

Court. You have a right to

object to this proceeding.

To do so, you or your at-

torney must file a written

appearance and objection

at this Court before: 10:00

A.M. on the return day of

05/19/2021. This is NOT a

hearing date, but a dead-

line by which you must

file a written appearance

and objection if you object

to this proceeding. If you

fail to file a timely written

appearance and objection

followed by an affidavit of

objections within thirty (30)

days of the return day, ac-

You have the right to ob-

The Petitioner requests

in the Petition.

new and creative ways due to the COVID-19 public health emergency, were recognized and shared avail-

"The Governor's Council to Address Sexual Assault and Domestic Violence has worked with advocates, partners and key stakeholders to support survivors of sexual assault across the Commonwealth," said Gov. Charlie Baker. "In what has been an extremely challenging year, I am grateful to the Council under the leadership of Lt. Governor Polito, for their efforts to support survivors and their families and ensure their safety as we all work to end sexual

assault in Massachusetts." "The Baker-Polito Administration is committed to recognizing Sexual Assault Awareness and Prevention across the Commonwealth to keep them safe and ensure access for all those who need it," said Lt. Gov. Karyn Polito, chairperson of the Governor's Council to Address Sexual Assault and Domestic Violence. "Every individual in every community across our Commonwealth deserves to live a life free from sexual assault, and while this work has been challenging during CO-VID-19, it is critically important that individuals and families know that they are not alone and that services,

available." "This has been an exceptionally difficult year in so many ways, and we are still learning the full impacts of COVID-19. For sexual assault survivors, we know that trauma may be com-

other factors brought by the pandemic," said Health and Human Services Secretary Marylou Sudders. "We are grateful for the work of advocates in rape crisis centers, and other providers and members of this strong network across our Commonwealth, who have worked to ensure survivors of sexual assault have access to resources, and we will continue to collaborate and support them to best help survivors throughout and beyond this pandemic."

During the COVID-19 public health emergency, local and regional providers rapidly pivoted to remote services, helping meet the needs of Massachusetts residents. Last April, the Baker-Polito Administration expanded and promoted SafeLink — the statewide Month and providing care, 24/7 domestic violence resources and support for hotline - to refer sexual survivors of sexual assault assault-related calls to local rape crisis centers. The Administration also established Isolation and Recovery sites for individuals in shelter who tested positive for CO-VID-19, offering a safe, stable location to isolate and recover, and provided PPE and cleaning supplies, and created appropriate health and safety policies for survi-

vors at the sites. Throughout the pandemic, Massachusetts' Sexual Assault Nurse Examiner (SANE) Program - which includes SANE nurses in 40 hospitals across the Comsafety nets and resources are monwealth - has continued operations, providing trauma-informed, expert forensic nursing care to sexual assault patients across the

> To support adults with disabilities who are sexual Cont'd On Page 25

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION Docket No. NO21P0942EA Commonwealth of

Massachusetts **The Trial Court Probate and Family Court** Norfolk Probate

> and Family Court 35 Shawmut Road Canton, MA 02021 (781) 830-1200 Estate of: John W. Mahoney

Date of Death: 12/02/2020

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Daniel E. Mahoney of Pembroke, MA and Susan A. McCormack of Weymouth, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition

The Petitioner requests that: Daniel E. Mahoney of Pembroke, MA and Susan A. McCormack of Weymouth, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 05/19/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 16, 2021 COLLEEN M. BRIERLEY egister of Probate

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION Docket No. NO21P0952EA Commonwealth of

Massachusetts **The Trial Court Probate and Family Court** Norfolk Probate and Family Court

35 Shawmut Road Canton, MA 02021 (781) 830-1200 Estate of: James J. Donohue

Also known as: James J. Donohue, Jr., James J. Donahue, James Donahue, James Donohue Date of Death: 01/05/2021

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Marianne E. Jackson-Wakim of Hampton, NH requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Marianne E. Jackson-Wakim of Hampton, NH be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration

IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 05/26/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED **ADMINISTRATION UNDER** THE MASSACHUSETTS **UNIFORM PROBATE** CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 21, 2021 **COLLEEN M. BRIERLEY Register of Probate**

LEGAL NOTICE **CITATION GIVING**

NOTICE OF **CONSERVATOR'S** ACCOUNT Docket No. NO14P2484PM Commonwealth of Massachusetts **The Trial Court**

Probate and Family Court Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 In the matter of: Theresa Harlan Of: Quincy, MA Protected Person/Disabled

Person/Respondent To the named Respondent and all other interested persons, you are hereby notified pursuant to Rule 72 of the Supplemental Rules of the Probate & Family Court,

that the 1st - 5th Annual

account(s) of David Zwicker of Bridgewater, MA Paula Zwicker of Bridgewater, MA as Conservator(s) of the property of said Respondent has or have been presented to the Court for allowance.

You have the right to object to the account(s). If you wish to do so, you or your attorney must file a written appearance and objection at this court on or before 10:00 A.M. on the return date of 05/19/2021. This day is NOT a hearing date, but a deadline date by which you have to object to the account(s). If you fail to file the written appearance and objection by the return date, action may be taken in this matter without further notice to you, including the allowance of the

account(s). Additionally, within thirty days after said return day (or within such other time as the Court upon motion may order), you must file a written affidavit of objections stating the specific facts and grounds upon which each objection is based and a copy shall be served upon the Conservator pursuant to Rule 3 of the Supplemental Rules of the Probate & Family Court

You have the right to send to the Conservator, by registered or certified mail, a written request to receive a copy of the Petition and account(s) at no cost to you.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person

expense. WITNESS, Hon. Patricia Gorman, First Justice of this Court.

4/29/21

cannot afford a lawyer, one

may be appointed at State

Date: April 16, 2021 **COLLEEN M. BRIERLEY Register of Probate** tion may be taken without **UNSUPERVISED** ADMINISTRATION UNDER THE MASSACHUSETTS **UNIFORM PROBATE**

CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 15, 2021 COLLEEN M. BRIERLEY Register of Probate

NOTICE OF PUBLIC HEARING

Case ZBA 21-18

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, May 11, 2021 @ 5:30 P.M. to consider the application of John Flatley Company for a Variance to construct a center mount pole Billboard sign visible from the highway in violation of Title 17 as amended, Chapter 5.3.5.4 (off premises sign) on the premises numbered 1 CROWN DRIVE, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals Time: May 11, 2021 05:30 PM Eastern Time (US and Canada) Join Zoom Meeting https://zoom.us/j/98181999380?pwd=MGxBekJFbnN6b1FJ OUdWUVRLLzZGdz09 Meeting ID: 981 8199 9380

Passcode: Quincy Dial by your location +1 646 558 8656 US (New York) Meeting ID: 981 8199 9380 Passcode: 426551

Find your local number: https://zoom.us/u/adQ26fZZXO

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance. 4/22/21, 4/29/21

4/29/21

April Recognized As Sexual Assault Awareness, Prevention Month

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, May 11, 2021

@ 5:30 P.M. to consider the application of Hamel-Lydon

Chapel for a Variance to construct a one story addition and

new egress to the existing funeral home in violation of Title

17 as amended, Chapter 4.0 (dimensional requirements) on

the premises numbered 650 HANCOCK STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access

using Zoom Video Communication. Zoom is a third-party

communication technology that is readily accessible to the

public, but not administered by the City of Quincy. The Zoom

Video Link is below. For those without access to Zoom,

Time: May 11, 2021 05:30 PM Eastern Time (US and Canada)

https://zoom.us/j/98181999380?pwd=MGxBekJFbnN6b1FJ

Find your local number: https://zoom.us/u/adQ26fZZXO

Plans and specifications can be reviewed online by logging

on to the City's ViewPermit System https://quincyma.

viewpointcloud.com/ and entering the property address. Call

directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Join Zoom Meeting

Passcode: Quincy

Passcode: 426551

Dial by your location

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Meeting ID: 981 8199 9380

Meeting ID: 981 8199 9380

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617-376-1933 for further assistance.

assault survivors, the Commonwealth created a firstin-the-nation dedicated Sexual Assault Response Unit within the Disabled Persons Protection Commission. This specific unit helps adults with disabilities navigate through the barriers they face when accessing trauma services, such as communication, transportation and accessibility to help ensure that survivors are aware of the services available and to help meet their unique needs.

sault Awareness Month, let's remember: unlike the coronavirus, sexual assault is not novel," said Isa Woldeguiorguis, Executive Director of the Center for situations have historically had the heaviest impact on survivors of violence, especially those who are also members of marginalized communities, such as people of color, LGBQ/T+ folks, immigrants, people with disabilities and lower incomes. The pandemic affirmed for us that our work is vital to respond to multiple crises - COVID, racism, health disparities, and violence."

"Sexual assault and rape crisis advocates have met the challenges of the pandemic with grace and compassion as they continue to offer a lifeline to those experiencing abuse," said Debra Robin, Executive Director of Jane Doe, Inc. "Today we

Hope and Healing. "Crisis celebrate them and recommit ourselves to the prevention of sexual violence."

> "Every sexual assault patient deserves the best possible care," said Joan Sham, Director of the Massachusetts Sexual Assault Nurse Examiner (SANE) Program. "The SANE program, coupled with other health care and community support services, provides compassionate, traumainformed nursing care that can help support healing, and mitigate the long-term physical and mental health challenges of sexual assault patients throughout the Commonwealth."

"We are so grateful to our many partners who have together made it possible

Case ZBA 21-21

for victims with a disability to get the trauma informed treatment they need and deserve," said Jackie Perez, Central/West Regional Navigator for the Sexual Assault Response Unit at the Disabled Persons Protection Commission. "With this issue now at the fore, the momentum will catapult us all forward to provide enhanced services to those most in need."

Sexual assault and dating violence, like other forms of violence, further health inequities. Sexual assault and dating violence have both short- and long-term health effects for survivors, contributing to chronic disease, substance abuse, gynecological, and mental health issues. Child abuse, sexual violence, and partner violence often lead to homelessness among survivors, which in turn puts people at risk for additional sexual assault and sexual exploitation or trafficking. Youth who have experienced trauma, including witnessing or experiencing physical, sexual, or emotional abuse, are at greater risk for suicide.

Upon taking office, the Baker-Polito Administration restored the Governor's Council to Address Sexual Assault and Domestic Violence and has made significant investments in services to support survivors of sexual assault and domestic

violence. The administration has advanced several initiatives across the Commonwealth in support of individuals of all ages, which include the establishment of the SAECK Tracking System, a statewide sexual assault evidence collection kit tracking system.

Anyone who is struggling with sexual assault is reminded that free, confidential, 24/7 support from a local rape crisis center is a phone call away. Call Safe-Link at (877) 785-2020 or www.mass.gov/service-details/sexual-assaultprevention-and-survivorservices.

NOTICE OF PUBLIC HEARING

Case ZBA 21-23

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, May 11, 2021 @ 5:30 P.M. to consider the application of Marc Cellucci for a Variance to convert and legalize the existing two-family house into three (3) residential units in violation of Title 17 as amended, Chapter 4.0 (dimensional regulations), Chapter 5.1.8 (off street parking requirements) and Chapter 5.1.4 (parking setbacks) on the premises numbered 56 JACKSON STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: May 11, 2021 05:30 PM Eastern Time (US and Canada) Join Zoom Meeting

https://zoom.us/j/98181999380?pwd=MGxBekJFbnN6b1FJ

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Meeting ID: 981 8199 9380

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 981 8199 9380

Passcode: 426551

Find your local number: https://zoom.us/u/adQ26fZZXO

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

4/22/21, 4/29/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-30

4/22/21, 4/29/21

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, May 11, 2021 @ 5:30 P.M. to consider the application of Tremont Quincy 1, LLC for a Special Permit/Variance to demolish all existing structures and construct a sixteen (16) story multi-family building with bottom four (4) floors substantially devoted to indoor parking in violation of Title 17 as amended, Chapter 4.1.2 (multi-family Bus.C), Chapter 4.1 and 4.1.2 (dimensional regulations) and Chapter 9.2 (special permit) on the premises numbered 71 HANCOCK STREET & 61-69 HANCOCK STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Meeting ID: 981 8199 9380

Passcode: Quincy Dial by your location

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Meeting ID: 981 8199 9380

Passcode: 426551

Find your local number: https://zoom.us/u/adQ26fZZXO

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NOTICE OF PUBLIC HEARING

Case ZBA 21-28

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, May 11, 2021 @ 5:30 P.M. to consider the application of William J. Phelan, Esq. for a Special Permit/Variance to subdivide the lot into two lots, tear down a garage and construct a new two-family dwelling on one lot in this Residence A zoning district in violation of Title 17 as amended, Chapter 3.4 (nonconforming), Chapter 4.0 (dimensional regulations), Chapter 4.1 (table of dimensional requirements), Chapter 4.2 (general requirements) and Chapter 5.0 (parking) on the premises numbered 1439 FURNACE BROOK PARKWAY,

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: May 11, 2021 05:30 PM Eastern Time (US and Canada) Join Zoom Meeting

https://zoom.us/j/98181999380?pwd=MGxBekJFbnN6b1FJ OUdWUVRLLzZGdz09

Meeting ID: 981 8199 9380

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

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Passcode: 426551

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"During this Sexual As-

NOTICE OF PUBLIC HEARING

Case ZBA 21-09

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, May 11, 2021 @ 5:30 P.M. to consider the application of Jim Chen for a Variance to erect a 2-unit, 2.5 story townhouse addition to an existing single family structure in violation of Title 17 as amended, Chapter 4.1 (floor area ratio), Chapter 5.1.4 (off street parking) and Chapter 4.1 (number of stories) on the premises numbered 23 BOTOLPH STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: May 11, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting https://zoom.us/j/98181999380?pwd=MGxBekJFbnN6b1FJ

OUdWUVRLLzZGdz09 Meeting ID: 981 8199 9380

Passcode: Quincy

Dial by your location +1 646 558 8656 US (New York)

Meeting ID: 981 8199 9380

Passcode: 426551

Find your local number: https://zoom.us/u/adQ26fZZXO

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

4/22/21, 4/29/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-16

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, May 11, 2021 @ 5:30 P.M. to consider the application of Peter Tran, Manager for a Variance/Finding to subdivide the parcel and construct a single family home on the vacant lot in violation of Title 17 as amended, Chapter 4.1.1 (table of dimensional requirements) and Chapter 3.4.3 (nonconforming) on the premises numbered 29 GROVE STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals Time: May 11, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting https://zoom.us/j/98181999380?pwd=MGxBekJFbnN6b1FJ OUdWUVRLLzZGdz09

Meeting ID: 981 8199 9380 Passcode: Quincy Dial by your location +1 646 558 8656 US (New York)

Meeting ID: 981 8199 9380 Passcode: 426551

Find your local number: https://zoom.us/u/adQ26fZZXO

4...4/22/21,4/29/21

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma. viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

King Crossword

ACROSS

- 1 Fashion
- 6 Cougars
- 11 Copier part 12 Sanford
- of "The Jeffersons"
- 14 Sweatshirt variety
- 15 "The Raven" maiden
- 16 Off-roader (Abbr.)
- 17 Burn with steam
- 19 Khan title
- 20 "Moonstruck"
- star 22 - -la-la
- 23 War god 24 "Praying" sing-
- 26 TV actor Prinze
- 28 Business mag 30 Melancholy
- 31 Dagwood's lady

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MAGIC MAZE •

- 35 Chic again 39 Lariat
- 40 Neither mate 42 Actress de Matteo
- 43 -de-France 21 Bonn's river 44 Red Square 23 Threw in
- figure
- 46 Last (Abbr.) 47 Sister of
- Moses 49 Restaurant fan 32 Nabokov novel
- 52 Not as small
- 53 Admin. aides
- 54 Plant firmly
- DOWN 1 Mollify
- 2 Caches 3 Pay stub abbr. 45 Linguist Floral rings
- 5 Upright
- 6 Columns Secondhand
- 8 Chess piece 9 On the train

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YEDBIPZNLXRPWUH

USVTPNERCATSQEN

ONPILRNJBIHDGDE

FDPYTICAMELOTAP

CAYOGACIHCXGMMO

WVTSRHPLESUORAC

Godspell

Hamilton

Pippin

Rent

Gypsy

Hair

Find the listed words in the diagram. They run in all

Unlisted clue hint: STORY OF EVA PERÓN

Carousel

Chicago

Copenhagen

Cats

Amadeus

Annie

Cabaret

Camelot

directions forward, backward, up, down and diagonally

ONE-WORD

MUSICALS

- 10 Composer Prokofiev 11 Crude cabin
- 13 Rental contract
- 18 Canine cry
- 25 Moreover
- 27 Corn serving
- 29 Movie houses 31 Hat edges
- 51 Sports venues 33 Puccini works
 - 34 Very long time
 - 36 Plod 37 Counted (on)
 - 38 Western flick 41 Sentry's weap-
 - 44 Cannes milk
 - Chomsky
 - 48 Check-cashing needs
 - 50 Sphere

BY HENRY BOLTINOFF **HOCUS-FOCUS** BANK

Find at least six differences in details between panels.



added. 4. Stripe is missing. 5. Kerchief is different. 6. Pen is missing. Differences: 1. Sign is different. 2. Badge is missing. 3. Pocket is

USL by Fifi

1. GEOGRAPHY: What is Canada's northernmost territory?

2. TELEVISION: Which sitcom features a bar named Paddy's Pub?

3. SCIENCE: Mycology is the study of what? 4. MUSIC: Which city is

mentioned in the Eagles' 1972 song "Take It Easy"? **MEASUREMENTS:** Which civilization was the first to divide a day into 24

hours? 6. U.S. STATES: How many states border Colorado?

7. MOVIES: "Hedwig's Theme" is the music that marks which movie series? 8. LITERATURE: Who OUROLJGDAXVSPNK wrote the novella "Breakfast

9. LANGUAGE: What does The Magna Carta mean in

10. GENERAL KNOWL-EDGE: What is the traditional birthstone for June babies?

Answers

1. Nunavut

2. "It's Always Sunny in

Philadelphia"

3. Fungi

4. Winslow, Arizona

5. Ancient Egyptians

6. Seven: Utah, Arizona, New Mexico, Nebraska, Kansas, Oklahoma and Wyoming

7. "Harry Potter"

10. Pearl

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8. Truman Capote 9. The Great Charter

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ARIES (March 21 to April 19) Temper your typical Aries urge to charge into a situation and demand answers. Instead, let the Lamb's gentler self emerge to deal with a problem that requires deli-

TAURUS (April 20 to May 20) You are aware of what's going on, so continue to stand by your earlier decision, no matter how persuasive the counter-arguments might be. Money pressures will soon ease.

GEMINI (May 21 to June 20) By all means, have fun and enjoy your newly expanded social life. But don't forget that some people are depending on you to keep promises that are very important to them.

CANCER (June 21 to July 22) You need to wait patiently for an answer to a workplace problem and not push for a decision. Remember: Time is on your side. A financial matter needs closer attention.

LEO (July 23 to August 22) You now have information that can influence that decision you planned to make. But the clever Cat will consult a trusted friend or family member before making a major move.

VIRGO (August 23 to September 22) Good news: You're finding that more doors are opening for you to show what you can do, and you don't even have to knock very hard to get the attention you're seeking.

LIBRA (September 23 to October 22) Your gift for creating order out of chaos will help you deal with a sudden rush of responsibilities that would threaten someone less able to balance his or her priorities.

SCORPIO (October 23 to November 21) Congratulations. Your energy levels are coming right back up to normal -- just in time to help you tackle some worthwhile challenges and make some important choices.

SAGITTARIUS (November 22 to December 21) The sage Sagittarian should demand a full explanation of inconsistencies that might be cropping up in what had seemed to be a straightforward deal.

CAPRICORN (December 22 to January 19) A conflict between obligations to family and to the job can create stressful problems. Best advice: Balance your dual priorities so that one doesn't outweigh the other.

AQUARIUS (January 20 to February 18) Don't guess, speculate or gossip about that so-called mystery situation at the workplace. Bide your time. An explanation will be forthcoming very soon.

PISCES (February 19 to March 20) Boredom might be creeping in and causing you to lose interest in a repeat project. Deal with it by flipping over your usual routine and finding a new way to do an old task.

BORN THIS WEEK: You can warm the coldest heart with your lyrical voice and bright smile. You find yourself at home, wherever you

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at Tiffany's"? Wishing & Walls

	YY	13	5 1	11	11	g			YY	e	11	ľ
7	2	5	8	4	3	6	5	7	5	3	5	4
E	Ε	A	C	G	Α	A	T	X	E	G	N	-1
2	3	2	4	7	5	6	4	6	8	4	7	5
A	R	S	٧	T	D	1	E	D	0	T	E	E
7	4	2	8	6	7	2	5	8	2	4	7	3
N	0	E	M	0	D	Y	R	F	0	0	K	A
5	2	6	3	8	6	2	6	2	3	7	8	5
G	U	T	N	0	Н	R	E	M	D	N	R	E
6	4	5	7	6	4	3	4	8	3	4	3	8
R	Т	S	0	S	Н	Α	E	T	D	R	D	R
2	4	2	5	8	7	8	7	8	3	5	7	8
1	S	N	T	E	W	C	L	E	1	U	E	-
3	8	2	3	5	8	3	7	5	3	7	8	7
T	V	D	1	R	E	0	D	E	N	G	D	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

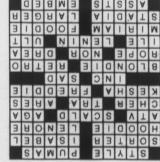
This is a simple substitution cipher in which each letter used stands the puzzle. Solution is accomplished by trial and error.

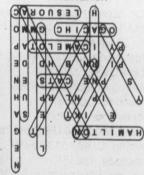
Clue: X equals J

GTWY NZLWZYW JWVZLWN EIPP EISKYF DTW GKYDWS, K FIWNN TW VZIPE JW XWXIYW KY XRYIRSA.

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ANSWERS: — King Crossword – **Answers** Solution time: 21 mins.





Magic Maze

CryptoQuip

conld be jejune in January. during the winter, I guess he When someone becomes dull

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by Tony Rizzo

Studios, aka Disney, is taking no chances with "Thor: Love and Thunder," the fourth movie in the Thor saga. Oscar may have so far eluded Chris Hemsworth, but Marvel is backing him up by surrounding him with five Oscar winners: Natalie Portman ("Black Swan") as Thor's girlfriend, Russell Crowe ("Gladiator"), Christian Bale ("The Fighter") as Also thinking about royalty Gorr the God Butcher, and Matt Damon ("Good Will Hunting," for screenwriting) as the villain "Actor Loki." Add Sam Neill ("Actor Odin"), Luke Hemsworth ("Actor Thor"), Melissa McCarthy ("Actor Hela") and Taika Waititi (adapted screenplay Oscar winner for "Jojo Rabbit"), director of "Thor: Ragnarok" and "Thor: Love and Thunder," as well as the voice of Korg. In addition, "Guardians of the Galaxy's" Chris Pratt, Karen Gillan, Dave Bautista, Sean Gunn, Vin Diesel, the voice of Bradley Cooper and cameos from Cate Blanchett, Mark Ruffalo, Benedict Cumberbatch and Anthony Hopkins. If you've never seen "Thor" before, better start doing your homework or you'll need a program.

The 2019 musical production of "Diana" (the life story of Diana, Princess of Wales) shuttered last year due to the pandemic, but is now set to return to Broadway on Dec. 1. In a bold move, Netflix has bought the rights to the filmed stage production (a la "Hamilton") and will stream it starting Oct. 1. Jeanna de Waal, of the TV series "Iron Fist" and Broadway productions of "Waitress," "Kinky

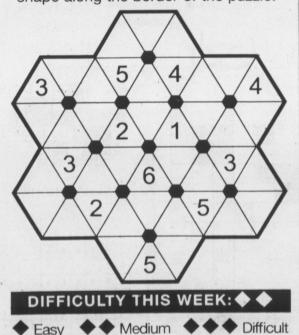
HOLLYWOOD -- Marvel Boots" and "Finding Neverland," has the title role, while Roe Hartrampf plays Prince Charles. Erin Davie, of "Grey Gardens," does Camilla Parker Bowles, and Broadway vet Judy Kaye, of "Phantom of the Opera," "Ragtime" and "Mamma Mia" (for which she won a Tony Award), essays Queen Elizabeth II.

> is Sir Andrew Lloyd Webber (now 73), who gave us "Cats," "Phantom of the Opera" and "Sunset Boulevard," to name just three. He's about to present us with a stage musical "reinventing" of the classic "Cinderella" fairytale. He's written songs with lyrics by David Zippel and a book by "Promising Young Woman" three-time Oscar nominee Emerald Fennell (for best picture, director and screenplay). So far the show has four songs, and stars Carrie Hope Fletcher as Cinderella. The reinvention is that Cinderella's Prince Charming is gay and has run off with a duke, but luckily she's fallen for his younger brother, Prince Sebastian, played by Ivano Turco, a young man of color who auditioned for the chorus but was chosen to play the lead because of his singing voice. Andrew Lloyd Webber says, "I'm convinced audience will fall in love with him, as we did, when we heard him sing 'Only You, Lovely You' (from the show). I just knew I'd found our Prince!" Sounds like that's the REAL "Cinderella" story!

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by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



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GO FIGURE! by Linda Thistle The idea of Go Figure is to arrive 19 at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once. DIFFICULTY: * * 1 2 3 3 4 5 6 8 9 ★ Moderate ★★ Difficult

Antiques & Collecting By Terry and Kim Kovel

Tin Toy Motorcycle --- If Fiestaware 6-piece relish you have several generations set with a red base that of "things" that you have in- is in wonderful condition. herited and now have to move Can you tell me its value? to a smaller place, be careful A: Fiesta was introduced by what you give or throw away. the Homer Laughlin China Of course, you check on oil Co. in 1936. It was redepaintings or prints to see if signed in 1969, withdrawn they can be sold. The local in 1973, and reissued again historical society might want in 1986 in different colors. some of your family pictures It is still being made. The and letters from soldiers in 6-piece set includes four past wars. Some old maga- relish dishes around a small zines, comic books, auto- round dish, all on a circular graphs, souvenirs and clothes, pottery tray. The tray and even a uniform from a famous inserts came in a variety of fast-food restaurant that a solid colors. In some sets, family member worked for, or each piece is a different an early gym suit with bloom- color; other sets are all one ers would be welcome for dis- color. Most sets sell at aucplays. And be sure to check tion for \$65 to \$130. A very out everything made of silver rare set of medium green or gold, even the ugly tea set, inserts on the red base sold since there is a meltdown val-recently for over \$7,000. ue to precious metals.

* * * GO FIGURE!

But very old toys are among the items that sell for more Medicine bottle, Dr. Kilmthan most people expect. A er's Swamp Root, label, 7-inch tin toy that was made contents, box, \$75. in Germany years ago found Political, campaign plate, its way to a recent auction tin lithograph, Howard Taft of toys and hobbies. It was a & James Sherman, 1908, 9 motorcycle with a driver in a 1/2 inches, \$140. racing position. There was a Kitchen, kettle, apple butwind-up mechanism where ter, copper, dovetailed conthe motor would have been on struction, iron bail handle, a full-size motorcycle. It was J.P. Schaum, Lancaster, Pa., a light-mist, wax-based painted black and yellow and 1785-1814, 13 x 22 inches, aerosol dusting spray once had yellow tires, and the driv- \$236. er had a suit and hat painted Cigar tin, Sunset Trail, two brown. Most of the paint re- horseback riders, 5 cents, 5 fronts looking their best." mained and the toy was listed x 6 x 4 inches, \$420. as being in very good to excellent condition. The auction TIP: Don't put your name house knew it was a valuable on your mailbox, front door old toy, a Gunthermann racing mat or screen door. It helps motorcycle. Bikes and motor- burglars find your phone cycles are very popular toys. number, then find out when So although this toy was es- you are away. timated at more than \$7,000, it surprised most when it sold For more collecting news for \$24,000. Antique toys in and resources, visit www. good condition can be very Kovels.com. valuable.

Q: I'm clearing my mom's Synd., Inc. estate and found a vintage

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CURRENT PRICES

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- * Kim Walker played clique leader Heather Chandler in the movie "Heathers." Her character was noted for stinging one-liners, one of which --"Did you have a brain tumor for breakfast?" -- had a tragic echo. Walker died of a brain tumor 13 years after uttering the line onscreen.
- * The fingerprints of a koala are so indistinguishable from humans that they have occasionally been confused at a crime scene.
- Charles VI of France, aka Charles the Mad, believed he was made of glass and could shatter at any moment. One method he used to avoid this dire fate involved ordering his tailors to sew iron rods into his clothing.
- * The world record to remove and replace a car engine is 42 seconds.
- Rabbit jumping, shin kicking, toe wrestling, bog snorkeling and aggressive sitting are all actual sports.
- * Discarded shoes can take up to 1,000 years to break

- Jerry Seinfeld was such a fan of comic book hero Superman that he included a reference to the character in every episode of his eponymous sitcom.
- * It only takes 23 people to enter a room to give you an even chance that two of them have the same birthday. Put 75 people in the room and the chances rise to 99%.
- * Chinese paintings from as far back as 200 B.C. depict people participating in the sport of mountain climbing.
- * The US government trains sea lions to find and retrieve equipment lost at sea and to identify intruders swimming into restricted areas. While they don't have sonar like dolphins, they do have excellent eye-
- * In some countries it is not illegal to escape prison as long as no laws are bro-

Thought for the Day: "Teachers open the doors, but you must enter by yourself." -- Chinese prov-

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Now here's a tip! by Jo Ann Derson

* "Stainless steel appliances are very popular, and in the kitchen, they get plenty of chances to get fingerprinted up. My appliance guy recommended using or twice a week to keep my stainless steel appliance

-- R.C. in North Carolina * In the closet, we all want to pare away unused items, but sometimes it seems like you wear clothes that you don't. Turn all the clothes hangers the opposite way (facing out instead of in). When you use an item and it is returned to the closet, replace the hanger normally. In a few months, if an item has not been worn, it will be apparent. If it's not likely to be worn, it should

Spring is a wonderful time to clean the walls inside your house. It clears away hidden dust and really freshens a room. Clean painted walls by dusting them first with a dry mop, then washing with a rag dampened in water. If you need a little extra oomph -say, in the kitchen or bath -- add a couple drops of mild dish soap.

* Keep a bottle of club soda handy for spot stains on carpets or upholstery. It's good for more than just drinks.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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Here's an alphametic puzzle that could sum up some folks' attitudes toward money. Each letter equals a number, and the puzzle must add up to a correct sum.

> **GIMME** MORE + GREEN **MOOLA**

Let A = 3E = 7There is no 4. Remember, no word can begin with zero.

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GEE, THANKS! 3 Bush fruit 78 Match parts 38 Abbr. on an Wimbledon 4 Totes, e.g. 80 Loses all invitation one's moolah

Super Crossword **ACROSS** 51 Place to grow 1 Participated grapes in a PAC 54 TV program champion 5 Intense anger 39 Tony winner 8 Gridlock about kings Michael 6 Visual acuity Kazan 81 Alert 15 Muffler, e.g. and queens? 98 Very light determiner 40 Refute 82 Tale 20 "Amen to 58 Settles up 99 Wry grimace 7 It may record 41 Drug banned 84 Topic that!" 59 Assistant on 100 Weekly a fender by MLB 88 Lopsided 21 Blank-faced an iPhone time to play bender 42 Title river in a 91 In — (as as a comic 61 Suffix with 8 Fateful March some British Jolson hit placed) 22 Gung-ho 92 Prefix with heptafootball? day 44 Canyon call 62 Radius site 23 Basic items 9 Grown boys 104 Chapel part 45 "Not so fast!" puncture on a canal 63 Granola grain 93 Actress 105 In a funk 10 Gentle touch 46 Pond critter boat? 64 European 108 Hasty glance 11 Reebok rival 49 Gung-ho Wasikowska 25 Auto gear city famous 109 Mac 50 Service song 12 Neighbor of 94 Electrical 26 Has it wrong for post-110 District Andorra 52 Emmy 27 "Who is -? drinking 111 Flowing hair 13 Tongs may winning Ed 95 Susceptible 28 Day, to Diego headaches? 112 Schoolyard 53 Cobble be placed in to being 29 One hocking 69 In history retort together misplaced something 72 Pot-au- -14 U.S. nav 113 Spanning 55 Wetland bird 97 Magnate 30 Nonclerical (French stew) structure officer 56 Schoolyard 98 Bewildered 31 Niche religion 73 Poem form bought from 15 Auto types retort 100 Gorbachev's 74 "Not so fast!" 32 Large-scale a catalog? 16 Auto-57 Salvers swindle? 75 Makes the 117 Big name in 101 Perturb cleaning 60 Côte d'-35 Cubs hero decision watches services (nation in 102 "Capeesh?" Sammy 118 Made fit, as a 79 Press-on 17 Winemaking Afrique) 103 Software 36 Hip dwellings nails? 65 Two or three package 37 Make holy 83 "Dream on!" 119 Snobbish 18 Party hearty 66 Writer 104 Have life 38 Glowing 85 Radiant 19 Brother, in behavior Buchanan 105 — Hawkins molten rock? 86 Gun rights 120 When some French 67 Lunged 42 Like acids early risers 24 Use a couch 106 Teen turmoil toward 43 Rough- — 87 Old Pan Am go to bed 29 Boat landing 68 Terrier type, 107 Judges to (unfinished) 121 Promises 31 Like dirty for short 47 Wintry glaze 89 Tutu, e.g. 122 Works for **69** At a chimneys 110 Tallies (up) 48 Dundee 90 Comic seven 32 Wii user, e.g. distance 111 Goalie glove denial Martha 33 Nutrition fig. 70 Reciprocal of 113 GPS graphic 49 "How 91 Fill to excess DOWN 34 Viral illness 114 Certain URL nanoprecious!' 93 Placards that 1 Insult in print 35 "Good grief!" 71 YOLO part endina 50 "John Q." say "I'm only 2 Fictional 36 Club 76 Smug sort 115 Singer Des' actress Anne human"? Scarlett swingers' gp. 77 Gull relative 116 Lacerate 26 30 44 45 58

85 105 106 107 108 112 117 118 120

Weekly **SUDOKU** Answers

by Linda Thistle

		7	5	8			9	
1			2			3		
	4				1			8
		2			5	7		
	1	6		3				2
9			1				8	
6					3	1		
	2			9				7
		5	7				4	6

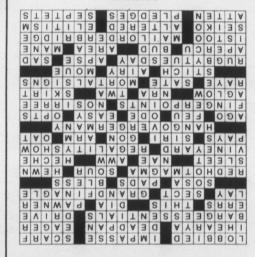
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

♦ Moderate ♦ ♦ Challenging ♦◆♦ HOO BOY!

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-Super Crossword



Even Exchange

5. Jelly, Jolly 10. Bliss, Bless 9. Flint, Fling 4. Prank, Plant 8. Dipper, Dapper 3. Repeat, Reheat Craze, Crane 2. Night, Sight

Senior, Sensor

1. Faster, Fasten

celebrity

by Dana Jackson

Q: Could you please tell me if "Transplant" will be coming back to NBC and if "Miss Scarlet and the Duke" will be coming back to PBS? -- K.E.

A: "Transplant" is an NBC medical drama about Dr. Bashir "Bash" Hamed (Hamza Haq), a battle-tested Syrian doctor who leaves his war-torn country to begin his residency at a Toronto hospital. It was originally a Canadian series on CTV, but NBC picked it up and, good news, it's been renewed for a second season. Joining the cast full-time will be Torri Higginson, who recurred as an ER nurse in the first season. No airdate has been announced for season two's premiere, but it's been given the greenlight.

As for "Miss Scarlet and the Duke," nearly 8 million people watched the season one premiere on Masterpiece PBS, according to Town and Country magazine. With ratings like that, it's no surprise it has already been renewed for a second season. Kate Phillips plays Miss Scarlet, "the first-ever female detective in 19th century London" and Stuart Martin co-stars as Inspector William "The Duke" Wellington. Look for new episodes in 2022, but the first season can be streamed on Amazon Prime.

Q: I started watching "The Real Housewives of New Jersey" again after taking a few years off. I keep hearing Jackie say that she's a lawyer. Is she really? I thought she wrote a parenting column. -- E.J. A: Jackie Goldschneider is credited as a freelance writer for Good Housekeeping and the Huffington Post, but before starting a family, she was a real-estate attorney. She and her husband, Evan, have two sets of twins. I'm not sure if her newfound reality TV fame is worth all the tears she's shed on camera this season. If I were her, I'd stick to writing.

Q: What years did the program "Stargate 1" play on TV? -- P.G.

A: When I first read your question, I assumed that 'Stargate" was part of the "Star Trek" franchise, but I was wrong. "Stargate" was an original film written and directed by Roland Emmerich and starred Kurt Russell and James Spader. The sci-fi movie was about an interstellar transportation device discovered in Egypt. "Stargate SG-1" was a TV series that ran for 10 years and starred Richard Dean Anderson of "MacGyver" fame and Amanda Tapping



Hamza Haq in "Transplant" Photo credit: Fabrice Gaetan/ Sphere Media/NBC

of "Supernatural." It was based on the film and debuted on Showtime in 1997 before moving to the original Sci Fi Channel in 2002, where it stayed until 2007.

There were two subsequent "Stargate" spinoffs (can you see now why I assumed it was part of the "Star Trek" franchise?): "Stargate: Atlantis," which ran from 2004-09 and included future movie star Jason Mamoa among the cast, and "Stargate: Universe," which ran from 2009-11 and was headlined by Robert Carlyle.

A writer and producer of all three series, Brad Wright, said in a 2020 interview that a continuation of the show was in the works, but there have been no updates since.

Send me your questions at NewCelebrityExtra@gmail. com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Everest or Helena			_ T	Pitcher's hill			D
2. Provoke		C.		Ask over		v	
3. Use a loom	w			Depart	L _		_
4. Oil ship		N .		Chatty one		L _	
Labor coalition	U	_		Pungent bulb	0 _		_
6. Life's work		_	E	39th president		_ T	
7. Limber	_ 1	_		Woodwork machine	_ A		_
8. Acom or butternut		_	A	Squelch		_ 1	
9. Cluster of grapes	_ U	_		Judge's seat	_ E		_
10. Nautical			A _	Belly button		_ E	_



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

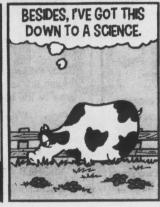
5 2 2 2 8 8 4 6 1

Amber Waves

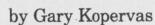


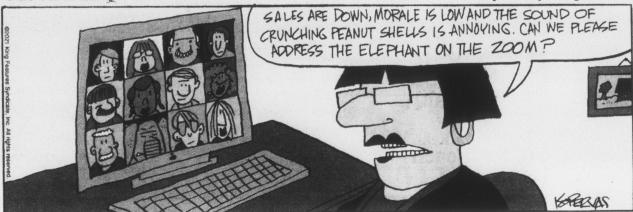






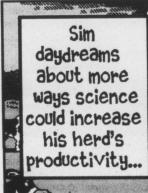
Out on a Limb





R.F.D.

bu Mike Marland

























around a bit and see how they feel."

SCRAMBLERS

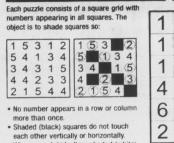
able the letters within each rectangle to form four ordinary words. Then



TODAY'S WORD

by Dave T. Phipps

ESIDES, I'VE GOT THIS DOWN TO A SCIENCE.	
- O	Q2021 King F
1	eatures Syndscate: h



Conceptis Hitori

6 2 1 6 5 2 6 4 3 6 4 · When completed, all un-shaded (white squares create a single continuous area

6

5

3 6

comei by Sam Mazzotta

If Flea Collar Causes **Reaction in Your Pet**

DEAR PAW'S CORNER: I'm worried by recent reports that a certain brand of flea collar has been making dogs sick, and many have died. I live in an area where fleas and ticks are rampant, and flea collars are essential for my two pups. What can I do if they have a reaction to a new collar? -- Jane in **South Carolina**

DEAR JANE: It's understandable that you're worried. At the moment, the issues with the flea collar in question, Seresto, are being reviewed by the EPA, and no recall or warning has been issued.

Flea collars are widely available from different manufacturers. They're a popular choice because of the ease of use and affordability. However, any of them can cause side effects, and it's important to monitor your pet for

them. A common one is a skin reaction directly underneath the collar shortly after it's put on for the first time. Your dog may scratch at the area; you may see reddening of the skin. Some reactions include hair loss around the collar.

The itching is usually temporary. Consult your pet's veterinarian if you see redness or hair loss, if the scratching and whining continues, or if your dog shows other signs of distress. If your pet is lethargic, drooling, vomiting or behaving strangely right after a new collar is put on, contact the vet immediately; it likely needs emergency treatment. To prevent these and other side effects, make sure to purchase the correct collar for your dog's size and age. Putting a collar designed for a 100-pound dog onto a 15-pound dog can cause dangerous side effects because a small dog's body just can't process that much flea treatment.

Send your questions, tips or comments to ask@ pawscorner.com.

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TOP TEN VIDEO, DVD for release week of April 26, 2021

Video on Demand

1. News of the World (PG-13) Tom Hanks

2. Wonder Woman 1984 (PG-13) Gal Gadot 3. Promising Young Woman (R) Carey Mulligan

4. City of Lies (R) Johnny

Depp 5. Assault on VA-33 (R)

Sean Patrick Flanery 6. The Croods: A New Age (PG) animated

7. Barb and Star Go to Vista Del Mar (PG-13) Kristen Wiig

Denzel Washington 9. SpongeBob Movie: Sponge on the Run (PG) animated

8. The Little Things (R)

10. Judas and the Black Messiah (R) Daniel Kaluuya

DVD, Blu-ray Sales

- 1. Wonder Woman 1984 (PG-13) Warner Bros.
- 2. Soul (PG) Pixar 3. News of the World (PG-13) Universal
- 4. Shadow in the Cloud (R) Lionsgate
- 5. Wonder Woman 2-Film Collection (PG-13) Warner Bros. 6. The Croods: A New Age
- (PG) Universal/Dream works 7. Monster Hunter (PG-13)
- Sony 8. Neighbors 2-movie Col-
- lection (R) Universal 9. Crawl (R) Paramount

10. Godzilla: King of the Monsters (PG-13) Warner Bros.

Source: Comscore/Media Play News

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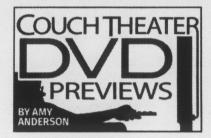


WADDLE

Today's Word 3. Depart; 4. Shield

1. Shale 2. Flower; noitulos

SCRAMBLERS



April 29 is International Dance Day, in case you didn't know. It's so placed on the calendar to celebrate the birthday of Jean-Georges Noverre (1727-1810), creator of modern ballet. That's according to the International Theatre Institute, the founder and creator of IDD. Here are seven films that each celebrate the art of dance in their own special way.

Dirty Dancing — Way up in the Catskills, Francis "Baby" Houseman (Jennifer Grey) learns more than the meringue from resident hunky dance instructor Johnny Castle (Patrick Swayze). When Johnny's is looking for a dance partner for the big, summer-ending dance, Baby steps in, falls in love and learns to fly.

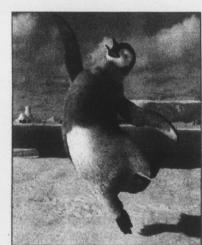
Black Swan — Natalie Portman plays Nina, a passionate, talented, obsessive dancer in Darren Aronofsky's dark psychological thriller. As a replacement for the previous prima ballerina, Nina fixates on the possibility of being replaced, personified by newcomer Lily (Mila Kunis).

Happy Feet — Elijah Wood voices Mumble, an Emperor penguin who can dance but not sing. This is a problem, because Emperor penguins find their soul mate by each casting a unique heartsong. Mumble stumbles his way through courtship, attempting to win the heart of Gloria (Brittney Murphy) while standing up for his own unique heartsong.

Billy Elliot - The story of an 11-year-old English boy (played by Jamie Bell) who is sent by his miner father to a gym to learn boxing and instead gravitates instantly to a dance class — an artform at which he excels. His father and family, as well as the townspeople, must band together to give this special young man a shot at the future he richly deserves.

You Got Served - Marques Houston and Omari "Omarion" Grandberry star as Elgin and David, two street dancers and friends who have the opportunity to participate in a dance competition for a \$50k prize and a spot in a Lil' Kim video (who performs as herself).

Girls Just Want to Have Fun -Straight-laced Janey (Sarah Jessica Parker) is an Army brat, Catholic schoolgirl and classically trained dancer obsessed with the local "Dance TV" show and a contest to add a new dancing couple to their lineup. Helen Hunt plays Lynne, a wild-spirit enabling friend who covers for Janey while she works out a routine (and some bad girl feelings) for local hunk Jeff (Lee Montgomery).



Scene from "Happy Feet"

Footloose - Kevin Bacon plays Ren MacCormack, a heck of a teen dream who sullenly relocates from Chicago to a small town. There, he must appeal to the gods — and the local minister (John Lithgow) and town council - to allow the highschool students to hold a senior prom, in a town where dancing has been banned as leading youth astray. He enlists the help of the minister's lovely daughter (Lori Singer), a rebel spirit with an angel's heart.

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Puzzles4Kids

WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT KIND OF MUSIC SCARES BALLOONS?

CASPER	 SCARE	LAMEST	 STALE
ADORES	 DARES	BEIRUT	 TRIBE
SIMPLE	LIMES	BASTES	BEAST
		KEISHA	SHAKE
		CLAMPS	 PALMS



No Miracle **Supplement Can Cure Heart Disease**

DEAR DR. ROACH: I ran angiography, showed reversal across a recent article of yours in coronary blockages by 3% in about carotid artery steno- five years, compared with 12% sis. In this article you state worsening in the control group that "there is no miracle food, in the same time. drink or supplement that can clear out arteries."

heart disease. Both doctors perienced an adverse event. showed regression in coronary

out their studies and books if

the patient was asking specifically about YouTube videos for that clear arteries." I have seen mended a low-fat diet... some of these, which say, for example, all you need is a cup a day of lemon juice and turmeric to clear your arteries. There are health-care professionals in the media who tout simple cures to reverse heart disease. These are what I refer to when I say there are no miracle cures.

That is not what you are referring to in the work of Drs. Ornish and Esselstyn. Theirs was a significant lifestyle intervention, not a miracle supplement. Dr. Esselstyn did a small, uncontrolled observational study; Dr. Ornish did a small controlled study. In the Esselstyn study, the diet was quite restrictive:

"Initially the intervention avoided all added oils and processed foods that contain oils, fish, meat, fowl, dairy products,

avocado, nuts and excess salt. Patients were also asked to avoid sugary foods (sucrose, fructose and drinks containing them, refined carbohydrates, fruit juices, syrups, and molasses). Subsequently, we also excluded caffeine and fructose."

The Ornish study had a similar completely vegetarian diet, but 10% of calories from fat was allowed. In addition, there was (as there was not in Esselstyn) mandatory stress reduction time, and all smokers in the study quit. DEAR DR. ROACH: This study's results, proven by

Esselstyn analyzed the study by those judged adherent and This is actually not true. nonadherent. For any subject I'd like to point out Dr. Dean who was judged nonadherent, Ornish's work as well as Dr. 62% had coronary events. Less Caldwell Esselstyn's work on than 1% of adherent subjects ex-

Together, these studies show plaques in their patients who that in a group of extraordinarily followed a whole food plant- motivated study subjects, corobased diet. One young patient nary lesions can undergo regreswho suffered a heart attack sion with a multi-interventional even saw complete reversal in approach including profound his coronary artery blockage diet changes and sometimes othon a whole food plant-based er lifestyle interventions. These aren't miracle diets. It's an entire I'd encourage you to check dramatic change in lifestyle.

Extreme lifestyle changes are you haven't done so already. not necessary to show benefit. In Their work is very encourag- the PREDIMED study, a Mediing and shows that we do not terranean-style diet was recomhave to succumb to heart dis- mended, with high amounts of fruits, vegetables, legumes, olive ANSWER: I appreciate your oil and nuts, with less red and writing to give me a chance to processed meat, less commercial make my point a little more baked goods and spread fats, and less soft drinks. Those who I do want to emphasize that were recommended this diet had fewer heart attacks, strokes and death than those who were in the "food, drinks and diet regimens control group and were recom-

> Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGood-Health@med.cornell.edu.

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Puzzles4Kids

P	Answe	r
SMJA9	0	CLAMPS
SHAKE	- 1	KEISHA
T2A38	S	SATES
38IRT	n	TURIBB
BJATS	M	TSBMAJ

CIMES SIMPLE 4 DARES 0 **ADORES** SCARE CASPER



Banana Coconut Cream Pie

What mother wouldn't be pleased if you presented her with a delicious pie you stirred up just for her on Mother's Day. It gives her a break from kitchen duty and - unless you tell her she'll never know it took you just minutes to make!

(4-serving) package sugarfree vanilla cook-and-serve pudding mix

cup nonfat dry milk powder cups water

teaspoon coconut extract (6-ounce) purchased graham cracker piecrust

cup sliced banana cup flaked coconut

tablespoons purchased graham cracker crumbs or 2 (2 1/2inch) graham crackers made into fine crumbs

1. In a medium saucepan, combine dry pudding mix, dry milk powder and water. Cook over medium heat until mixture thickens and starts to boil, stirring constantly. Remove from heat. Stir in coconut extract.

2. Spread 1/2 cup hot filling mixture into piecrust. Evenly layer banana slices and 2 tablespoons coconut over filling. Spoon remaining filling mixture evenly over top.

3. In a small bowl, combine cracker crumbs and remaining 2 tablespoons coconut. Evenly sprinkle crumb mixture over top. Refrigerate for at least 2 hours. Cut into 8 servings.

· Each serving equals: 170 calories, 6g fat, 3g protein, 26g carb., 235mg sodium, 1g fiber; Diabetic Exchanges: 1 1/2 Starch, 1 Fat.

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1. Name the artist who left a Braille message embossed on the back of his album "Red Rose Speedway." 2. Which group released "Love (Can

Make You Happy)"? 3. Where did Aretha Franklin's hit "The First Time Ever I Saw Your

Face" originally come from? 4. Which artist released an album titled "Escape From Domination"?

5. Name the song that contains this lyric: "Way down Louisiana close to New Orleans, Way back up in the woods among the evergreens."

Answers

1. Paul McCartney. It's believed McCartney left the Braille message to Stevie Wonder. It read "We love ya,

2. Mercy, in 1969. The song, written by band member Jack Sigler, Jr., was used in the film "Fireball Jungle," as was the B-side, "Fireball."

3. It was a 1957 folk song written by Scottish songwriter Ewan MacColl. Several folk singers covered the song, but it was Franklin's 1972 version that won a Grammy for Record of the Year.

4. John David "Moon" Martin, in 1979. Martin wrote "Bad Case of Lovin' You (Doctor, Doctor)" and "Cadillac Walk."

5. "Johnny B Goode," by Chuck Berry in 1958. The song is one of the most recognizable in popular music and ranks seventh on Rolling Stone's "500 Greatest Songs of All Time" list.

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Contract Bridge

TOUR DE FORCE

West dealer. Both sides vulnerable. ♦K 1084 ♥4 **♦**10972 WEST ♥J653 ♥AKQ102 ♦K654 **108** SOUTH

The bidding: South West Pass Pass-Dble Dble Dble 4 4 Pass Pass - four of diamonds Opening lead —

◆AQJ6 ♥987

♦AQJ83

Good bidding often finds its reward during the play. Here is an unusual case where East-West cooperated perfectly in both the bidding and play

to defeat four spades. After East opened with one heart, South doubled, West bid two hearts, and North doubled. In the partnership's style, North's double in this

sequence was "responsive," asking his partner to choose a suit.

East thereupon made the key bid of three diamonds. He realized - both from the strong bidding by North-South and from West's two-heart bid denoting a relatively weak hand that his opponents had the balance of power. East therefore bid three diamonds in an effort to pave the way to the best defense.

One round later, four spades became the final contract. West led a diamond — the suit his partner had bid secondarily - and this proved to be the only way to score four tricks. East ruffed and, mindful of his partner's raise in hearts, underled his A-K-Q in order to put West back on lead. West won with the jack and played a second diamond for East to ruff.

East shifted to the queen of clubs, which did declarer no harm, but South still had to lose a diamond to West's king and so finished down one. It was a bitter pill for North-South to swallow, and it was made all the more so by the knowledge that five diamonds was cold against any defense.

However, what's bad for one side is usually good for the other, and East-West had every right to congratulate themselves on a first-rate performance. ©2021 King Features Syndicate Inc.

by Steve Becker

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